

Senior Women 10k Road Race Series Results

POSITION	NAME	CLUB	NEWPORT	CAERPHILLY	HELENA TIPPING	SWANSEA BAY	RICHARD BURTON	TOTAL
1	NIKI MORGAN	CHEPSTOW HARRIERS	27	26	26	10		89
2	DONNA MORRIS	BUILTH & DISTRICT RUNNING CLUB	29		29	29		87
3	JOANNE REES	BUILTH & DISTRICT RUNNING CLUB	17	21	24			62
4	LAUREN COOPER	WESTERN TEMPO		30		30		60
5	LEIGH JAMES	LES CROUPIERS RUNNING CLUB	26			12		38
6	ALAW EVANS	LES CROUPIERS RUNNING CLUB	30					30
7	ANNA BRACEGIRDLE	SALFORD HARRIERS & AC			30			30
8	MELISSA MORGAN	ISLWYN RC	10	20				30
9	OLIVIA TSIM	PONTYPRIDD ROADENTS AC		29				29
10	CHARLENE JACOBS-CONRADINE	MEIRIONNYDD RUNNING CLUB			28			28
11	LAURA JONES	LES CROUPIERS RUNNING CLUB		28				28
12	MEGAN CARTER-DAVIES					28		28
13	POLLY SUMMERS	SARN HELEN	28					28
14	CARLA GREEN	NORTH WALES ROAD RUNNERS			27			27
15	CARYL EDWARDS					27		27
16	CATHERINE BARKER	PENARTH AND DINAS RUNNERS		27				27
17	STEPHANIE DAVIES	PONTYPRIDD ROADENTS AC	23	4				27
18	GEMMA TUTTON					26		26
19	EMMA EDWARDS	CAERPHILLY RUNNERS		25				25
20	MEGAN WILLIAMS					25		25
21	MICHELLE TAYLOR	LES CROUPIERS RUNNING CLUB			25			25
22	NICOLA JUKES	PARC BRYN BACH RC	25					25
23	ELLIE ROBINSON					24		24
24	IONA EVANS	SWANSEA HARRIERS	24					24
25	RACHAEL BARALOS	CAERPHILLY RUNNERS		24				24
26	AMANDA BAILEY	WREXHAM AAC			23			23
27	ANNA WILLIAMS	CAERPHILLY RUNNERS		23				23
28	EDEN O'DEA					23		23
29	EWELINA CIESIELSKA					22		22
30	HANNAH JORDAN	DEVIZES RUNNING CLUB	22					22
31	IMMY JONES	WREXHAM AAC			22			22
32	KAARINA RUTA	PENARTH & DINAS RUNNERS		22				22
33	CARYL EDWARDS					21		21
34	CHERYL FROST	NORTH WALES ROAD RUNNERS			21			21
35	LAURA DAVIES	PONT-Y-PWL	21					21
36	DONNA GRIFFITHS	DEESTRIDERS B S RC			20			20
37	HALEY LAWTON					20		20
38	KELCY HOOPER	LLANELLI AC	20					20
39	CATH POWELL	PONTYPRIDD ROADENTS AC		19				19
40	DEB PUGH	WREXHAM AAC			19			19
41	ELAINE FERGUSON	PONTYPRIDD ROADENTS AC	19					19
42	GABRIELLA BOOTH					19		19
43	BETHAN GRIFFITHS	CARDIFF ATHLETICS	18					18
44	JAYNE EVANS	CAERPHILLY RUNNERS		18				18
45	SARAH HOWARD					18		18
46	SOPHIE TOOGOOD	DENBIGH HARRIERS			18			18
47	NAOMI DAVIES	CAERPHILLY RUNNERS		17				17

48	NICOLA WYLIE	NORTH WALES ROAD RUNNERS			17		17
49	TRACY JENKINS					17	17
50	KIERSTY ROSE	CALNE RC	16				16
51	LINA LAND	ABERYSTWYTH AC			16		16
52	SAMANTHA SINCLAIR	PONTYPOOL		16			16
53	TERESA PENHORWOOD					16	16
54	BRIONY HIBBERT	DEESIDE AAC			15		15
55	EMILY BARNETT					15	15
56	KATHRYN ALLEN	WESTBURY HARRIERS	15				15
57	LEAH REGAN	CARMARTHEN		15			15
58	ANNA PARRY	DEESIDE AAC			14		14
59	EMMA SUTTIE	CDF RUNNERS	14				14
60	ERIN BROWN	CRICKHOWELL RUNNING CLUB		14			14
61	JANNEKE VAN BEIJNUM					14	14
62	AVISA TALEMI	CAERLEON RC		13			13
63	BETH HEWITT	WREXHAM AAC			13		13
64	BETH JONES	PARC BRYN BACH RC	13				13
65	JEMIMA OSBORN-NASH					13	13
66	MEL SADIE	BUILTH & DISTRICT R.C.	12				12
67	NATASHA MATTHEWS	ISLWYN		12			12
68	RHIAN LLOYD	DEESTRIDERS B S RC			12		12
69	ADELE FLETCHER	MEIRIONNYDD RUNNING CLUB			11		11
70	ALICE ROTHWELL	LES CROUPIERS RUNNING CLUB	11				11
71	SARA WILLIAMS	CAERPHILLY RUNNERS		11			11
72	TRACEY BREEDON					11	11
73	KELLY ALFORD	NORTH WALES ROAD RUNNERS			10		10
74	MICHELLE JOHNSON	ISLWYN RUNNING CLUB		10			10
75	ELINOR KEETCH					9	9
76	HELEN ALEFOUNDER	PRESTATYN RC			9		9
77	NIKHITA BRYANT			9			9
78	SABRINA HUGHES		9				9
79	KATIE WILLIAMS					8	8
80	MICHELLE GOOCH	PONTYPOOL AND DISTRICT RUNNERS		8			8
81	NIA LISTER	NORTH WALES ROAD RUNNERS			8		8
82	SUZANNE TEW	PARC BRYN BACH RC	8				8
83	CHLOE LEEK					7	7
84	JANE SHELDON	PENARTH & DINAS RUNNERS		7			7
85	MARI WATKINS		7				7
86	VICTORIA TAYLOR	NORTH WALES ROAD RUNNERS			7		7
87	COLLEEN MOSLEY	MALDWYN HARRIERS			6		6
88	HELEN BEYNON					6	6
89	IRINA LIECHTI		6				6
90	MEG JENKINS			6			6
91	CAROL REES	LES CROUPIERS RUNNING CLUB		5			5
92	FIONA DAKIN		5				5
93	HELEN-MARIE DAVIES					5	5
94	JENNIFER MOSS	WREXHAM AAC			5		5
95	ANNA ROBERTS	WRECSAM TRI			4		4

96	EMILY CURRIE		4				4
97	EMMA SEWARD					4	4
98	CHARLOTTE HOLLAND WRIGHT	GRIFFITHSTOWN HARRIERS	3				3
99	MANDY OWEN	GOG TRIATHLON CLUB			3		3
100	PAULA ALLEN	LES CROUPIERS RUNNING CLUB		3			3
101	RACHEL BOWEN					3	3
102	CHLOE HARTLEY-GREEN					2	2
103	NATALIE DAVIES	PONTYPRIDD ROADENTS AC	2				2
104	RACHEL MORRIS	NORTH WALES ROAD RUNNERS			2		2
105	RHIAN BIWDEN			2			2
106	JANE OGILVIE	BRACKLA HARRIERS		1			1
107	LOU SUMMERS	SARN HELEN	1				1
108	SOPHIE HARTLEY-GREEN					1	1

