



Race 07-U15 Boys (Yr9 & 10) 3,770m

POS	Int-Sch	BIB	ATHLETE	REGION & CLUB	SCHOOL	TIME
1		220	Joshua SANDERS	SOUTH-Cardiff Athletics		12:45
2		197	Ben SERGEANT	NORTH-Eryri Harriers		12:46
3		196	Miguel JENKINS	NORTH-Menai Track and Field		12:48
4		212	Garyn TOUGH	SOUTH-Aberdare Valley AAC		12:52
5		211	Iwan FROLEY	SOUTH-Cardiff Athletics		13:00
6	1	181	Lucas SALVAGE	EAST-Newport Harriers	St Julians	13:12
7		182	Joe EDWARDS	EAST-Brecon AC		13:15
8		198	Alfie SHILAND	NORTH-Colwyn Bay AC		13:17
9		226	Thomas LOYNES	WEST-Neath Harriers		13:21
10		202	Ellis MARTIN	NORTH-Deeside AAC		13:29
11	2	217	Tomos DAVIES	SOUTH-Cardiff Athletics	Bryntirion	13:31
12	3	214	Samuel BOYCE	SOUTH-Cardiff Athletics	Cathedral School	13:31
13	4	227	Mascen TOOGOOD	WEST-Carmarthen Harriers	Coleg Sir Gar	13:32
14	5	229	Joshua BARNETT	WEST-Carmarthen Harriers	Dyffryn Taf	13:36
	6	529	Rhodri AMOS		Ysgol Glantaf	13:38
15	7	219	Alfie OSBORNE	SOUTH-Cardiff Athletics	Pencoedtre High	13:47
16		199	Daniel MITCHEL	NORTH-Deeside AAC		13:52
17		195	Tom GILBERT	EAST-Newport Harriers		13:53
18	8	183	Vaughn HUGHES	EAST-Newport Harriers	Bassaleg School	13:53
19		193	Dylan EVANS	EAST-Newport Harriers		13:58
20		205	Toby LEMON	NORTH-Deeside AAC		14:01
21		184	Alex PELTOR	EAST-Brecon AC		14:02
	9	361	Liam REGAN		Bro Pedr	14:02
22	10	225	Aaron NATHAN	SOUTH-Cardiff Archers	Cowbridge	14:02
23		228	Ashton PARRY	WEST-Neath Harriers		14:05
	11	334	Jed WHERLOCK		Bedwas High School	14:07
24		232	Zac MIDDLETON	WEST-Neath Harriers		14:08
25		239	Osian DAVIES	WEST-Neath Harriers		14:09
	12	482	Tomos HUNTER		Redhill High School	14:12
26		223	Daniel MAY	SOUTH-Cardiff Athletics		14:14
27		238	William HARRIES	WEST-Pembrokeshire Harriers		14:16
28	13	218	Harry OSBORNE	SOUTH-Cardiff Athletics	Pencoedtre High	14:18
	14	324	Iestyn READ		Bassaleg School	14:19
29		185	Charlie MALPAS	EAST-Rhymney Valley AC		14:19
	15	385	Lewis GRIFFITHS-BURDON		Chepstow	14:22
30	16	224	Gordon THÜSING-PALMER	SOUTH-Cardiff Athletics	Ysgol Glantaf	14:24
	17	448	Matthew POWELL		Monmouth School	14:27
31		213	Cian TOUGH	SOUTH-Aberdare Valley AAC		14:28
32		201	Tomos MORGAN	NORTH-Menai Track and Field		14:29
33	18	206	Christopher BENSON	NORTH-Maldwyn Harriers	Ysgol Llanfyllin	14:30
34		207	Arthur JONES	NORTH-Denbigh Harriers		14:35
	19	526	Osian BARHAM		Ysgol Glantaf	14:36
35		208	Ted CONRY	NORTH-Denbigh Harriers		14:36
36		221	Evan DAVIES	SOUTH-Aberdare Valley AAC		14:37
37		234	Daniel WARRENDER	WEST-Carmarthen Harriers		14:38
38		215	Leo WATKINS	SOUTH-Bridgend Athletics		14:41
	20	534	Thomas PRICKETT		Ysgol Glantaf	14:44
39		233	Jack MORGAN	WEST-Pembrokeshire Harriers		14:48
40	21	216	Fraser HIGGINSON	SOUTH-Bridgend Athletics	Llangynnydd	14:49
41	22	188	Isaac BARRY	EAST-Newport Harriers	St Julians	14:50
	23	528	Owen JONES		Ysgol Glantaf	14:55
42	24	186	Xander MEDDINS	EAST-Newport Harriers	Chepstow	14:58
	25	519	Hari MORRIS		Ysgol Glantaf	15:00
43		187	Caden PARHAM	EAST-Rhymney Valley AC		15:01
44		189	Harri TITCHENER	EAST-Rhymney Valley AC		15:04
45	26	190	Spencer ENGLISH	EAST-Lliswerry Runners	St Julians	15:08
46		231	Aron-Hedd JONES	WEST-Carmarthen Harriers		15:16
	27	383	George STUBBS		Chepstow	15:16
	28	362	Ryan CHESTER-JONES		Bro Pedr	15:18
	29	453	Carlo WHITELOCK		Morrison Comprehensive	15:24
47		235	Joshua BARRETT	WEST-Pembrokeshire Harriers		15:27
	30	442	Owen TURNER		Llanidloes	15:32
	31	476	Zachary BEDDOWS		Morrison Comprehensive	15:38
	32	328	Morgan WILLIAMS		Bassaleg School	15:47
	33	415	Ayrton FRENCH		Gwent Is Coed	15:50
	34	545	Iolo KING		YG Gwyr	15:51
	35	325	Iestyn WILLIAMS		Bassaleg School	16:06
48	36	191	Thomas COLEMAN	EAST-Newport Harriers	Bassaleg School	16:19
	37	456	Dylan GILPIN		Morrison Comprehensive	16:22
	38	527	Owain GRIFFITHS		Ysgol Glantaf	16:29
	39	493	Luca CAVACIUTI		St Julians	16:33
49	40	192	Rory COLLINS	EAST-Lliswerry Runners	St Julians	16:40
	41	462	Kajetan WOJTCZAK		Morrison Comprehensive	16:53
50		240	Evan POWELL	WEST-Celtic Tri		16:54
	42	472	Rhys HAYCOCK		Morrison Comprehensive	17:05
	43	457	Edgar KOSIBIA		Morrison Comprehensive	17:34

INTER REGIONAL TEAM RESULTS

Pos	Region	1	2	3	4	5	6	7	8	Pts	Total
1	SOUTH	1	4	5	11	12	15	22	26	15	96
2	NORTH	2	3	8	10	16	20	32	33	14	124
3	EAST	6	7	17	18	19	21	29	41	13	158
4	WEST	9	13	14	23	24	25	27	37	12	172

1st Regional Team Athletes: SOUTH Wales (96Pts)

220	Joshua SANDERS-Cardiff Athletics (1)	12:45
212	Garyn TOUGH-Aberdare Valley AAC (4)	12:52
211	Iwan FROLEY-Cardiff Athletics (5)	13:00
217	Tomos DAVIES-Cardiff Athletics (11)	13:31
214	Samuel BOYCE-Cardiff Athletics (12)	13:31
219	Alfie OSBORNE-Cardiff Athletics (15)	13:47
225	Aaron NATHAN-Cardiff Archers (22)	14:02
223	Daniel MAY-Cardiff Athletics (26)	14:14

2nd Regional Team Athletes: NORTH Wales (124Pts)

197	Ben SERGEANT-Eryri Harriers (2)	12:46
196	Miguel JENKINS-Menai Track and Field (3)	12:48
198	Alfie SHILAND-Colwyn Bay AC (8)	13:17
202	Ellis MARTIN-Deeside AAC (10)	13:29
199	Daniel MITCHEL-Deeside AAC (16)	13:52
205	Toby LEMON-Deeside AAC (20)	14:01
201	Tomos MORGAN-Menai Track and Field (32)	14:29
206	Christopher BENSON-Maldwyn Harriers (33)	14:30

3rd Regional Team Athletes: EAST Wales (158Pts)

181	Lucas SALVAGE-Newport Harriers (6)	13:12
182	Joe EDWARDS-Brecon AC (7)	13:15
195	Tom GILBERT-Newport Harriers (17)	13:53
183	Vaughn HUGHES-Newport Harriers (18)	13:53
193	Dylan EVANS-Newport Harriers (19)	13:58
184	Alex PELTOR-Brecon AC (21)	14:02
185	Charlie MALPAS-Rhymney Valley AC (29)	14:19
188	Isaac BARRY-Newport Harriers (41)	14:50

Inter Schools Scoring Teams =4

Pos	School	1	2	3	4	Total
1	Ysgol Glantaf	6	16	19	20	61
2	St Julians	1	22	26	39	88
3	Bassaleg School	8	14	32	35	89
4	Morrison Comprehensive	29	31	37	41	138

1st Schools Team - Athletes: Ysgol Glantaf (61Pts)

529	Rhodri AMOS (6)	13:38
224	Gordon THÜSING-PALMER (16)	14:24
526	Osian BARHAM (19)	14:36
534	Thomas PRICKETT (20)	14:44

2nd Schools Team - Athletes: St Julians (88Pts)

181	Lucas SALVAGE (1)	13:12
188	Isaac BARRY (22)	14:50
190	Spencer ENGLISH (26)	15:08
493	Luca CAVACIUTI (39)	16:33

3rd Schools Team - Athletes: Bassaleg School (89Pts)

183	Vaughn HUGHES (8)	13:53
188	Isaac BARRY (22)	14:50
190	Spencer ENGLISH (26)	15:08
493	Luca CAVACIUTI (39)	16:33

Inter Schools Incomplete Teams = 20

School	Places			Pts	
1	Chepstow	15	24	27	66
2	Bro Pedr	9	28	45	82
3	Ysgol Glantaf	23	25	38	86
4	Morrison Comprehensive	42	43	46	131
5	Pencoedtre High	7	13		20
6	Bassaleg School	36	44		80
7	Bryntirion	2			2

RACE 07  
23rd Welsh Athletics Inter Regional & 45th Welsh Schools' Inter Schools

RACE 07 U15B (Yr 9-10)

Saturday 19th November 2022

Monmouthshire Showground, Redbrook Road NP25 4LG



Race 07-U15 Boys (Yr9 & 10) 3,770m

POS	Int-Sch	BIB	ATHLETE	REGION & CLUB	SCHOOL	TIME					
	44	320	Dan OLEGASEGRAM		Bassaleg School	17:54	8	Cathedral School	3		3
	45	364	Tomos GREEN		Bro Pedr	18:04	9	Coleg Sir Gar	4		4
	46	464	Lewis WILLIAMS		Morrison Comprehensive	18:47	10	Dyffryn Taf	5		5
							11	Cowbridge	10		10
							12	Bedwas High School	11		11
							13	Redhill High School	12		12
							14	Monmouth School	17		17
							15	Ysgol Llanfyllin	18		18
							16	Llangynnwyl	21		21
							17	Llanidloes	30		30
							18	Gwent Is Coed	33		33
							19	YG Gwyr	34		34