



WELSH SCHOOLS NATIONAL CROSS COUNTRY CHAMPIONSHIPS 2022

Allocation of Pens by School District



Age Group	Pen 1	Pen 2	Pen 3	Pen 4	Pen 5	Pen 6	Pen 7	Pen 8
Race 1 1.00 pm Junior Girls	Powys	Eryri	Glamorgan Valleys	North East Wales	Afan Nedd Tawe	Dyfed	South East Wales	Cardiff & the Vale
Race 2 1.20 pm Junior Boys	Glamorgan Valleys	Cardiff & the Vale	Dyfed	Eryri	Powys	Afan Nedd Tawe	North East Wales	South East Wales
Race 3 1.40 pm Senior Girls	Afan Nedd Tawe	North East Wales	Powys	South East Wales	Dyfed	Glamorgan Valleys	Cardiff & the Vale	Eryri
Race 4 2.05 pm Year 7 Boys	Dyfed	South East Wales	Afan Nedd Tawe	Cardiff & the Vale	Glamorgan Valleys	Powys	Eryri	North East Wales
Race 5 2.20 pm Year 7 Girls	South East Wales	Glamorgan Valleys	North East Wales	Powys	Cardiff & the Vale	Eryri	Afan Nedd Tawe	Dyfed
Race 6 2.35 pm Senior Boys	North East Wales	Dyfed	Eryri	Glamorgan Valleys	South East Wales	Cardiff & the Vale	Powys	Afan Nedd Tawe
Race 7 3.00 pm Middle Girls	Cardiff & the Vale	Powys	South East Wales	Afan Nedd Tawe	Eryri	North East Wales	Dyfed	Glamorgan Valleys
Race 8 3.20 pm Middle Boys	Eryri	Afan Nedd Tawe	Cardiff & the Vale	Dyfed	North East Wales	South East Wales	Glamorgan Valleys	Powys