

Welsh Half Marathon Championships 2022 - Results

Senior

1	James	Hunt	CARDIFF AC	01:06:06
2	Paul	Graham	PONTYPRIDD ROADENTS AC	01:06:53
3	Dan	Rothwell	SWANSEA HARRIERS	01:07:16

M35

1	Matt	Edmonds	MICKY MORRIS RACING TEAM	01:11:20
2	Luke	Northall	WREXHAM AAC	01:12:17
3	Ross	Matthews	PARC BRYN BACH RUNNING CLUB	01:13:36

M40

1	David	Williams	LES CROUPIERS RC	01:11:56
2	Justin	Crocker	PARC BRYN BACH RUNNING CLUB	01:12:20
3	Angus	Maclean	SWANSEA HARRIERS	01:12:21

M45

1	Simon	Lewis	PONTYPRIDD ROADENTS AC	01:12:24
2	Matthew	Jacklin	ABERDARE VALLEY AAC	01:15:57
3	Sean	Taylor	MICKY MORRIS RACING TEAM	01:17:48

M50

1	Richard	Jones	LLISWERRY RUNNERS	01:15:08
2	Carl	Cable	ABERDARE VALLEY AAC	01:19:43
3	Jonathan	Carter	Chepstow Harriers	01:25:00

M55

1	Lee	Aherne	PARC BRYN BACH RUNNING CLUB	01:15:14
2	Andrew	Blair	LES CROUPIERS RC	01:20:39
3	Kevin	Chalke	PENARTH AND DINAS RUNNERS	01:26:36

M60

1	Ifan	Lloyd	SWANSEA HARRIERS	01:17:12
3	Steve	Davies	PONT-Y-PWL & DISTRICT RUNNERS	01:28:00
3	Simon	Osborne	BRIDGEND AC	01:29:24

M65

1	David	Walker	LES CROUPIERS RC	01:31:25
2	Stephen	Owen	CHEPSTOW HARRIERS	01:31:47
3	Graham	Mack	MERTHYR RUNNING CLUB	01:59:47

M70

1	Martin	Cortvriend	PRESTATYN RUNNING CLUB	02:01:57
2	Malcolm	Bradley	PENARTH AND DINAS RUNNERS	02:13:44
3	Michael H	Davies	LES CROUPIERS RC	02:17:10

M75

1	John	Blow	ABERDARE VALLEY AAC	03:10:15
---	------	------	---------------------	----------

Women

Senior

1	Natasha	Cockram	MICKY MORRIS RACING TEAM	01:10:47
2	Bronwen	Owen	LEEDS CITY	01:14:04
3	Olivia	Tsim	PONTYPRIDD ROADENTS AC	01:16:47

W35

1	Donna	Morris	BUILTH & DISTRICT RUNNERS	01:20:01
2	Louise	Flynn	LES CROUPIERS RC	01:24:44
3	Nerys	Jones	TROTS	01:25:20

W40

1	Helen	Sharpe	CARDIFF AC	01:26:20
2	Elizabeth	Tremlett	CARMARTHEN & DISTRICT HARRIERS	01:30:54
3	Janneke	Van Beijnum	LES CROUPIERS RC	01:33:50

W45

1	Helen-Marie	Davies	SWANSEA HARRIERS	01:31:33
2	Catherine	Stephens	BRIDGEND AC	01:44:47
3	Leonie	Roberts	FAIRWATER RUNNERS CWMBRAN	01:58:18

W50

1	Sandra	Chipper	LLISWERRY RUNNERS	01:24:43
2	Nicola	Jukes	PARC BRYN BACH RUNNING CLUB	01:29:50
3	Tracy	Jenkins	PORTHCAWL RUNNERS	01:55:05

W55

1	Niki	Morgan	CHEPSTOW HARRIERS	01:27:56
2	Susan	Watson	LES CROUPIERS RC	01:57:43
3	Hayley	Morgan	PONTYCLUN ROAD RUNNERS	01:57:51

W60

1	Romana	Maine	PORTHCAWL RUNNERS	02:16:52
2	Georgina	Seed	PARC BRYN BACH RUNNING CLUB	02:23:04
3	Julia	Evans	PEGASUS RUNNING CLUB	02:23:44

W65

1	Janice	Harvey	RUN4ALL NEATH	02:37:52
2	Cath	Mcgrath	PAUL POPHAM RUNNING CLUB	02:39:08
3	Dawn	Kenwright	SARN HELEN	03:02:58

W70

1	Erika Lina	Fitzgibbon	WOMEN RUNNING PENARTH	02:58:49
2	Helen	Lloyd Jones	PEGASUS RUNNING CLUB	04:05:00
3	Ann	Thomas	PORT TALBOT HARRIERS	04:11:17

W75

1	Clare	Johnson	LES CROUPIERS RC	03:05:50
---	-------	---------	------------------	----------

Team Results

Men

					Position
1	CARDIFF AC	James	Hunt	01:06:06	1
		Michael	Kallenberg	01:07:44	5
		Matt	Edwards	01:09:59	8
					14
2	SWANSEA HARRIERS	Dan	Rothwell	01:07:16	3
		Jonathan	Butler	01:09:30	7
		Blair	Mcwhirter	01:10:03	9
					19
3	PONTYPRIDD ROADENTS AC	Paul	Graham	01:06:53	2
		Adam	Bull	01:08:59	6
		Simon	Lewis	01:12:24	17
					25

Women

					Position
1	PONTYPRIDD ROADENTS AC	Olivia	Tsim	01:16:47	3
		Chloe	Dooley	01:21:15	6
		Liz	May	01:51:48	26
					35
2	SWANSEA HARRIERS	Sioned	Howells	01:22:10	7
		Helen-Marie	Davies	01:31:33	16
		Luticia	Thomas	01:34:18	20
					43
3	LES CROUPIERS RC	Louise	Flynn	01:24:44	9
		Janneke	Van Beijnum	01:33:50	17
		Amy	Griffiths	01:52:21	27
					44