

## Welsh Junior League 3 (West Wales Division) - U11, U13 & U15

### Swansea University Athletics Track – Sunday 20th August

#### TRACK / TRAC

#### FIELD / CAE

To event	Event Time	Event	Age Group
11:50	12:00	80m Hurdles	U15B
12:00	12:10	75m Hurdles	U15G
12:05	12:15	75m Hurdles	U13B
12:15	12:25	70m Hurdles	U13G
12:25	12:35	800m	U15G
12:30	12:40	800m	U15B
12:35	12:45	800m	U13G
12:45	12:55	800m	U13B
12:50	13:00	800m	U11G
13:00	13:10	800m	U11B
13:10	13:20	100m	U15G
13:20	13:30	100m	U15B
13:25	13:35	100m	U13G
13:40	13:50	100m	U13B
13:50	14:00	75m	U11G
14:05	14:15	75m	U11B
14:35	14:45	300m	U15G
14:40	14:50	300m	U15B
14:45	14:55	1500m	U13G/B
14:55	15:05	1500m	U15G/B
15:05	15:15	200m	U15G
15:15	15:25	200m	U15B
15:20	15:30	200m	U13G
15:30	15:40	200m	U13B
15:40	15:50	150m	U11G
15:55	16:05	150m	U11B
16:10	16:20	4 x 100m Relay	U15B U13B U11B U11G U13G U15G

To event	Event Time	Event	Age Group
10:30	11:00	Long Jump	U11G & U11B
10:50	11:10	Hammer	U15G & U15B
11:10	11:40	High Jump	U13G, U13B, U15G & U15B
11:15	12:00	Pole Vault	U13G, U13B, U15G & U15B
11:40	12:00	Discus	U13G, U13B, U15G & U15B
12:15	12:45	Long Jump	U13G
13:00	13:20	Shot Put	U15G & U15B
13:00	13:20	Javelin	U11G & U11B
14:00	14:30	Long Jump	U13B, U15G & U15B
14:10	14:30	Shot Put	U11G & U11B
14:40	15:00	Javelin	U13G, U13B, U15G & U15B
15:25	15:45	Shot Put	U13G & U13B
15:40	16:00	Triple Jump	U15G & U15B

**3 trials each in all field events except vertical jumps**

**REPORT TO TRACK EVENTS:  
10 minutes before start time**

**REPORT TO FIELD EVENTS:  
At the 'To Event' time**

**LIVE EVENT RESULTS / CANLYNIADAU BYW  
SCAN QR CODE**

