


TRACK EVENTS							
Saturday 15th June							
Event No	Reg Close	Call Room In	Call Room Out	Start Time	Age Group	Event	Round
T01-1	9:30 AM	10:44 AM	10:54 AM	11:00 AM	SM_SW	Senior Men & Women 5000m Walk	Straight Final
T02-1	9:30 AM	10:44 AM	10:54 AM	11:00 AM	U15B_U15G	U15B_U15G 1K Walk	Straight Final
T03-1	10:00 AM	11:17 AM	11:27 AM	11:30 AM	SM	Senior Men 1500m	Heats
T04-1	10:22 AM	11:39 AM	11:49 AM	11:52 AM	SW	Senior Women 1500m	Heats
T05-1	10:45 AM	12:02 PM	12:12 PM	12:15 PM	U15B	U15 Boys 300m	Heats
T06-1	10:51 AM	12:08 PM	12:18 PM	12:21 PM	U15G	U15 Girls 300m	Heats
T07-1	11:05 AM	12:22 PM	12:32 PM	12:35 PM	SM	Senior Men 400m	Heats
T08-1	11:20 AM	12:37 PM	12:47 PM	12:50 PM	SW	Senior Women 400m	Heats
T09-1	11:40 AM	12:55 PM	1:07 PM	1:10 PM	U15G	U15 Girls 100m	Heats
T10-1		1:07 PM	1:19 PM	1:22 PM	SW	Senior Women 100m	Heats
T11-1	12:04 PM	1:19 PM	1:31 PM	1:34 PM	SM	Senior Men 100m	Heats
T12-1	12:30 PM	1:47 PM	1:57 PM	2:00 PM	U15B	U15 Boys 1500m Time Trials	Time Trial
T13-1	12:45 PM	2:02 PM	2:12 PM	2:15 PM	U15G	U15 Girls 1500m Time Trials	Time Trial
T14-1	1:15 PM	2:30 PM	2:42 PM	2:45 PM	U15B	U15 Boys 100m	Heats
T09-2		2:39 PM	2:51 PM	2:54 PM	U15G	U15 Girls 100m	Semi Final
T11-2		2:45 PM	2:57 PM	3:00 PM	SM	Senior Men 100m	Semi Final
T15-1	1:39 PM	2:53 PM	3:06 PM	3:09 PM	PARA_100_M	Ambulant/Para Male & Female 100m	Straight Final
T16-1	1:42 PM	2:56 PM	3:09 PM	3:12 PM	PARA_100_F	Ambulant/Para Female 100m	Straight Final
T07-2		3:12 PM	3:22 PM	3:25 PM	SM	Senior Men 400m	Semi Final
T08-2		3:16 PM	3:28 PM	3:31 PM	SW	Senior Women 400m	Final
T05-2		3:32 PM	3:42 PM	3:45 PM	U15B	U15 Boys 300m	Final
T06-2		3:37 PM	3:47 PM	3:50 PM	U15G	U15 Girls 300m	Final
T03-2		3:45 PM	3:57 PM	4:00 PM	SM	Senior Men 1500m	Final
T04-2		3:55 PM	4:07 PM	4:10 PM	SW	Senior Women 1500m	Final
T14-2		4:05 PM	4:17 PM	4:20 PM	U15B	U15 Boys 100m	Final
T09-3		4:10 PM	4:22 PM	4:25 PM	U15G	U15 Girls 100m	Final
T10-3		4:13 PM	4:27 PM	4:30 PM	SW	Senior Women 100m	Final
T11-3		4:18 PM	4:32 PM	4:35 PM	SM	Senior Men 100m	Final

FIELD EVENTS							
Saturday 15th June							
Event No	Reg Close	Call Room In	Call Room Out	Start Time	Age Group	Event	
F01	9:30 AM	10:20 AM	10:30 AM	11:00 AM	U15B	U15 Boys Triple Jump	
F02	9:30 AM	10:20 AM	10:30 AM	11:00 AM	U15G	U15 Girls Triple Jump	
F03	9:30 AM	9:50 AM	10:00 AM	11:00 AM	U15G	U15G/SW Pole Vault	
F04	9:45 AM	10:35 AM	10:45 AM	11:15 AM	U15B	U15 Boys Hammer (4.00kg)	
F05	9:45 AM	10:35 AM	10:45 AM	11:15 AM	SM	Senior Men Hammer (7.26kg)	
F06	10:00 AM	10:43 AM	10:53 AM	11:30 AM	SM	Senior Men Long Jump	
F07	11:00 AM	12:00 PM	12:10 PM	12:30 PM	U15B	U15 Boys High Jump	
F08	11:15 AM	12:05 PM	12:15 PM	12:45 PM	U15G	U15 Girls Shot Put (3.00Kkg)	
F09	12:30 PM	12:50 PM	1:00 PM	2:00 PM	SW	Senior Women Pole Vault	
F10	12:25 PM	1:18 PM	1:28 PM	1:55 PM	SW	Senior Women Discus (1.00kg)	
F11	12:25 PM	1:18 PM	1:28 PM	1:55 PM	PARA_DT_F	Ambulant/Para Female Discus	
F12	12:30 PM	1:18 PM	1:28 PM	2:00 PM	U15B	U15 Boys Long Jump	
F13	12:30 PM	1:18 PM	1:28 PM	2:00 PM	PARA_LJ_M	Ambulant/Para Male Long Jump	
F14	1:00 PM	1:48 PM	1:58 PM	2:30 PM	SM	Senior Men Javelin (800g)	
F15	1:00 PM	1:48 PM	1:58 PM	2:30 PM	SW	Senior Women Javelin	
F16	1:45 PM	2:23 PM	2:33 PM	3:15 PM	SM	Senior Men High Jump	
F17	2:00 PM	2:48 PM	2:58 PM	3:30 PM	SW	Senior Women Shot Put (4.00kg)	
F18	2:00 PM	2:48 PM	2:58 PM	3:30 PM	PARA_SP_F	Ambulant/Para Female Shot	
F19	2:00 PM	2:48 PM	2:58 PM	3:30 PM	PARA_SP_M	Ambulant/Para Male Shot Put	
F20	2:00 PM	2:50 PM	3:00 PM	3:30 PM	U15G	U15 Girls Discus (1.00kg)	

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Senior & U15 Championships Timetable - FINAL.xlsx

Sunday 16th June							
Event No	Reg Close	Call Room In	Call Room Out	Start Time	Age Group	Event	Round
T17-1	9:15 AM	10:31 AM	10:41 AM	10:45 AM	SM	Senior Men 400m Hdl	Heats
T18-1	9:30 AM	10:46 AM	10:56 AM	11:00 AM	SW	Senior Women 400m Hdl	Heats
T19-1	9:50 AM	11:07 AM	11:17 AM	11:20 AM	U15G	U15 Girls 200m	Heats
T20-1	10:02 AM	11:19 AM	11:29 AM	11:32 AM	SW	Senior Women 200m	Heats
T21-1	10:14 AM	11:31 AM	11:41 AM	11:44 AM	SM	Senior Men 200m	Heats
T22-1	10:40 AM	11:57 AM	12:07 PM	12:10 PM	SW	Senior Women 800m	Heats
T23-1	10:50 AM	12:07 PM	12:17 PM	12:20 PM	SM	Senior Men 800m	Heats
T17-2	11:10 AM	12:25 PM	12:35 PM	12:40 PM	SM	Senior Men 400m Hdl	Final
T18-2	11:20 AM	12:35 PM	12:45 PM	12:50 PM	SW	Senior Women 400m Hdl	Final
T24-1	11:30 AM	12:47 PM	12:57 PM	1:00 PM	U15B	U15 Boys 800m Time Trials	Time Trial
T25-1	11:45 AM	1:02 PM	1:12 PM	1:15 PM	U15G	U15 Girls 800m Time Trials	Time Trial
T26-1	12:10 PM	1:25 PM	1:35 PM	1:40 PM	U15B	U15 Boys 200m	Heats
T19-2		1:34 PM	1:44 PM	1:49 PM	U15G	U15 Girls 200m	Semi Final
T20-2		1:40 PM	1:50 PM	1:55 PM	SW	Senior Women 200m	Semi Final
T21-2		1:46 PM	1:56 PM	2:01 PM	SM	Senior Men 200m	Semi Final
T27-1	12:50 PM	2:05 PM	2:15 PM	2:20 PM	SW	Senior Women 100m Hurdles	Heats
T28-1	1:00 PM	2:16 PM	2:26 PM	2:30 PM	U15G	U15 Girls 75m Hurdles	Heats
T29-1	1:15 PM	2:29 PM	2:39 PM	2:45 PM	SM,U20M,U17M	Senior Men 3k S/C (91.4)	Final
T30-1	1:35 PM	2:49 PM	2:59 PM	3:05 PM	U17M_20M_SM	Male 2k S/c (83.0cm)	Final
T28-2		3:07 PM	3:17 PM	3:20 PM	U15G	U15 Girls 75m Hurdles	Final
T31-1		3:16 PM	3:26 PM	3:30 PM	U15B	U15 Boys 80m Hurdles	Final
T27-2		3:23 PM	3:33 PM	3:40 PM	SW	Senior Women 100m Hurdles	Final
T32-1		3:33 PM	3:43 PM	3:50 PM	SM,U20M,U17M	Senior Men 110m Hurdles	Final
T22-2		3:45 PM	3:55 PM	4:00 PM	SW	Senior Women 800m	Final
T23-2		3:50 PM	4:00 PM	4:05 PM	SM	Senior Men 800m	Final
T07-3		3:55 PM	4:05 PM	4:10 PM	SM	Senior Men 400m	Final
T33-1	2:45 PM	3:58 PM	4:08 PM	4:15 PM	U17W_U20W_SW	Female 2k S/c (76.2cm)	Final
T26-2	2:55 PM	4:10 PM	4:20 PM	4:25 PM	U15B	U15 Boys 200m	Final
T19-3		4:15 PM	4:25 PM	4:30 PM	U15G	U15 Girls 200m	Final
T20-3		4:19 PM	4:29 PM	4:35 PM	SW	Senior Women 200m	Final
T21-3		4:24 PM	4:34 PM	4:40 PM	SM	Senior Men 200m	Final

Sunday 16th June							
Event No	Reg Close	Call Room In	Call Room Out	Start Time	Age Group	Event	
F21	9:15 AM	9:53 AM	10:03 AM	10:45 AM	SW	Senior Women Long Jump	
F22	9:30 AM	10:15 AM	10:00 AM	11:00 AM	SEATED_SP	Seated Shot	
F23	9:30 AM	10:20 AM	10:20 AM	11:00 AM	SW	Senior Women Hammer (4.00kg)	
F24	9:30 AM	10:20 AM	10:20 AM	11:00 AM	U15G	U15 Girls Hammer (3.00kg)	
F25	9:30 AM	9:50 AM	10:00 AM	11:00 AM	U15B	U15B/SM Pole Vault	
F26	10:30 AM	11:20 AM	11:20 AM	12:00 PM	U15B	U15 Boys Javelin (600g)	
F27	10:30 AM	11:20 AM	11:20 AM	12:00 PM	U15G	U15 Girls Javelin (500g)	
F28	10:45 AM	11:25 AM	11:35 AM	12:15 PM	U15G	U15 Girls High Jump	
F29	11:10 AM	11:53 AM	11:53 AM	12:40 PM	SM	Senior Men Discus (2.00kg)	
F30	11:10 AM	11:53 AM	11:53 AM	12:40 PM	PARA_DT_M	Ambulant/Para Male Discus	
F31	11:30 AM	12:20 PM	12:20 PM	1:00 PM	U15B	U15 Boys Shot Put (4.0kg)	
F32	12:00 PM	12:48 PM	12:58 PM	1:30 PM	SM	Senior Men Triple Jump	
F33	12:30 PM	12:50 PM	1:00 PM	2:00 PM	SM	Senior Men Pole Vault	
F34	1:15 PM	2:15 PM	2:25 PM	2:45 PM	U15B	U15 Boys Discus	
F35	12:30 PM	1:08 PM	1:18 PM	2:00 PM	SW	Senior Women High Jump	
F36	1:30 PM	2:20 PM	2:30 PM	15:00	U15G	U15 Girls Long Jump	
F37	2:15 PM	3:03 PM	3:13 PM	3:45 PM	SW	Senior Women Triple Jump	
F38	2:15 PM	3:23 PM	3:33 PM	15:45	SEATED_DISCUS	Seated Discus	
F39	2:30 PM	3:18 PM	3:28 PM	4:00 PM	SM	Senior Men Shot (7.26kg)	

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