



<b>TRACK EVENTS</b>					
<b>Saturday 11th June 2022</b>					
Event No	Reg Close	Time	Age Group	Event	Round
T01-1	10:00 AM	11:30 AM	Senior Men	400m Hurdles	Straight Final
T02-1	10:15 AM	11:45 AM	Senior Women	400m Hurdles	Straight Final
T03-1	10:30 AM	12:00 PM	U15 Boys	800m	Heats
T04-1	10:40 AM	12:10 PM	U15 Girls	800m	Heats
T05-1	10:50 AM	12:20 PM	Senior Women	800m	Heats
T06-1	11:00 AM	12:30 PM	Senior Men	800m	Heats
T07-1	11:15 AM	12:45 PM	U15 Girls	200m	Heats
T08-1	11:35 AM	1:05 PM	U15 Boys	200m	Heats
T09-1	11:45 AM	1:15 PM	Senior Women	200m	Heats
T10-1	12:00 PM	1:30 PM	Senior Men	200m	Heats
T11-1	12:25 PM	1:55 PM	Senior Women	100m Hurdles	Heats
T12-1	12:45 PM	2:15 PM	Senior Men	110m Hurdles	Straight Final
T13-1	1:00 PM	2:30 PM	U15 Boys	80m Hurdles	Straight Final
T14-1	1:15 PM	2:45 PM	U15 Girls	75m Hurdles	Straight Final
T11-2		3:00 PM	Senior Women	100m Hdl	Final
T07-2		3:20 PM	U15 Girls	200m	Final
T08-2		3:25 PM	U15 Boys	200m	Final
T09-2		3:30 PM	Senior Women	200m	Final
T10-2-1		3:35 PM	Senior Men	200m	B Final
T10-2-2		3:40 PM	Senior Men	200m	A Final
T03-2		4:00 PM	U15 Boys	800m	Final
T04-2		4:05 PM	U15 Girls	800m	Final
T05-2		4:10 PM	Senior Women	800m	Final
T06-2		4:15 PM	Senior Men	800m	Final

<b>FIELD EVENTS</b>				
<b>Saturday 11th June 2022</b>				
Event No	Reg Close	Time	Age Group	Event
F01	10:15 AM	11:45 AM	U15 Boys	Pole Vault
F02	10:30 AM	12:00 PM	U15 Girls	Hammer
F03	10:30 AM	12:00 PM	U15 Boys	Hammer
F04	10:30 AM	12:00 PM	U15 Girls	High Jump
F05	10:30 AM	12:00 PM	U15 Boys	Shot Put
F06	11:45 AM	1:15 PM	Senior Men	Triple Jump
F07	11:45 AM	1:15 PM	Senior Women	Triple Jump
F08	11:50 AM	1:20 PM	Senior Men	Discus
F09	1:00 PM	1:40 PM	Senior Women	Javelin
F10	1:00 PM	1:40 PM	U15 Girls	Javelin
F11	1:00 PM	2:30 PM	Senior Men	Pole Vault
F12	1:45 PM	3:15 PM	U15 Girls	Long Jump
F13	1:00 PM	3:00 PM	U15 Boys	Discus
F14	1:30 PM	3:00 PM	Senior Women	High Jump
F15	12:10 PM	3:30 PM	Senior Men	Shot Put

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# FINAL TIMETABLE

Welsh Athletics Athletau Cymru  
Senior & U15  
Track & Field Championships 2022  
Cardiff International Sports Campus



WELSH ATHLETICS  
ATHLETAU CYMRU

Sunday 12th June 2022					
Event No	Reg Close	Time	Age Group	Event	Round
T15-1	9:30 AM	11:00 AM	Senior Men & Women	10K Walk	Straight Final
T16-1	10:30 AM	12:00 PM	Senior Women	400m	Heats
T17-1	10:40 AM	12:10 PM	Senior Men	400m	Heats
T18-1	11:00 AM	12:30 PM	Senior Men	1500m	heats
T19-1	11:15 AM	12:45 PM	U15 Boys	1500m	Heats
T20-1	11:30 AM	1:00 PM	U15 Girls	1500m	Heats
T21-1	11:45 AM	1:15 PM	U15 Boys	300m	Heats
T22-1	11:55 AM	1:25 PM	U15 Girls	300m	Heats
T23-1	12:10 PM	1:40 PM	U15 Girls	100m	Heats
T24-1	12:30 PM	2:00 PM	U15 Boys	100m	Heats
T25-1	12:45 PM	2:15 PM	Senior Men	100m	Heats
T26-1	1:20 PM	2:50 PM	Senior Women	100m	Heats
T21-2		3:20 PM	U15 Girls	300m	Final
T22-2		3:25 PM	U15 Girls	300m	Final
T16-2		3:30 PM	Senior Women	400m	Final
T17-2		3:35 PM	Senior Men	400m	Final
T19-2		3:40 PM	U15 Boys	1500m	Final
T20-2		3:50 PM	U15 Girls	1500m	Final
T27-1	2:30 PM	4:00 PM	Senior Women	1500m	Straight Final
T18-2	2:40 PM	4:10 PM	Senior Men	1500m	Final
T28-1	2:50 PM	4:20 PM	U15 Girls	3000m	Straight Final
T29-1	3:05 PM	4:35 PM	U15 Boys	3000m	Straight Final
T23-2		4:45 PM	U15 Girls	100m	Final
T24-2		4:50 PM	U15 Boys	100m	Final
T30-1		4:55 PM	DSW Para	100m	Final
T25-2-1		5:00 PM	Senior Men	100m	B Final
T26-2-1		5:05 PM	Senior Women	100m	B Final
T26-2-2		5:10 PM	Senior Women	100m	A Final
T25-2-2		5:15 PM	Senior Men	100m	A Final

Sunday 12th June 2022				
Event No	Reg Close	Time	Age Group	Event
F16	10:00 AM	11:30 AM	Senior Women	Hammer
F17	10:00 AM	11:30 AM	Senior Men	Hammer
F18	10:00 AM	11:30 AM	U15 Boys	High Jump
F19	10:00 AM	11:30 AM	U15 Girls	Pole Vault
F20	10:00 AM	11:30 AM	Senior Women	Long Jump
F21	11:30 AM	1:00 PM	Senior Men	Javelin
F22	11:30 AM	1:00 PM	U15 Boys	Javelin
F23	11:55 AM	1:25 PM	U15B & U15G	Triple Jump
F24	12:00 PM	1:30 PM	U15 Girls	Shot Put
F25	12:15 PM	1:45 PM	Senior Women	Pole Vault
F26	12:25 PM	1:55 PM	Senior Women	Discus
F27	1:20 PM	2:50 PM	Senior Men	Long Jump
F28	1:45 PM	3:15 PM	Senior Men	High Jump
F29	1:55 PM	3:25 PM	Senior Women	Shot Put
F30	2:00 PM	3:30 PM	U15 Girls	Discus
F31	2:45 PM	4:15 PM	U15 Boys	Long Jump

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