

Welsh 10k Series 2024 - Current standings (3 events/Seniors 4)

SENIOR WOMEN	FIRST NAME	SURNAME	CLUB	POINTS
1	NIKI	MORGAN	CHEPSTOW HARRIERS	89
2	DONNA	MORRIS	BUILTH & DISTRICT AC	87
3	JOANNE	REES	BUILTH & DISTRICT AC	62
MW35	FIRST NAME	SURNAME	CLUB	POINTS
1	DONNA	MORRIS	BUILTH & DISTRICT AC	59
2	MELISSA	MORGAN	ISLWYN RC	42
3	LAURA	JONES	LES CROUPIERS RC	30
MW45	FIRST NAME	SURNAME	CLUB	POINTS
1	JOANNE	REES	BUILTH & DISTRICT AC	56
2	SARA	WILLIAMS	CAERPHILLY RUNNERS	42
3	CATHERINE	BARKER	PENARTH & DINAS RUNNERS	30
MW55	FIRST NAME	SURNAME	CLUB	POINTS
1	NIKI	MORGAN	CHEPSTOW HARRIERS	60
2	MICHELLE	GOOCH	PONTYPOOL AND DISTRICT RUNNERS	56
3	JULIE	GOULD	ISLWYN RC	31
MW65	FIRST NAME	SURNAME	CLUB	POINTS
1	ROSEMARY	TRIGG	ISLWYN RC	54
2	MARY	MURRAY		30
3	DAWN	ROGERS	NEW FOREST RUNNERS	30

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SENIOR MEN	FIRST NAME	SURNAME	CLUB	POINTS
1	DEWI	GRIFFITHS	SWANSEA HARRIERS	120
2	ERIC	APPERLY	BUILTH & DISTRICT AC	95
3	JONATHAN	BUTLER	SWANSEA HARRIERS	85
MM35	FIRST NAME	SURNAME	CLUB	POINTS
1	CHRIS	WILLIAMS	ABERDARE VALLEY AAC	77
2	JONATHAN	BUTLER	SWANSEA HARRIERS	60
3	TOMOS	ROBERTS	MEIRIONNYDD RC	30
MM45	FIRST NAME	SURNAME	CLUB	POINTS
1	ANDREW	HOW	PONTYPRIDD ROADENTS	30
2	RUSSELL	BENTLEY	MEIRIONNYDD RC	30
3	SIMON	LEWIS	CARDIFF AC	30
MM55	FIRST NAME	SURNAME	CLUB	POINTS
1	PAUL	WILLIAMS	ABERYSTWYTH AC	87
2	JEREMEY	THOMAS	LES CROUPIER RC	49
3	KEVIN	THOMAS	NEATH HARRIERS	38
MM65	First Name	Surname	Club	Points
1	SIMON	WILLIAMSON	PENARTH & DINAS RUNNERS	53
2	WILLIAM	SNOWDON	LES CROUPIERS RC	48
3	LYNDON	KENNEY	GRIFFITHSTOWN HARRIERS	43