

Welsh Athletics & Welsh Schools Athletics Association

Joint Combined Events

Sunday 5th November 2023

FINAL TIMETABLE



WELSH ATHLETICS
ATHLETAU CYMRU

Track					Field				
Start	Event	Age Group	Entries	Rounds	Start	Event	Age Group	Entries	Pools
T02 11:00	60m Hdl	U18 Boys-(91.4)	12	2	F01 10:45	Long Jump (out)	U14 Girls	33	2
T01 11:10	60m Hdl	U16 Girls-(76.2)	24	3	F02 11:00	Shot Put (3.00kg)	U18 Girls	10	1
					F03 11:00	Shot Put (3.00kg)	U14 Boys	16	1
T03 11:20	60m Hdl	U16 Boys-(84.0)	14	2					

ALL other events are now a rolling timetable based on the finish time and rest period to the next event, Announcements will be made on the next start time through the day.

ALL THE EVENTS BELOW ARE IN NO PARTICULAR ORDER BUT HAVE BEEN GIVEN EVENT NUMBERS

T04	60m Hdl	U18 Girls-(76.2)	10	2	F04	Shot Put (5.00kg) - Cir 1	U18 Boys	12	1
T05	60m Hdl	U14 Girls-(68.5)	33	5	F05	Long Jump (out)	U16 Girls	24	2
T06	60m Hdl	U14 Boys-(76.2)	16	2	F06	Long Jump (out)	U16 Boys	14	1
T07	200m	U18 Boys	12	3	F07	Long Jump (in)	U18 Girls	10	1
T08	200m	U16 Boys	14	4	F08	High Jump	U16 Girls	24	2
T09	800m	U14 Girls	33	6	F09	Long Jump (out)	U14 Boys	16	1
T10	800m	U14 Boys	16	3	F10	Long Jump (in)	U18 Boys	12	1
T11	800m	U18 Boys	12	2	F11	Shot Put (2.72kg) - Cir 1	U14 Girls	33	2
T12	800m	U18 Girls	10	2	F12	High Jump	U18 Girls	10	1
T13	800m	U16 Boys	14	3	F13	Shot Put (3.00kg) - Cir 1	U16 Girls	24	2
T14	800m	U16 Girls	24	4	F14	Shot Put (4.00kg) - Cir 2	U16 Boys	14	1

Under 14 athletes are both years of U13 and first year U15

Under 16 athletes are second year U15 and first year U17

Under 18 athletes are second year U17 and first year U20

after each event there will be a 30 minute rest period for all events before the next event starts

800m races will be seeded based on the overall positions after their 3rd event for U14 and 4th event for U16 & U18, they will be split in equal race numbers with the top grouping in each age group going last

Cir 1 = Shot Put area alongside Long Jump pit
Cir 2 = Shot Put area alongside window
(out) = Training pit end of 100m straight
(in) = infield pit - backstraight

1. Athletes are required to report to the Registration situated on the immediate left of the first floor at NIAC (upstairs) between 9:15 and 9.45 am on Sunday. Registration closes @ 9:45 1 HOUR BEFORE THE FIRST EVENT START

2. The first events start at 11:00 on the track and at 10:45 on the field, warm up for all age groups in particular the first events will start at 10:00

3. The Meeting Referee – **Sue Maughan** – will determine the start times for all other events taking into account appropriate rest requirements for athletes and the availability of facilities.

4. Spectators are advised that the N.I.A.C. car park is pay & display! (50p all day parking)

Post code for venue CF23 6XD, parking bays immediately outside N.I.A.C. are for event officials

5. After their first event, athletes will be told their reporting times by the Announcer. Please listen carefully.

SCAN THE QR CODE TO FOLLOW THE RESULTS FROM EACH EVENT

