

PODIUM5K

PRESENTED BY SPORTSSHOES.COM

ADIDAS PODIUM 5K HOME NATIONS COOPERS FIELD, CARDIFF

SATURDAY
24TH AUGUST

All races use 3 laps
of the course

START

FINISH

COFFEE BIKE

REGISTRATION

TUNE TRUCK

CATERER

ADIDAS

Bute Park

Sophia
Gardens

River Taff

COOPER'S FIELD

COOPERS FIELD,
CARDIFF

Gardens Pay
Car Park



WELSH ATHLETICS
ATHLETAU CYMRU

