

Menai Sprints open 2023



<u>Event No</u>	<u>Event Name</u>	<u>StartTime</u>	<u>Event No</u>	<u>Event Name</u>	<u>StartTime</u>
T01	U11B & U11G 75m	18:00	F01	U11B & U11G Long Jump	18:00
T02	U13 & U15 B&G 100m	18:15	F02	U13B & U15B Long Jump	18:00
T03	U17 to Senior M&F 100m	18:35	F03	U11B & U11G Shot Put	18:30
T04	U11B & U11G 150m	19:05	F04	U13B & U15B Shot Put	18:30
T05	U13 & U15 B&G 200m	19:25	F05	U13G & U15G Shot Put	18:30
T06	U17 to Senior M&F 200m	19:45	F06	U17 to Senior Shot Put	18:30
T07	U15B, U15G & U17W 300m	20:05	F07	U13G & U15G Long Jump	19:05
T08	U17 to Senior 400m	20:25	F08	U17 to Senior Long Jump	19:05



