

Master 45 Women 10k Road Race Series Results

POSITION	NAME	CLUB	NEWPORT	CAERPHILLY	HELENA TIPPING	SWANSEA BAY	RICHARD BURTON	TOTAL
1	JOANNE REES	BUILTH & DISTRICT R.C.	28	28				56
2	SARA WILLIAMS	CAERPHILLY RUNNERS	17	25				42
3	CATHERINE BARKER	PENARTH AND DINAS RUNNERS		30				30
4	DONNA MORRIS	BUILTH & DISTRICT			30			30
5	CHARLENE JACOBS-CONRADIE	MEIRIONNYDD RUNNING CLUB			29			29
6	NICOLA JUKES	PARC BRYN BACH RC	29					29
7	GWENNAN HENSTOCK	BUCKLEY RC			28			28
8	CATH POWELL	PONTYPRIDD ROADENTS AC		27				27
9	LEE EVANS	DENBIGH HARRIERS			27			27
10	SUZANNE TEW	PARC BRYN BACH RC	27					27
11	DONNA GRIFFITHS	DEESTRIDERS B S RC			26			26
12	FIONA DAKIN		26					26
13	JAYNE EVANS	CAERPHILLY RUNNERS		26				26
14	EMILY CURRIE		25					25
15	LINA LAND	ABERYSTWYTH AC			25			25
16	ANNA PARRY	DEESIDE AAC			24			24
17	LOU SUMMERS	SARN HELEN	24					24
18	CHARLOTTE MORAN	CAERLEON RC	23					23
19	JANE SHELDON	PENARTH & DINAS RUNNERS		23				23
20	RHIAN LLOYD	DEESTRIDERS B S RC			23			23
21	ADELE FLETCHER	MEIRIONNYDD RUNNING CLUB			22			22
22	CAROL REES	LES CROUPIERS RC		22				22
23	LEANNE POWIS	PORTHCAWL RUNNERS	21					21
24	MIRANDA LONG	BUCKLEY RC			21			21
25	PAULA ALLEN	LES CROUPIERS RC		21				21
26	CAROLINE TURNER	YSTRAD MYNACH RUNNERS	20					20
27	JANE OGILVIE	BRACKLA HARRIERS		20				20
28	KELLY ALFORD	NORTH WALES ROAD RUNNERS			20			20
29	MICHELLE WACHTER	CALDICOT RUNNING CLUB	19					19
30	RACHEL MATTHEWS	CAERPHILLY RUNNERS		19				19
31	VICTORIA TAYLOR	NORTH WALES ROAD RUNNERS			19			19
32	RACHEL MORRIS	NORTH WALES ROAD RUNNERS			18			18
33	SARAH DAVIES	ISLWYN		18				18
34	SIAN JONES		18					18
35	KATE HUMPHRIES			17				17
36	JULIE GOULD	ISLWYN RUNNING CLUB		16				16
37	YVONNE BULLEN	LES CROUPIERS	16					16
38	JO SMITH		15					15
39	ZOE PARHAM			15				15
40	ANNA GARDINER	VEGAN RUNNERS UK	14					14
41	MAIR LEWIS	CREAZIONE		14				14
42	KERAN TALBOT	LLISWERRY RUNNERS	13					13
43	MICHELLE AMBLIN	LES CROUPIERS RC		13				13

44	KAREN GREEN		12				12
45	SALLY HALL			12			12
46	EM BISSEX		11				11
47	FIONA MAHONEY			11			11
48	ANN JOHNSTON	PENARTH AND DINAS RUNNERS		10			10
49	PAULA WILFORT	CORNELLY STRIDERS AC	10				10
50	DAWN ROGERS	NEW FOREST RUNNERS		9			9
51	SALLY HALL		9				9
52	EMMA LYNCH			8			8
53	MARNEE BAKER		8				8
54	ELLEN SUGDEN	PEGASUS RUNNING CLUB	7				7
55	JOANNE KILBY	PARC BRYN BACH RUNNING CLUB		7			7
56	FIONA WILLIAMS		6				6
57	LISA CLEARY			6			6
58	MARIA MEREDITH	PARC BRYN BACH RC	5				5
59	SARAH LEWIS			5			5
60	KATARZYNA KRZEMINSKA			4			4
61	KAY LEWIS	PORTISHEAD RUNNING CLUB	4				4
62	CAROLINE GAMLIN		3				3
63	HELEN PITHOUSE			3			3
64	CAROLYN THOMAS	DRAGONS RUNNING CLUB	2				2
65	ELIZABETH HUNTER			2			2
66	LIZ PUGH	SARN HELEN	1				1
67	RACHEL DEMELLWEEK	CAERPHILLY RUNNERS		1			1

	TOTAL
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