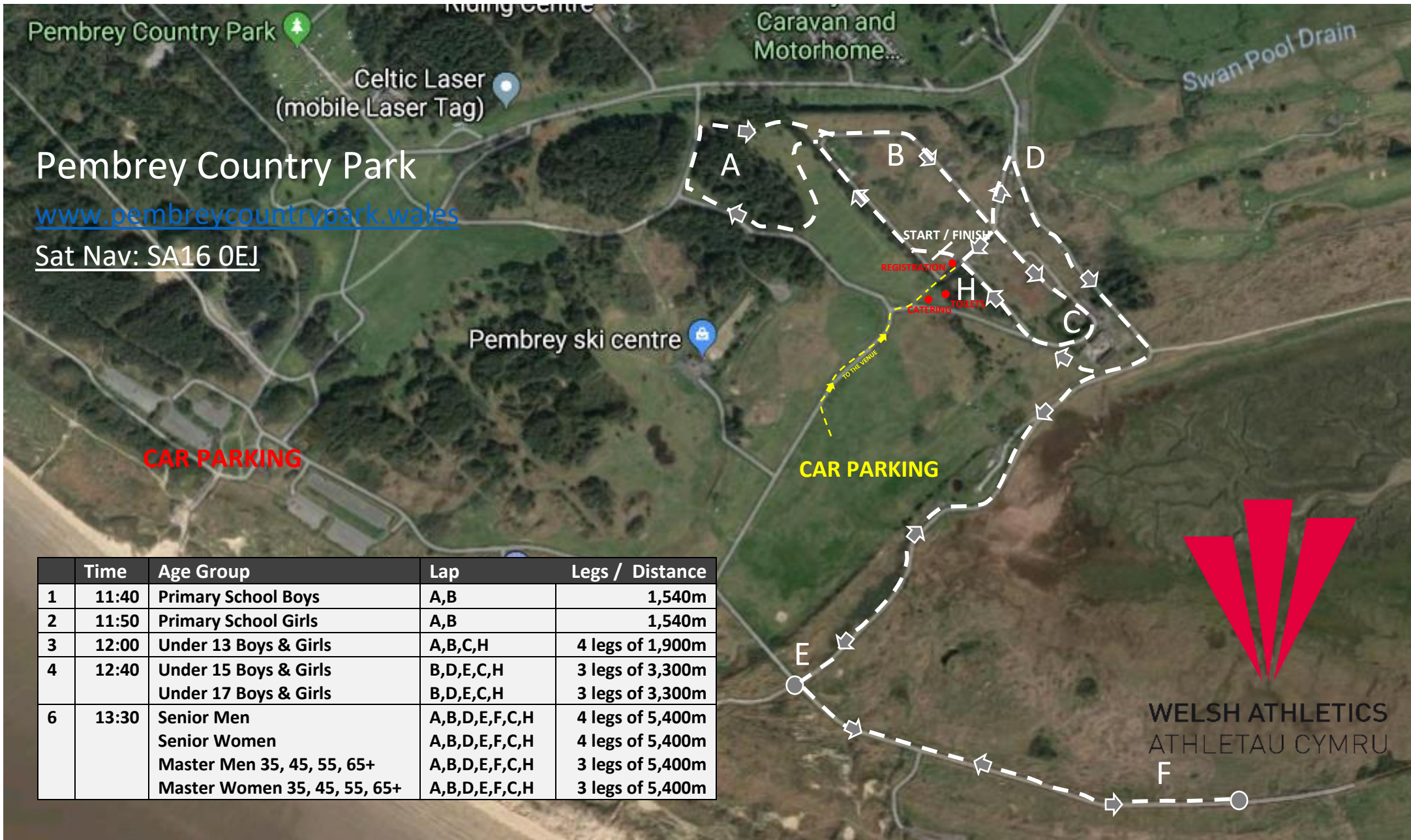


WELSH ROAD RELAY CHAMPIONSHIPS 2022 INC THE RUN WALES SOCIAL RELAYS



Pembrey Country Park, Llanelli, Carmarthenshire

Saturday 24th September



Pembrey Country Park

www.pembreycountrypark.wales

Sat Nav: SA16 0EJ

CAR PARKING

CAR PARKING

	Time	Age Group	Lap	Legs / Distance
1	11:40	Primary School Boys	A,B	1,540m
2	11:50	Primary School Girls	A,B	1,540m
3	12:00	Under 13 Boys & Girls	A,B,C,H	4 legs of 1,900m
4	12:40	Under 15 Boys & Girls	B,D,E,C,H	3 legs of 3,300m
		Under 17 Boys & Girls	B,D,E,C,H	3 legs of 3,300m
6	13:30	Senior Men	A,B,D,E,F,C,H	4 legs of 5,400m
		Senior Women	A,B,D,E,F,C,H	4 legs of 5,400m
		Master Men 35, 45, 55, 65+	A,B,D,E,F,C,H	3 legs of 5,400m
		Master Women 35, 45, 55, 65+	A,B,D,E,F,C,H	3 legs of 5,400m



WELSH ATHLETICS
ATHLETAU CYMRU

F