

**LISTEN  
ENGAGE  
REPRESENT**



**WELSH U13, U17, U20 CHAMPIONSHIPS  
NEWPORT STADIUM  
SATURDAY 12<sup>TH</sup> & SUNDAY 13<sup>TH</sup> AUGUST 2023**

Dear athlete,

Please find below information relating to this event. It is important that you read and adhere to ALL the relevant information and guidance. Failure to do so will result in you not being able to compete.

**\*PLEASE READ ALL OF THE FOLLOWING INFORMATION VERY CAREFULLY\***

**THE EVENT**

The Welsh U13, U17, U20 Championships will take place at Newport Stadium on Saturday 12<sup>th</sup> August and Sunday 13<sup>th</sup> August.

**STADIUM ADDRESS**

Newport International Sports Village,  
Stadium Way,  
Newport  
NP19 4PT

Please see venue schematic for details of the parking locations

**ELIGIBILITY TO COMPETE**

Please note that to compete at these Championships you must be registered as a member with your Home Country Association.

This is usually done through your club. Welsh Athletics will check the registration of all athletes entered to compete at the Championships. Please contact an official at your club (usually the Club Secretary) if you are unsure as to the status of your registration.

A non-Welsh Athlete can compete as an 'open entrant' in the U20 Competitions only, but only athlete's eligible to compete for Wales, are eligible to score in the Welsh Championships.

**CAR PARKING**

Event car parking is available free of charge, but limited space is available at the facility.

We recommend the use of public transport where possible to get to the venue.

**SPECTATORS & COACHES**

This event requires spectators to have a ticket in order to enter the venue.

This may be done via a pre-paid ticket or card payment on the day; however, a pre-paid ticket is preferred. Adults are £5 and children are free.

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Coaches will have free entry to the event via ticket, proof of coaching licence must be shown.

The following link can be used to access tickets.

Spectator: [Welsh Outdoor U13-U17-U20 Championships 2023 Tickets, Sat 12 Aug 2023 at 11:00 | Eventbrite](#)

### **ARRIVAL PROCEDURE**

Gates will open at 9:00am on both event days. Entrance to the venue is through the main entrance to the stadium.

On entry to the venue, spectators and coaches will need to provide electronic proof of their ticket purchase. Athletes should proceed directly to registration which is situated in the centre of the grandstand on the ground floor.

The first event will commence at 11:00 on both days.

### **REGISTRATION & REPORTING**

Registration will open at 9:00 on both event days – **athletes should report no later than 90 mins before the timetabled event start time**. It is the individual responsibility of athletes to report and collect their numbers.

Registration will be based in the foyer, exiting the main stand to the track area.

We ask that parents and coaches avoid queuing for registration with their athletes.

Bibs must be worn on the front and back for all events (apart from the jumping events, where only one needs to be worn). Bibs must be worn as issued and must not be tampered with in any way.

**Athletes competing on both days must retain their bib numbers - no new numbers will be issued during the weekend, but you will be required to report to registration on Sunday, no later than 90 minutes before your event.**

Athletes competing on Sunday must return to registration and re-register for their second day events no less than 90 minutes before their first event of the day, any athlete that fails to re-register on Sunday will then not be allowed to compete.

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## CALL ROOM & START LISTS

A call room will be in operation for ALL events over the weekend. Call room will be located at the end of the main home straight finish line in the red marquees.

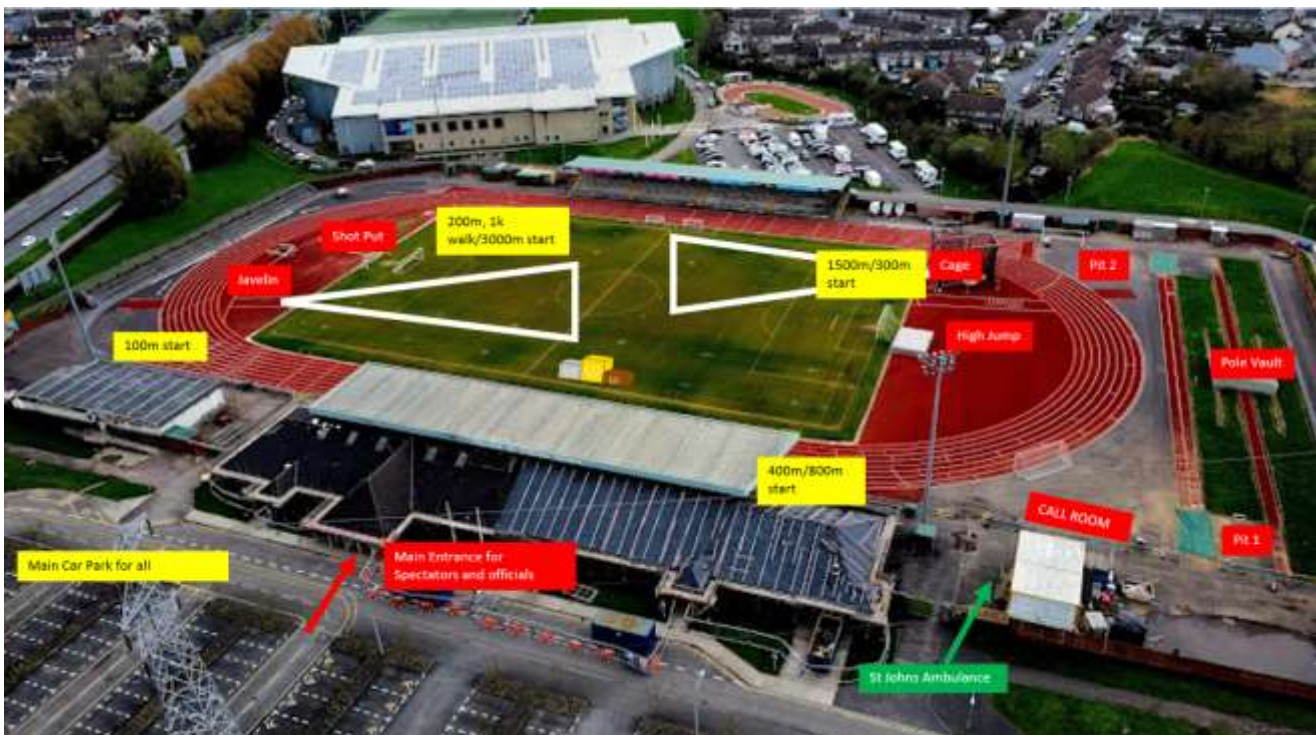
It is the responsibility of the athlete to ensure they report to Call Room at the correct time. Start lists including call room times per event along with live results will be viewable online here: [wales.opentrack.run/en-gb/x/2023/GBR/wa-jun-ch/event/](https://wales.opentrack.run/en-gb/x/2023/GBR/wa-jun-ch/event/)

## THE VENUE

### Warm-up

The outer lanes of the track may be used for strides in one direction. Athletes will have sufficient warm-up attempts on-site for field events.

A site plan follows.



## CLOTHING & BELONGINGS

Competition clothing will be checked for conformity to UKA competition rules (see below). As this event is a National Championships, athletes MUST wear the vest as per rule T5 S1:

*“In individual English County, English Area, Scottish District, Welsh Regional and National Championships (but excluding Road Running), athletes must wear the vest of their first-claim affiliated Club, their County Area, District, Regional or National vest, or any other Representative vest approved by UKA”*

## **EQUIPMENT**

### **SHOES**

Athletes should study the latest regulations regarding shoes and ensure that their footwear complies. Competition shoes must conform to World Athletics Rule 5 C2.1.

You can find the World Athletics rules [here](#).

A document containing instructions on the critical measurement points for shoes is available [here](#).

The Referee reserves the right to, and it is a condition of participation that competitors agree that they may take possession of any shoes considered not to conform to this new rule for checking. Athletes found to have worn shoes that infringe this rule may be disqualified at the discretion of the Referee. A list of World Athletics approved shoes can be viewed [here](#). The absence of shoes from this list does not necessarily mean they are non-compliant.

### **SPIKE LENGTH**

6mm across both track and field events, **with the exception of High Jump** where 9mm are used.

### **PERSONAL IMPLEMENTS**

Personal implements will be weighed at the equipment store, no later than 60 minutes prior to your event start time.

**STARTING BLOCKS** Personal starting blocks are **NOT PERMITTED**. A number of stadium blocks will be available for warmups and the event arena.

### **SEEDING, LANE DRAWS & TRIALS**

Seeding and lane draws will be conducted according to the principle laid down in UKA Technical Rule 20 and will be based on Personal Bests declared online at the time of entering. Lane draws will take place once athletes have registered for their event.

Qualifications and heat numbers will change based on registered athletes for each event. If there are insufficient numbers in heats for Semi Finals to be run, finals will be run at heat or Semi Final time. Athletes will be notified in the call room.

All U13 athletes will have 3 trials in all field events. All U17 / Under 20 athletes will have 3 + 3 trials in events with more than 8 athletes and 6 straight trials in in any event with 8 or less athletes, except for in the High Jump & Pole Vault where they will have 8 trials.

### **PRESENTATIONS**

Presentations will take place as soon as possible after the event. Please note, **spectators will not be permitted access to the track/competition area during presentation ceremonies** and should remain in the stand to take photographs.

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### **PROTESTS**

There will be no jury of appeal. Individual discipline referees will consider any relevant information available if a dispute is raised, to inform their decision.

Presentations will be made to the top three athletes in the Welsh Championships. In the U20 competition, if a non-Welsh Athlete finishes in a podium position, they will be awarded the corresponding medal.

### **CLEAN ATHLETICS**

For all athletes (and parents/guardians where the athlete is a minor), by entering these Championships, you are agreeing to abide by the following rule/statement:

*'All entrants shall be deemed to have made him/herself familiar with and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.*

*The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entry, whether or not the entrant is a citizen of, or resident in, the UK'.*

To check the status of registered medicines, please visit [www.globaldro.com](http://www.globaldro.com). For information on the Clean Athletics programme, testing procedures and for a copy of the full UKA Anti-Doping rules, please visit [www.uka.org.uk/cleanathletics](http://www.uka.org.uk/cleanathletics). For general Clean Athletics queries, please contact [enquiries@cleanathletics.org](mailto:enquiries@cleanathletics.org).

### **COMPETITION ORGANISATION**

The event is organised by Welsh Athletics.

The following Officials are responsible for each particular aspect of competition:

Competition Director – Nick Higman  
Meeting Manager – Lynette Harries  
Technical Manager – Jack Lambert  
Event Manager – Darran Williams

I would like to take this opportunity to wish you the best of luck in your endeavours this weekend.  
Yours sincerely,

**Alex Donald**  
**Head of Competition**  
**Welsh Athletics**