

Summer of Fun: Athletics Summer Camps and Activity 2021:

Wk. No.	Week:	Days:	Location:	Further Detail:	Links, further information and booking:
1	19 th July – 25 th July	Thursday 22 nd and Friday 23 rd July	Gwynedd	Athletics Camp 6-11 years old (10am – 3pm)	Location: Treborth Athletics Track Email: barry.edwards@welshathletics.org
1	19 th July – 25 th July	Monday 19 th – Thursday 22 nd July	Anglesey	Athletics and Sports Camps Locations (various) 5-11 years old (10am – 3pm)	Monday 19th: Plas Arther Leisure Centre Tuesday 20th: Amlwch Leisure Centre Wednesday 21st: David Hughes Leisure Centre Thursday 22nd: Holyhead Leisure Centre More info visit: @Mon_Actif
2	26 th July – 1 st August	Thursday 29 th , Friday 30 th & Saturday 31 st July	Cardiff	Cardiff Summer of Smiles Athletics Taster Sessions, 10-12.30, 1.30-4pm & 5-7.30pm	Delivered by Cardiff Athletic Academy Free open access (although booking required) More info: Summer of Smiles
2	26 th July – 1 st August	Monday 26 th – Thursday 29 th July	Swansea	Startrack Athletics Summer Camp (10am – 3pm)	Location: Swansea University Athletics Track. Delivered by Sport Swansea / Swansea University More info and to book: Swansea Startrack
2	26 th July – 1 st August	Monday 26 th – Friday 30 th July	Vale of Glamorgan	Little Lions Athletics Camp 5-11 years old (10 - 3pm)	Location: St Cyres Comprehensive School, delivered by Little Lions Athletics More info and to book: 5-8 years 9-11 years
2	26 th July – 1 st August	Tuesday 27 th & Wednesday 28 th July	Gwynedd	Athletics Camp 6-11 years old (10am – 3pm)	Treborth Athletics Track Email: barry.edwards@welshathletics.org
2	26 th July – 1 st August	Wednesday 28 th July	Cardiff	Run, Jump, Throw 7-12 years old (2 – 4pm)	Location: Grange Pavillion Delivered by Cardiff Athletic Academy Free open access (although booking required) More info: Summer of Smiles
3	2 nd August – 8 th August	Monday 2 nd - Friday 6 th August	Cardiff	Dragon Camps – Athletics (Various times available)	Location: National Indoor Athletics Centre (Cyncoed). Delivered by Cardiff Metropolitan University More info and to book: Dragon Camps

3	2 nd August – 8 th August	Wednesday 4 th August	Cardiff	Run, Jump, Throw 7-12 years old (2 – 4pm)	Location: Grange Pavillion Delivered by Cardiff Athletic Academy Free open access (although booking required) More info: Summer of Smiles
3	2 nd August – 8 th August	Saturday 7 th August	Cardiff	Cardiff Summer of Smiles Athletics Taster sessions, 10-12.30, 1.30-4pm & 5-7.30pm.	Delivered by Little Lions Athletics Free open access (although booking required) More info: Summer of Smiles
3	2 nd August – 8 th August	Thursday 5 th & Friday 6 th August	Gwynedd	Athletics Camp 6-11 years old (10am – 3pm)	Treborth Athletics Track Email: barry.edwards@welshathletics.org
3	2 nd August – 8 th August	Monday 2 nd – Friday 6 th August	Cardiff	Cardiff Athletics Camp 7-12 year olds (10-3pm)	Location: Cardiff International Sports Campus (Leckwith) <u>Under 9s (7 & 8 year olds)</u> <u>Under 11s (9 & 10 year olds)</u> <u>Under 13s (11 & 12 years old)</u>
Week 2					
4	9 th August – 15 th August	Monday 9 th – Friday 13 th August	Cardiff	Cardiff Athletics Camp 7-12 year olds (10-3pm)	Location: Cardiff International Sports Campus (Leckwith) <u>Under 9's (7 & 8 years old)</u> <u>Under 11s (9 & 10 years old)</u> <u>Under 13s (11 & 12 years old)</u>
4	9 th August – 15 th August	Tuesday 10 th & Wednesday 11 th	Tonypandy, RCT	Starting Blocs 4- 6 year olds (10-12pm) 7-9 year olds (1-3pm)	Location: King George V Athletics Track, Tonypandy Delivered by Sport RCT & Welsh Athletics <u>4-6 year olds</u> <u>7-9 year olds</u>
4	9 th August – 15 th August	Monday 9 th – Thursday 12 th August	Anglesey	Athletics and Sports Camps Locations (various) 5-11 years old (10am – 3pm)	Monday 9th: Plas Arther Leisure Centre Tuesday 10th: Amlwch Leisure Centre Wednesday 11th: David Hughes Leisure Centre Thursday 12th: Holyhead Leisure Centre More info visit: @Mon_Actif
4	9 th August – 15 th August	Monday 9 th – Thursday 12 th August	Swansea	Startrack Athletics Summer Camp	Location: Swansea University Athletics Track. Delivered by Sport Swansea / Swansea University More info and to book: Swansea Startrack
4	9 th August – 15 th August	Wednesday 11 th August	Cardiff	Run, Jump, Throw 7-12 years old (2 – 4pm)	Location: Grange Pavillion Delivered by Cardiff Athletic Academy Free open access (although booking required) More info: Summer of Smiles
4	9 th August – 15 th August	Monday 9 th – Friday 13 th August	Bridgend	Athletics Camp Bridgend 7-11 year olds (10-3pm)	Location: Bridgend Athletics Track, Newbridge Fields Delivered by Bridgend AC & Welsh Athletics <u>7-11 year olds</u>

4	9 th August – 15 th August	Friday 13 th August	Newtown, Powys	Athletics Camp 7-11 year olds (10-3pm)	Location: Newtown Leisure Centre (Track) Delivered by Maldwyn Harriers, Welsh Athletics & Powys Sport Development <u>7-11 year olds</u>
5	16 th August – 22 nd August	Monday 16 th – Friday 20 th August	Cardiff	Cardiff Athletics Camp 7-12 year olds (10-3pm)	Location: Cardiff International Sports Campus (Leckwith) <u>Under 9's (7 & 8 years old)</u> <u>Under 11s (9 & 10 years old)</u> <u>Under 13s (11 & 12 years old)</u>
5	16 th August – 22 nd August	Tuesday 17 th & Wednesday 18 th August	Beddau, RCT	Starting Blocs 4- 6 year olds (10-12pm) 7-9 year olds (1-3pm)	Location: Bryn Celynnog Comprehensive School Athletics Track Delivered by Sport RCT & Welsh Athletics <u>4-6 year olds</u> <u>7-9year olds</u>
5	16 th August – 22 nd August	Wednesday 18 th August	Cardiff	Run, Jump, Throw 7-12 years old (2 – 4pm)	Location: Grange Pavillion Delivered by Cardiff Athletic Academy Free open access (although booking required) More info: Summer of 5miles
5	16 th August – 22 nd August	Monday 16 th – Thursday 19 th August	Anglesey	Athletics and Sports Camps Locations (various) 5-11 years old (10am – 3pm)	Monday 16th: Plas Arther Leisure Centre Tuesday 17th: Amlwch Leisure Centre Wednesday 18th: David Hughes Leisure Centre Thursday 19th: Holyhead Leisure Centre More info visit: @Mon_Actif
5	16 th August – 22 nd August	Wednesday 18 th August	Wrexham	Athletics Camp 7-11 year olds (10-3pm)	Location: Queensway Stadium Delivered by Wrexham AC <u>7-11 year olds</u>
6	23 rd Aug – 29 th Aug	Monday 23 rd – Friday 27 th August	Cardiff	Cardiff Athletics Camp 7-12 year olds (10-3pm)	Location: Cardiff International Sports Campus (Leckwith) <u>Under 9's (7 & 8 years old)</u> <u>Under 11s (9 & 10 years old)</u> <u>Under 13s (11 & 12 years old)</u>
6	23 rd Aug – 29 th Aug	Monday 23 rd – Friday 27 th August	Cardiff	Dragon Camps – Athletics (Various times available)	Delivered by Cardiff Metropolitan University More info and to book: Dragon Camps
6	23 rd Aug – 29 th Aug	Monday 23 rd August	Treborth, Bangor	Athletics Camp 7-11 year olds (10-3pm)	Location: Treborth Athletics Track Delivered by Menai Track & Field <u>7-11 year olds</u>
6	23 rd Aug – 29 th Aug	Tuesday 24 th August	Plas Arthur Leisure	Athletics Camp 7-11 year olds (10-3pm)	Location: Treborth Athletics Track Delivered by Ynys Mon Island Games Association <u>7-11 year olds</u>

			Centre, Anglesey		
6	23rd Aug – 29th Aug	Tuesday 24th & Wednesday 25th August	Aberdare, RCT	Starting Blocs 4- 6 year olds (10-12pm) 7-9 year olds (1-3pm)	Location: King George V Athletics Track, Tonypanyd Delivered by Sport RCT & Welsh Athletics <u>4-6 year olds</u> <u>7-9 year olds</u>

For further information including; how to get involved, coaching, officiating and volunteering opportunities, where to find your nearest club and all things athletics, please visit the [Welsh Athletics website](#).

For further information on [Starting Blocs](#) the exciting new initiative powered by Welsh Athletics [click here...](#)

Interested in running why not visit the [Run Wales](#) website to discover the various opportunities to get involved in the nations favourite form of physical activity – [Run Wales](#)

To keep up to date on all things athletics just follow us on the socials: [Facebook](#), [Twitter](#), [Instagram](#) or why not check out the Welsh Athletics [You Tube Channel..?](#)

#BackOnTrack