



Welsh Athletics & Welsh Schools Combined Events Championships 2023



WELSH ATHLETICS
ATHLETAU CYMRU

COACHES	COACHES All coaches who wish to have free entry and access to the warm up area must sign in and produce their coaching licence on arrival to the stadium.
REGISTRATION	REGISTRATION will be situated on the far left of the mezzanine and will open between 9:15 & 9:45.
PHOTOGRAPHY/FILMING	Anyone who wishes to take pictures will need to register their equipment at the REGISTRATION DESK; Anyone who does film and has not acquired approval will be asked to hand over their recording equipment, this also applies to mobile phones, I pods, tablet.
ANTI-DOPING	All entrants shall be deemed to have made him/herself familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the [date of entry], whether or not the entrant is a citizen of, or resident in, the UK. [UKA website link]
SELECTION POLICY	The SELECTION POLICY can be found on our website. A reminder to all athletes who wish to be considered for selection for the Combined Events International in Cardiff on Saturday December 2nd Only athletes who compete at the Joint Combined Events at NIAC on November 5th will be considered for selection. The first two Year 11/12s and the first two Year 9/10s are guaranteed a place (subject to the selection policy and their eligibility to represent WSAA, ie in education at a school or college in Wales), the other 2 places in each of the teams to be confirmed by the selection panel (same eligibility rule applies)."
PARKING	Multiple parking areas are available on site and require PAY & DISPLAY.
HEALTH AND SAFETY	Both WA & NIAC have taken our risk assessments and hold appropriate insurance for the event. First Aiders will be present on site. WA holds no responsibility for loss/damage of personal property
NUMBERS	All competitors MUST wear 2 numbers (as issued),
WARM UP	Warm up starts at 10:00 and takes place in the designated warm up area on the 120m straight track or at the field event site. FIELD Athletes will be allowed warm up attempts prior to the event. Athletes are not permitted to bring personal music equipment or mobile telephones into the WARM UP or COMPETITION area.
TIMETABLE	A timetable will be attached. After the first event the timetable will be rolling based on a 30min break in between each event. The Meeting Manager and Referees reserve the right to make any alterations in the programme that may be deemed necessary.
IMPLEMENT CHECKS	Personal field equipment must be checked by the Technical Manager at least 60 minutes before the event.
CLOTHING	In all events, competitors must wear at least vest and shorts (or equivalent clothing) which are clean and designed and worn as not to be objectionable, even when wet. Competitors must wear the vest of their first claim affiliated Club, or School. (UKA Rule 17), attention is drawn to UKA rule 16 on advertising and sponsorship which will be enforced.
TRIALS	All athletes competing in horizontal jumps and shot put will have 3 trials only. There will be no progression to a further 3 trials for the top eight placed athletes.
INFORMATION DESK	Registration will act as an information desk. No coach, athlete, parent will be allowed into the results room. Photography forms and coaching wrist bands will be distributed from registration.
The Meeting Manager and Referee's decision is final	