

South & East Wales
Joint Regional T&F Championships
Saturday 10th May 2025 - Ron Jones Stadium - Aberdare
Final Timetable

Event Number	Event	Registration Closes	Start Time	Round
T01	U15G 75M HURDLES	10:40	11:40	Final
T02	U15B 80M HURDLES	10:50	11:50	Final
T03	U17W 80M HURDLES	11:00	12:00	Final
T04	U17M 100M HURDLES	11:10	12:10	Final
T05	U20W/SW 100M HURDLES	11:10	12:10	Final
T06	U20M/SM 110M HURDLES	11:20	12:20	Final
T07	U15G 200M	11:35	12:35	Time Trial
T08	U15B 200M	11:44	12:44	Time Trial
T09	U17W 200M	11:50	12:50	Time Trial
T10	U17M 200M	11:56	12:56	Time Trial
T11	U20W/SW 200M	12:02	13:02	Final
T12	U20M/SM 200M	12:05	13:05	Time Trial
T13	U15B 1500M	12:20	13:20	Time Trial
T14	U15G 1500M	12:35	13:35	Time Trial
T15	U17W & U17M 1500M	12:50	13:50	Final
T16	U20 & SEN 1500M	12:57	13:57	Final
T17	U15G 300M	13:07	14:07	Time Trial
T18	U17W 300M	13:13	14:13	Time Trial
T19	U15B 300M	13:19	14:19	Time Trial
T20	U17/U20/SEN 3000M	13:30	14:30	Final
T21	U17M 400M	13:50	14:50	Final
T22	U20W/SW 400M	13:53	14:53	Time Trial
T23	U20M/SM 400M	14:00	15:00	Final
T24	U13G 800M	14:10	15:10	Time Trial
T25	U13B 800M	14:20	15:20	Time Trial
T26	U15G 100M	14:35	15:35	Time Trial
T27	U15B 100M	14:44	15:44	Time Trial
T28	U13G 100M	14:50	15:50	Time Trial
T29	U13B 100M	14:59	15:59	Time Trial
T30	U17W 100M	15:08	16:08	Time Trial
T31	U17M 100M	15:14	16:14	Time Trial
T32	U20W/SW 100M	15:20	16:20	Final
T33	U20M/SM 100M	15:23	16:23	Final

Event Number	Event	Registration Closes	Start Time
F01	U15G HAMMER	10:00	11:00
F02	U15B HAMMER	10:00	11:00
F03	U17W HAMMER	10:00	11:00
F04	U20W_SW HAMMER	10:00	11:00
F05	U17M HAMMER	10:00	11:00
F06	U20M_SM HAMMER	10:00	11:00
F07	U13G LONG JUMP	10:00	11:00
F08	U15G HIGH JUMP	10:15	11:15
F09	U15G POLE VAULT	10:30	11:30
F10	U17W POLE VAULT	10:30	11:30
F11	U20W_SW POLE VAULT	10:30	11:30
F12	U17M POLE VAULT	10:30	11:30
F13	U20M_SM POLE VAULT	10:30	11:30
F14	U13B LONG JUMP	11:05	12:05
F15	U15B SHOT PUT	11:25	12:25
F16	U17M SHOT PUT	11:25	12:25
F17	U20M_SM SHOT PUT	11:25	12:25
F18	U15G DISCUS	11:40	12:40
F19	U17W DISCUS	11:40	12:40
F20	U20W_SW DISCUS	11:40	12:40
F21	U17W HIGH JUMP	12:15	13:15
F22	U15B HIGH JUMP	12:15	13:15
F23	U17M HIGH JUMP	12:15	13:15
F24	U20M_SM HIGH JUMP	12:15	13:15
F25	U15G TRIPLE JUMP	12:20	13:20
F26	U15B TRIPLE JUMP	12:20	13:20
F27	U17W TRIPLE JUMP	12:20	13:20
F28	U20W_SW TRIPLE JUMP	12:20	13:20
F29	U17M TRIPLE JUMP	12:20	13:20
F30	U20M_SM TRIPLE JUMP	12:20	13:20
F31	U15G SHOT PUT	12:50	13:50
F32	U17W SHOT PUT	12:50	13:50
F33	U20W_SW SHOT PUT	12:50	13:50
F34	U15B DISCUS	12:50	13:50
F35	U17M DISCUS	12:50	13:50
F36	U20M_SM DISCUS	12:50	13:50
F37	U15G JAVELIN	14:10	15:10
F38	U15B JAVELIN	14:10	15:10
F39	U17W JAVELIN	14:10	15:10
F40	U17M JAVELIN	14:10	15:10
F41	U20M_SM JAVELIN	14:10	15:10

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event results

