

The first of the Welsh Schools' national track and field championships – for boys only – was held in June 1947, at Taff Vale Park in Pontypridd and, with the exception of 1984, they had been held each year up until 2019, which was the 72<sup>nd</sup> staging.

Because of the current coronavirus pandemic regulations, both the 2020 and 2021 'nationals' have been cancelled.

To give pupils, parents, teachers and volunteers a flavour of how things 'used to be', we provide an outline of what happened at the event 40 years ago – in 1981. This builds on the report on the 1981 National cross-country championships, which appeared in March of this year (<https://www.welshathletics.org/en/blog/post/1981-welsh-schools-national-cross-country-championships>) and of last year's report on the national track & field championship 50 years ago in 1970 (<https://www.welshathletics.org/en/blog/post/the-welsh-schools-national-track-field-championships-50-years-ago>).

### **The Date – not the first weekend in July**

Many of us associate the date of these 'national' championships with the first weekend in July but, for many years, they were held on the second weekend in July.

In 1981, the event was held, unusually, at the end of June - on Saturday, June 27<sup>th</sup>.

The reason for the change of weekend was that the British Schools' international was due to be staged in Dublin on July 4<sup>th</sup>.

### **The Competing Teams**

From the first 'nationals' in 1947 to summer 1973, competition was based on teams from the twelve affiliated counties. **These were:**

**Anglesey, Brecon & Radnor, Caernarvon, Cardigan, Carmarthen, Denbigh, Flintshire, Glamorgan, Merioneth, Monmouth, Montgomery and Pembrokeshire.**

In April, 1974, there was re-organisation of the local authorities in Wales.

The old twelve counties were replaced by eight 'new' ones. A number of the new units were created by amalgamating some of the old counties while 'Glamorgan' was split into three parts.

The eight counties competing in 1981 were:

Number	County name	Amalgamation	County colours
1	Clwyd	Denbighshire & Flintshire	Orange vest, white shorts
2	Dyfed	Carmarthen, Cardigan & Pembroke	Navy vest with white & red diagonal, navy shorts
3	Gwent		Yellow vest, blue shorts
4	Gwynedd	Anglesey, Caernarvon & Merioneth	Green vest with white trim, green shorts
5	Mid Glamorgan		White vest with maroon trim, maroon shorts
6	Powys	Brecon, Radnor & Montgomery	Red vest, red shorts
7	South Glamorgan		Royal vest with white & red hoops, red shorts
8	West Glamorgan		Red & white vest, black shorts

**[A listing of County team managers and captains is included in the Appendices at the end of this report. One of the managers listed is still active in the association. Well done to Dai Williams (South Glamorgan), who is a past Chairman and the current Treasurer of Welsh School.]**

### **The Venue – Penlan in Brecon**

Since 2001, the 'nationals' have been held either in Cardiff or at Penlan in Brecon.

Prior to that year, the venue rotated around Wales, with a different county (district from 1996) acting as the 'host'.

Up to the 30<sup>th</sup> 'event' at the Sketty Lane track in Swansea in 1976, the nationals had been held either on grass or on a cinder track with no more than six lanes, which meant that pupils in events up to 440 yards (400 metres from 1969) had to run heats and finals in the sprints, hurdles and relays.

By 1977, Cwmbran had been converted to 8 lanes and the event was held there and in 1979 and 1980, with different counties being 'the host'. In 1978, the event 'rotated' to Eirias Park in Colwyn Bay, which was also an 8-lane facility. For that four-year period, nearly all track events were held as straight finals, which helped reduce the time required to stage the meeting.

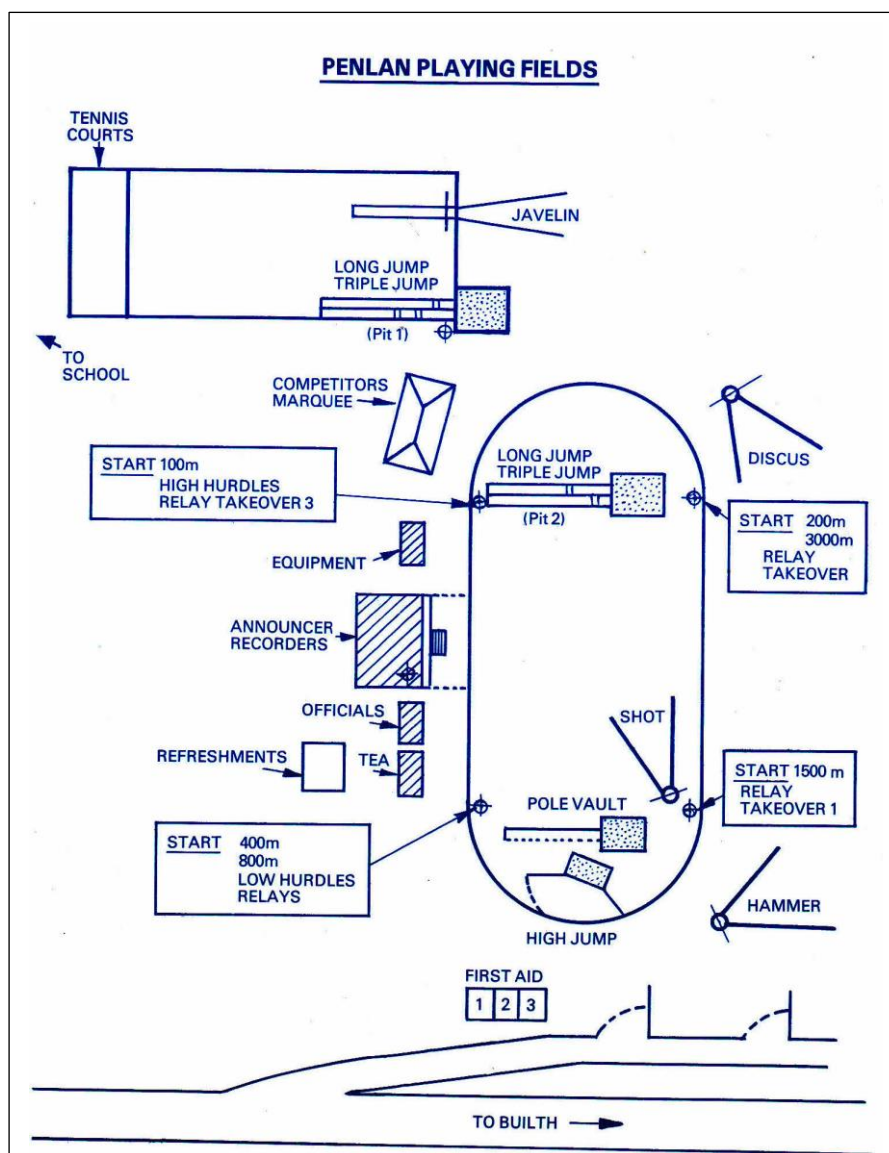
Although Powys had not competed at the 34<sup>th</sup> 'nationals' at Cwmbran in 1980, the county did accept responsibility for hosting in 1981. The organising committee opted to hold the event on home soil at the six-lane facility at the Penlan playing fields at Brecon, in the grounds of Brecon High School – one of the most picturesque school venues in Wales.

The 'hosting process', which usually only occurred every eight years, involved (1) booking the venue, (2) liaising with the national Championship Secretary, (3) arranging accommodation for the pupils from any county that needed it, (4) recruiting as many local members of staff to help as officials on the day and (5) if possible, raising financial help and seeking adverts for the national programme.

Anyone visiting the site in the last twenty years will have a memory of its current layout.

There is an all-weather, eight lane track with field events sited on the infield. Up until the recent re-build of the high school, there was also an external cage and throwing area for hammer and discus (albeit downhill!) but that has now been lost.

This was the layout, which appeared in the 1981 national programme:



All four jumps were accommodated on the infield of the six-lane track, but the three long throws were held in the outfield. **Note the distance between the javelin area (at the top, off the red grass area) and the high jump!** [The old hammer circle still exists, and the sector was slightly uphill.]

### **Sponsorship**

The association has been hugely fortunate to have received financial backing/sponsorship from a number of major companies/organisations.

From 1974 to 1979, Esso were the sponsors under the 'Esso Youth Sport' branding.

In 1980, the National Dairy Council became the sponsors under their 'Milk in Action' banner – a partnership that lasted until 1991.

TSB Bank were major backers of all four national schools association in 1992, a relationship which ended in 1997, and was badly missed.

The financial situation was very tight in the early 'noughties' but there was some short-term support from Peter Mason through PDM Properties limited, from the Ron Pickering Memorial Fund, from the energy company SWALEC and from UK Athletics.

The last major company sponsorship was from the insurance company Aviva from 2009 to 2012, a deal which was brokered by UK Athletics and which covered the other national schools associations and SIAB Schools.

With the formation of Run for Wales Limited, there was significant financial support for Welsh Schools from 2014 to 2019, but that has now ended.

Mention must also be made of the long-running, single event backing of the teaching union NASUWT Cymru.

That most welcome financial support for arguably the biggest grass roots track and field competition in Wales – the Welsh Schools Cup and Plate competition – first started in 2000, and, after the cancellation of the event in 2020 and 2021 because of the coronavirus pandemic, we very much hope that it will continue when (hopefully) the competition can be held again in 2022.

Since 2019, Welsh Athletics has accepted responsibility for the funding of Welsh Schools but the details of that financial relationship have still to be finalised.

### **For the 1981 nationals, the National Dairy Council were in the second year of their backing.**

An indication of the impact can be found in the 'Awards' section of this report, and the group's approach to its sponsorship can be found in the address of its Chairman, JW Hodges, in the event programme.

Mr Hodges included this statement in his address:

*'My Council will continue to assist Schools Athletics at every level in 1981 from the School Sports Day right through to the National Championships and provide facilities which will ensure that our young athletes have every opportunity to develop their abilities.'*

**[The full address can be found in the Appendices at the end of this report.]**

### **The Age Groups**

The competition was held under the rules of the Amateur Athletic Association and of the Women's Amateur Athletic Association, with a small number of Welsh Schools' rules.

Age groups were based at midnight on August 31<sup>st</sup>/September 1<sup>st</sup> at the end of that summer season.

Seniors were over 17 and under 20 – usually years 12 and 13 (or sixth formers)

Middles were over 15 and under 17 – usually years 10 and 11 (or forms 4 and 5)

Juniors were under 15, which covered years 7 to 9 (or forms 1, 2 and 3), although it would be unusual for a year 7 pupil to be selected.

### The Events Contested

In the eleven years from 1970 to 1981, there had been a catching up process in terms of events for girls.

These were the events contested in 1981. Changes (from 1970) are in bold.

#### Senior Boys:

100m, 200m, 400m, 800m, 1500m, **3000m (reduced from 5000m)**, 110m Hurdles, 400m Hurdles, 2000m steeplechase, 4 x 100m relay, High Jump, Pole Vault, Long Jump, Triple Jump, Shot, Discus, Hammer, Javelin (**18 events**)

#### Middle Boys:

100m, 200m, 400m, 800m, 1500m, **3000m (additional event)**, 100m Hurdles, 400m Hurdles, **1500m steeplechase (change of distance from 1000m)**, 4 x 100m relay, High Jump, Pole Vault, Long Jump, Triple Jump, Shot, Discus, Hammer, Javelin (**18 events**)

#### Junior Boys:

100m, 200m, 400m, 800m, **1500m (additional event)**, 80m Hurdles, 4 x 100m relay, High Jump, Pole Vault, Long Jump, Triple Jump (no limitation on length of run-up), Shot, Discus, Hammer, Javelin (**15 events**)

#### Senior Girls:

100m, 200m, **400m (new event)**, 800m, **1500m (new event)**, **3000m (new event)**, 100m Hurdles, **400m Hurdles (new event)**, 4 x 100m relay, High Jump, Long Jump, Shot, Discus, Javelin (**14 events**)

#### Middle Girls:

100m, 200m, **400m (new event)**, 800m, **1500m (new event)**, **3000m (new event)**, 80m Hurdles, **400m Hurdles (new event)**, 4 x 100m relay, High Jump, Long Jump, Shot, Discus, Javelin (**14 events**)

#### Junior Girls:

100m, **200m (distance increased from 150m)**, 800m, **1500m (new event)**, 75m Hurdles, 4 x 100m relay, High Jump, Long Jump, Shot, Discus, Javelin (**11 events**)

Only 'the walk' is missing from all six sections while the girls still do not yet have three field events - pole vault, triple jump and hammer plus the steeplechase for seniors and middles and the 300 metres for the juniors.

### Additional Entries

Counties had been limited to one entry per individual event since the first nationals in 1947.

With the first schools' international having been held in 1959 against Scotland and the development of the British Schools (BSIAB) international in the sixties, there was a growing feeling that the association wanted to field its strongest team.

Some counties had more than one talented individual in an event – effectively two pupils good enough to be selected for the BSIAB international – but there was no procedure for that second individual to show their quality.

At the Welsh Schools' Annual General Meeting in November 1978, the association considered and accepted a proposal from South Glamorgan County:

*'Each county shall have the right to enter one competitor in each event in the middle age group (at the national track & field championships).'*

*Where a county has more than one outstanding athlete in an individual event, the county shall be allowed to enter a second competitor provided that both competitors have achieved in a recognised meeting the qualifying standard set by the association.*

**The Additional Entry system 'was born',** and was first applied at the 1979 nationals at Cwmbran (hosted by Gwent).

There were other conditions tabled. The maximum number of pupils in a county team was limited to 80, and, where a county had two pupils competing in a middle age group event, only the higher placed of the pupils would score points in the team competitions.

Adding an extra pupil to a field event was not a major problem.

On an 8-lane track, adding an extra pupil to an endurance event is not a problem but, in events run in lanes, there was the risk of heats and a final being held.

Thankfully, both in 1979 and 1980, there was only one-track event in which that happened – the middle girls 80 metres hurdles.

For the 1981 'nationals, counties nominated additional entries in the following middle events:

#### **Middle Boys**

<b>Event</b>	<b>County</b>	<b>Athlete 1</b>		<b>Athlete 2</b>	
100 metres	Clwyd	H Chisimba - <b>dnc</b>	Rydal S	Mark Blaze	Darland HS
3000 metres	Mid Glamorgan	Lee Williams – <b>dnc</b>	Ferndale CS	Phil Kibble	Lewis Boys' S
High Jump	South Glamorgan	Derek McIver	Barry Boys' CS	David Francis	Lady Mary RCHS
Pole Vault	Dyfed	Clive Fairburn	Tregib CS	Alun Tyrrell	Tregib CS
Hammer	Dyfed	John Owen	Narbeth CS	Alan Roberts	Tregib CS
Hammer	Clwyd	Rowland Roberts	Ruthin S	Martin Cliffe	Ysgol Emrys ap Iwan
Javelin	South Glamorgan	James Jackson	Stanwell	Paul Walsh	Cardiff HS
Javelin	Dyfed	Tim Pawlett	Tasker Millward CS	Gerald McWilliam	Amman Valley CS

#### **Middle Girls**

<b>Event</b>	<b>County</b>	<b>Athlete 1</b>		<b>Athlete 2</b>	
100 metres	Clwyd	Dawn Oliver – <b>dnc</b>	Ysgol Emrys ap Iwan	Debbie Reynolds	Hawarden HS
400 metres	Dyfed	Rhian Owen	Pembroke CS	Michelle Cook	Coedcae CS
3000 metres	Mid Glamorgan	Bethan Williams	Brynteg CS	Ceri Hopkins	Ynysawdre CS
80 metres Hurdles	Gwent	Sandra Oakley	Hartridge HS	Sarah Collins	Chepstow CS
Long Jump	Dyfed	Julia Charlton	Sir Thomas Picton CS	Philippa Teal	Ysgol Gruffudd Jones

The pupils listed with 'dnc' after their name did not compete on the day

**[The details of the middle Additional Entry scheme are included in the Appendices at the end of this report.]**

#### **The Event Programme**

The national track and field programmes, which have been produced since the first event in 1947, are a treasure trove of information.

They were produced by 'volunteers', with the aid of professional printers, and were on sale at a very reasonable cost.

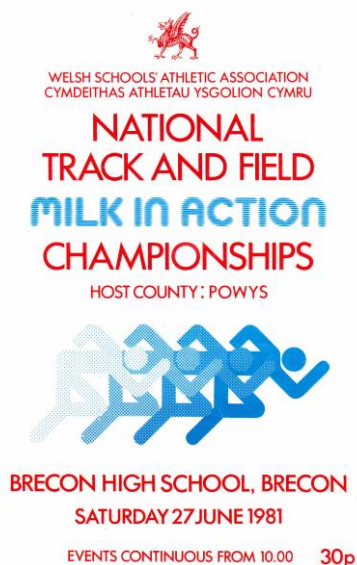
The contents include not only details of the pupils competing – their name, school and county number plus, for track events, their heat and lane order – but essential information about the timetable, championship best performances, details of the current Welsh Schools' officers, the officials and county team captains and team managers plus information for athletes.

With the start of the National Dairy Council sponsorship in 1980, the individual age group and overall team competitions were introduced, and there are details of the county recipients of those trophies plus the individuals who received the special awards.

Producing that 'national programme' in those days before the arrival of computers was a huge and demanding part of the role of the Championships Secretary,

From 1968 to 1980, that post was filled by north Walian Charlie Hughes, an incredible character, but Charlie had changed posts to become the association's treasurer and his replacement was Allan Caughter, from that same area of Clwyd. Allan was an excellent replacement.

His first programme was a 48-page document, which cost 30 pence. The front cover was based on text and graphics – photographs were not used until 2009! The entries were split into separate track and field sections, and there was a 'Pinta Power' advert on the back cover.



The programme included a (very tight) timetable which started at 10 am and listed pupils in 84 track events and 39 field events – all in individual age group competitions. There was no combining two or more age groups in an event! It was due to finish at 6.40 pm on the track.

For track events up to and including 400 metres (and relays), the heats were pre-drawn and with a planned lane order.

For endurance and field events, pupils were listed in county order from 1 to 8, except in middle age group competitions with additional events. There was no unique numbering of pupils across all the events at that stage.

The inclusion of a 'Chairman's Address' at the front of the programme had started in the mid-70s and it is continued by Chairman Terry Lews in this year's document.

**A full copy of that address, the meeting timetable and the event records/championship bests can be found in the Appendices at the end of this report.**

### **The Awards – No Medals!**

Certificates were available for three 'groups of pupils'.

- (i) The Dairy Council presented a 'National Championship' certificate to every pupil who took part.
- (ii) A system of standards still operated. Any pupil achieving the standard was eligible for the Association's Standard Certificate, which was available in Welsh or English.  
Details of the standard performance (in all events except the 100 metres) are listed in the results, plus the pupil(s) who achieved that mark.  
[A copy of the standards and the number of pupils gaining them is also included in an appendix at the end of this report.]
- (iii) Each winner of an event received the National Championship certificate recording his/her performance. (These were also available in Welsh or English.)

The target was to have these ready immediately after the last relay at the end of the day.

In addition to the certificates, there were now four special awards for individuals and seven team trophies.

**In 1980, these had been awarded to:**

**The Guto Nyth Bran Cup:** awarded to the boy achieving the best performance in a field event  
Presented to Mark Hewer (St Cenydd HS, Caerphilly, Mid Glamorgan)

**The Welsh Academicals Cup:** awarded to the boy achieving the best performance in a track event  
Presented to Nicholas Morgan (Bishop of Llandaff High School, Cardiff, South Glamorgan)

**Major CR Tucker Cup:** awarded to the girl achieving the best performance in a field event  
Presented to Julia Charlton (Tasker Milward CS, Pembrokeshire, Dyfed)  
**JDB Williams Memorial Cup:** awarded to the girl achieving the best performance in a track event  
Presented to Dawn Oliver (Ysgol Emrys ap Iwan, Clwyd)

**The seven National Dairy Council trophies were presented to these counties in 1980:**

<b>Senior Girls Trophy</b> (presented by Unigate Limited)	Dyfed
<b>Middle Girls Trophy</b> (presented by the Co-operative Wholesale Society)	Joint South & West Glamorgan
<b>Junior Girls Trophy</b> (presented by Unigate Limited)	Clwyd
<b>Senior Boys Trophy</b> (presented by Unigate Limited)	South Glamorgan
<b>Middle Boys Trophy</b> (presented Farmers & Dairymen Mutual Limited)	Dyfed
<b>Junior Boys Trophy</b> (presented by Unigate Limited)	Clwyd
<b>The Milk Marketing Board Trophy</b> (for the overall points champion)	South Glamorgan

**Points Scoring**

In the report on the 1970 national championships last year, reference was made to pupils being able to score points for their county in one of two ways:

- (a) The top six ranked pupils in each individual event or top six ranked counties in relay events were awarded points on the basis of 6 points for first down to 1 point for sixth, and
- (b) With the exception of pupils competing in the 100 metres events, each individual or team achieving the 'event standard' was awarded 2 points for their county.

With the start of the National Dairy Council sponsorship in 1980, the standards system was retained in its own right but was no longer scored in the points competition.

**In the programme, the points scoring is listed as:**

1 <sup>st</sup>	8 points	5 <sup>th</sup>	4 points
2 <sup>nd</sup>	7 points	6 <sup>th</sup>	3 points
3 <sup>rd</sup>	6 points	7 <sup>th</sup>	2 points
4 <sup>th</sup>	5 points	8 <sup>th</sup>	1 points

**Middle Section**

There was provision for middle events where there were additional entries taking part:

'In the event of a County qualifying two competitors for the Final of an event then their competitor who gains the highest placing will be awarded the points accruing to that position. The 'second' County competitor DOES NOT SCORE.'

Perhaps surprisingly, there is no mention of any points being awarded to pupils from those counties, who competed in the heats of track events up to 400 metres (including the relays) but failed to qualify for the finals.

The six finalists were eligible to the points from 8 to 3. The failure to allocate points 2 and 1 to the non-qualifiers placed pupils from those counties at a disadvantage.

**The Officials**

A copy of the listing of the officials can be found in the Appendices at the end of this report.

For many years, this fixture held a very special place in the affections of staff from all eight counties, and this is reflected in the number of officials in the programme.

There are 132 names listed with 8 referees, 23 track judges, 25 timekeepers and 52 field judges. How current officers would love to have numbers like these coming forward to officiate at the nationals!

Times were very different in those days. Yes, the AAAs and the Women's AAA operated an officials' education and qualification process but there was no UK Athletics event licence system, and there was certainly no requirement to have a specific number of 'graded' officials.

Many of the key officials were graded but the vast majority were 'experienced volunteers', individuals who perhaps had been competitors in their younger days or who had been officiating at this and other schools' competitions for many years.

The 'host county' accepted responsibility for finding as many 'official helpers' as possible, an approach often adopted by their neighbouring counties.

Because of the number of officials, it was possible to organise different 'panels' of track judges and timekeepers, so that no-one was required to officiate all day. On the field, groups of officials were allocated to one event and were not expected to rotate around different field events. This meant that officials/staff members had an opportunity to go and watch other events, and talk to and encourage pupils from their own school or county.

Mention should also be made of something which Charlie Hughes included in his final report as Championship Secretary in 1980. Referring to the National Dairy Council sponsorship, he said:

*'I hope that one innovation we introduced will continue, that is the (social) meeting the night before the National Championships of all those who worked locally and nationally, together with the officials of the meeting. I am sure that it has made our Championships weekend a social as well as a sporting highlight of school sport in Wales'.*

How right he was! Sadly, that social element was stopped some years ago.

Looking at the list of officials, there is no meeting manager, no photo finish and no results team mentioned. This was in the days before computers became available, so everything – results, certificates and team scores – had to be worked out manually and produced by recorders! There are only six listed in the programme. Did they really manage to cover all those functions?

Sadly, many of the individuals included in the officials' list have died in the intervening years, but some are still around, and contributing:

- Chief timekeepers Brian Williams and David Llewellyn were still officiating in 2019 before the Covid pandemic, and we hope that they will return to action either this year or next.
- In the track judges, Gwilym Williams is now a life member of the association. He has been Chairman twice and Joint Cup Organiser, and is still active on the Executive Committee.
- The Chief Recorder, Mrs Mona Hughes, and the Chief Relay Judge, Mr Dai Phillips, still hold posts with the association. Mona succeeded Charlie as President, and Dai is the Senior Vice President. Both are life members.
- Of the chief field judges, Graham Webb has been a wonderful servant to athletics in Wales. After years as a field judge, he has become a top-class timekeeper, and we hope to see him continue in that role in future years.

Former British and Irish Lion Roy Bergiers (South Africa in 1974) was chief judge (discus) for a number of years. This year he has written 'a message of appreciation and gratitude' at the start of Hedydd Davies's autobiography 'Hedydd Davies, Athletics, Education and Carmarthen Harriers'.

## **The Competition**

From Allan Caughter's Championship Secretary's report, we know that the weather was fine.

In his opening paragraph, Allan writes:

*'With memories of the monsoon like conditions at the 1981 National Cross-Country Championships at Builth Wells still very vivid in my mind, it was with absolute relief that the 35th National Track and Field Championship meeting should be blessed with fine weather in a most beautiful setting at Bishop's Meadow. Perhaps there is a little truth in the adage, "the sun shines on the righteous"!!'*

**[A full copy of Allan's report appears in the Appendices at the end of this report.]**

Nine individual event bests plus one relay best were broken.



What follows is an age group by age group report which highlights new event bests, outstanding pupils and, because this is now very much a team competition, a listing of the pupils who gained ten or more points for their county.

### Senior Girls

Three new championship best were set.

#### (1) Senior Girls discus – Sandra Lee (Ysgol Friars, Bangor, Gwynedd)

Year 12 Sandra Lee (Ysgol Friars, Gwynedd) continued her pattern of shot and discus doubles on her first and only appearance as a senior.

She had first competed at the 1978 championships, when she won both the shot (3.25 kg) and discus (1 kg) with new championship bests of 10.66 metres and 38.44 metres, improving the shot mark by 22 centimetres and the discus by over 7 metres..

As a first-year middle in 1979, she repeated that double success. With the heavier 4 kg shot, she recorded a best put of 10.86 metres, adding just over 50 centimetres to the previous mark while, in the discus, she took the event into new territory, breaking through the 40 metres barrier with a best of 43.48 metres, another improvement of more than 7 metres.

At Cwmbran in 1980, she made it a trio of shot and discus wins. In the discus, she had to settle for the win in 42.38 metres but in the shot she broke through the 11 metres barrier with a best put of 11.39 metres.

Here at Brecon, she recorded her fourth consecutive shot & discus double, taking the shot with a best of 11.32 metres but setting a new discus best of 44.92 metres, erasing Delyth Prothero's old mark of 38.86 metres set in 1972.

#### (2) Senior Girls javelin – Amanda Horrex (Haberdasher's Girls' S, Monmouth, Gwent)

Amanda had been competing at these nationals since 1977, when she was a pupil at St David's Convent School in Brecon and competed for the Powys junior girls 4 x 100 metres team, which finished third.

In 1978, she was 4<sup>th</sup> in the junior shot (9.58 metres) behind Sandra but won the javelin (600g) with a throw of 32.31 metres.

As a first year middle in 1979, she was again 4<sup>th</sup> in the shot (9.45 metres) behind Sandra but had to settle for second in the javelin (34.40 metres).

1980 was GCE year and she did not compete.

In 1981, she moved to Haberdasher's School for Girls in Monmouth for sixth form studies – changing county from Powys to Gwent. The focus on javelin only saw her become the first girl to break through the 40 metres barrier. Her winning throw of 40.70 metres bettered Margaret Rainbow's previous best (37.36 metres) by over 3 metres.

#### (3) Senior Girls 400 metres hurdles – Jane Buttress (Chepstow CS, Gwent)

Jane's first appearance at these championships was in 1978 as a junior girl. She competed in the 100 metres, finishing sixth in 12.9 seconds but was more successful in the 75 metres hurdles where she won in a new fastest time of 11.2 seconds, **a championship best which still stands today.**

As a first-year middle in 1979, she claimed the sprint hurdles title over 80 metres with a new event best of 11.8 seconds and also won the first track event of the day – the 400 metres hurdles, which had only been included in the programme for the first time the year before. Her winning time was 64.1 seconds, a new event best.

1980 was GCE year and, like Amanda, Jane did not compete.

At Brecon, she again contested another hurdles double winning both events – the 100 metres hurdles in 15.7 seconds and the 400 metres hurdles in a time of 64.8 seconds, which removed Emma Quaek's 66.3 seconds time from 1980.

On the track, Jennifer Webb (Ysgol Bryn Elian, Clwyd) caught the eye with a sprint double, with heat and final victories – 12.6 and 12.2 in the 100 and 25.7 and 26.2 in the longer event – and she also contributed a leg to the winning Clwyd relay team – six races in the day!

Jenny's link to the event dated back to 1976 when she finished 4<sup>th</sup> in the junior girls' 100 metres (13.3) at Swansea. In 1977, she contested both sprints at Cwmbran, finishing 2<sup>nd</sup> in the 100 (13.1) and 4<sup>th</sup> over 200 (28.1). As a first-year middle in 1978 at Colwyn Bay she won the 100 in a new event best of 12.1 seconds – erasing the 12.3 time set by two girls - Ceri Jenkins in 1974 and by Carmen Smart in 1975 and 1976 – and finished third over 200 (26.0). Although she did compete in 1979, she had to settle for second in the 100 (12.7) and third in the 200 (25.9), and she does not appear in the event entries for 1980.

The highest points scorer was year 12 (lower sixth) Janette Brown (St Teilo's) who finished second to Jenny in both the 100 and 200 but went on to win the long jump – contributing 22 points to the South Glamorgan total.

The previous year, Janette had won the middle girls' 100 metres (12.9) and long jump (5.57 metres) and finished second in the 200 metres, gaining 23 team points!

### Senior Girls scoring ten or more points

Name	School	County	Event 1	Event 2	Event 3	Points
Janette Brown	St Teilo's HS	South Glamorgan	100 – 2 <sup>nd</sup>	200 – 2 <sup>nd</sup>	Long Jump – 1 <sup>st</sup>	22
Jane Buttress	Chepstow CS	Gwent	100 Hurdles – 1 <sup>st</sup>	400 Hurdles – 1 <sup>st</sup>		16
Jennifer Webb	Ysgol Bryn Elan	Clwyd	100 – 1 <sup>st</sup>	200 – 1 <sup>st</sup>		16
Sandra Lee	Ysgol Friars	Gwynedd	Shot – 1 <sup>st</sup>	Discus – 1 <sup>st</sup>		16
Jane Wyatt	Coleg Hywel Harris	Powys	200 – 5 <sup>th</sup>	400 Hurdles – 3 <sup>rd</sup>	Long Jump – 4 <sup>th</sup>	15
Jackie Leonard	Hawthorn HS	Mid Glamorgan	Shot – 2 <sup>nd</sup>	Discus – 2 <sup>nd</sup>		14
Helen Charlton	Sir Thomas Picton CS	Dyfed	400 – 3 <sup>rd</sup>	400 Hurdles – 2 <sup>nd</sup>		13
Sarah Worthy	Duffryn (Newport) HS	Gwent	Shot – 3 <sup>rd</sup>	Discus – 2 <sup>nd</sup>		13
Audrey Kelly	Ogmore CS	Mid Glamorgan	200 – 4 <sup>th</sup>	400 – 2 <sup>nd</sup>		12
Mair Evans	Pibwrlwyd Tech College	Dyfed	100 – 3 <sup>rd</sup>	200 – 3 <sup>rd</sup>		12
Sandra Miller	St Julian's HS	Gwent	800 – 1 <sup>st</sup>	1500 – 5 <sup>th</sup>		12
Carys Watson	Radyr CS	South Glamorgan	100 Hurdles – 4 <sup>th</sup>	400 Hurdles – 4 <sup>th</sup>		10

### Senior Boys

Four new event bests were set.

#### (1) Senior boys javelin – Gareth Rowlands (Maesydderwen CS, Powys)

In his report, Championships Secretary Allan Caughter singled out the javelin event. He said:

**'It may, indeed, be ironic and befitting that the outstanding performance of the meeting should be achieved by Gareth Rowlands of Maesydderwen High School, a Powys athlete who established a new championships best of 62.40 metres in the senior boys javelin, a record held since 1959 by A.D. Price of Builth Wells High School.'**

Allan is quite correct that Gareth took the event to a new level by breaking the 62 metres barrier for the first time and it is true that, in the national programme, the event best was credited to A.D. (Arthur David) Price in 1959 but research into past championships has led to doubts about the weight of the javelin used in 1959.

Gareth used the 800 gram javelin.

Back in 1959, javelin events were not listed by the weight of the implement. Instead, the length of the javelin is quoted. Both the AthleticsStatsWales and gbrathletics web sites indicate that in 1959 the 7-foot 6.5 inches javelin was being used by senior boys. Today, this is the length of the 700-gram javelin used by the middle/under 17 age group.

The Welsh Schools' national programmes for 1960, 1961 and 1963 all list the senior boys' javelin as continuing to use the 7 foot 6.5 inches implement AND list the A.D. Price throw of 200 feet 6 inches as the event best.

However the 1965 and 1966 programmes indicate that the 8 foot 6.5 inches model – the 800 gram implement – was used by the senior boys, but they still quote 200 feet 6 inches as the event best.

That's a real puzzle and suggests that, with if lighter weight of implement was used, that 1959 best should not still have been quoted from at least 1965.

Sadly, national results are not available for all the years in the sixties but, looking at the seventies, it can be said that Sam Stephens of Llandovery College won the event with a throw of 57.38 metres in 1974 and that Nigel Price, another pupil at Maesydderwen, was the first to break 61 metres with the 800 gram implement when he won in 1978 with a throw of 61.01 metres. Had that been appreciated at the time, he might have been considered for the outstanding boys' field award.

Congratulations to Gareth, a lower sixth pupil, on his win but mention should also be made of second placed Tim Brooks (Cardiff HS, South Glamorgan), who also bettered 'the old record' with a throw of 61.54 metres. It's not very often that a field event best is broken by two pupils on the same day at these nationals.

#### (2) Senior Boys' shot (6.25 kg) – Mark Hewer (St Cenydd's CS, Mid Glamorgan)

Mark first appeared in the national results in 1977 when he won the junior boys' shot (4 kg) with a put of 13.20 metres, well short of the event best of 15.57 metres set in 1970.

In his first attempt with the heavier middle weight of 5 kg in 1978, Mark won again with a put of 15.39 metres, just a centimetre off Peter Rees's 1977 best and he followed that up the year after with victory and a new best of 16.63 metres, as well as claiming third in the 100 metres. That championship best still stands 42 years later. Dafydd Pawlett (Haverfordwest High) has been in outstanding form this summer during the covid restrictions, and has recorded puts in excess of Mark's best but, sadly, he will not get the opportunity to break it.

In 1980, Mark gained his first senior shot title (6.25 kg implement) with a new event best of 15.20 metres, adding over 1.40 metres to the 13.72 mark set by Kevin Jones in 1973. To show what an accomplished athlete he had become, Mark also finished second in the 100 metres (11.1) and third in the 200 (22.8)

At Brecon, he won his fifth consecutive shot title, adding 12 centimetres to his own championship best (15.32 metres), and contested the 100 metres, finishing second in his heat and third in the final, both in 11.5 seconds.

### **(3) Senior Boys' 2000 metres steeplechase – Marcus Thomas (Bishop of Llandaff HS, South Glamorgan)**

Like Mark Hewer, Marcus Thomas (Bishop of Llandaff) has an unbeaten record in steeplechase events at these nationals.

A talented cross-country runner, who finished in the top six of his age group on his four appearances at the national schools cross-country championships in 1976 and 1977 (JB), 1979 (MB) and in 1981 (SB), Marcus first competed on the track in the 1977 nationals when he finished fourth in the junior 1500 metres flat (4 minutes 34.5 seconds).

A year later he found his steeplechase pathway to the 1978 'nationals' blocked by South Glamorgan team-mate Paul Miller (Cathays) but he competed over the barriers from 1979 to 1981.

In 1979, he claimed his first national track title by winning the 1500 metres steeplechase in 4 minutes 21.8 seconds. He won by 15.8 seconds and took 4.7 seconds off Peter Ward's 1976 best.

The following year, as a first-year senior, he won again, in 6 minutes 9.6 seconds. He finished over 25 seconds ahead of his nearest rival but he was just over two seconds outside John Messum's championship best of 6 minutes 7.2 seconds set in 1979.

At Brecon, Marcus broke a time barrier that no-one else has yet achieved. He claimed his third consecutive steeplechase title in a time of 5 minutes 59.0 seconds – a new championship best by over 8 seconds. It is the only time that senior boy has recorded a time under six minutes for this event at the nationals – and he finished more than 26 seconds ahead of Rhodri Breeze (Bryn Celynnog CS, Mid Glamorgan).

It is an indication of the quality of his performances in 1979 and 1981 that both times still stand as championship bests today.

**There are event bests which have stood for a longer period of time but Marcus is the only boy to have two championship bests still standing over 40 years after he set them!**

### **(4) Senior Boys' 3000 metres – David Thomas (Bishop Gore CS, Swansea, West Glamorgan)**

Unlike the previous three 'seniors', this was David's first appearance at the 'nationals' on the track although he had finished fifth, one place ahead of Marcus, at the senior race in the national cross-country at Builth in March.

In this 3000 metres, David gained revenge over the Builth senior winner, Keith Noble (St Cyres CS) and 4<sup>th</sup> placed Peter Lloyd (Pembroke CS).

All three ran strongly. Peter was third in 9 minutes 1.7 seconds. Keith dipped under the 9 minutes barrier with a time of 8 minutes 59.0 seconds and David claimed the win in a new championships best of 8 minutes 43.2 seconds, which hacked just over 8 seconds off Robert Walmsley's 8:51.4 set in 1980.

Mention should also be made of two other year 13 (upper sixth) students in the South Glamorgan team – Malcolm James and Nigel Walker.

### **Malcolm James (Cantonian HS, Cardiff, South Glamorgan)**

Malcolm started competing at these nationals in 1977, when he won the junior boys' 100 in 11.7 seconds. He also claimed the 200 metres title in 23.1, which was faster than the listed event best in the national programme, and ran a leg of the winning 4 x 100 metres relay, which set a new championship best time of 45.8 seconds.

In 1978, as a first-year middle, he again completed a sprint double setting new championship bests in both events of 11.1 seconds and 22.3 seconds. The '100' was a particularly tight affair as the first three boys were all credited with 11.1 seconds – the other two being David Harrison (Porthcawl CS, Mid Glamorgan) and Mark Owen (John Bright CS, Gwynedd) – with fourth and fifth given 11.2.

In 1979 – GCE year - Malcolm contested the 100 and 400 metres double, and had to settle for second in both events. In the 100, he shared the same time as the winner – Ian Strange (Newbridge CS, Gwent) – at 11.1 seconds, equalling the championship best that he had set in 1978 while in the 400 he was second to Phil Harvey (Penyrheol CS, Swansea, West Glamorgan). Phil ran a new championship best 49.1, with Malcolm timed at 49.5.

Malcolm missed the 1980 nationals but competed at the Brecon event in 1981 – his final year – looking for a 200/400 double. It was a tough schedule with the 400 heats at 11.30 am, followed by the relay heats at 12.45 pm and the 200 heats at 1.50 pm.

The 400 final was scheduled for 2.15 pm with the 200 final at 4.25 pm, with a recovery gap to the relay final at 6.30 pm. He won his 400 heat (53.2) and the final (50.2) edging out the defending champion, Grant Cullins (Ruthin School, Clwyd). Over 200 metres, he had to settle for second (23.7) in his heat behind Tim Jones (Caldicot CS, Gwent, 22.6) but the Gwent athlete is not listed in the final, which Malcolm won in 22.9 seconds. To round off his day, he combined in the relay team with Nigel Walker (Rumney HS), Nse Johnson Akang (Atlantic College) and Peter Cartwright (Cowbridge CS) to win their heat in 44.3 and the final in 44.1 seconds. Malcolm was also the highest points earner in the section, gaining 16 points for his two individual wins.

### Nigel Walker (Rumney HS, Cardiff, South Glamorgan)

Nigel was the same school year as Malcolm and also started competing at this event in 1977, when he finished 2<sup>nd</sup> in the junior 80 metres hurdles, a final in which the first four boys were all listed with a time of 12.2 seconds.

In 1978, Nigel was only seventh in the middle 100 metres hurdles (15.2) but that was his last defeat over the sprint hurdles at these championships.

As a second-year middle in 1979, he won the event in 14.1 seconds and finished fifth in the long jump (5.74 metres). On his debut as a senior in 1980, he won the 110 metres hurdles in 14.9 seconds, finished fifth in the 200 (22.9) and ran a leg for the winning South Glamorgan relay team (43.8) while here at Brecon he won his heat (15.7) and the final (14.6) to retain his hurdles title, and he again competed for the relay team, which won its heat and the final.

Nigel went on to gain high honours in both in athletics and in rugby.

### Senior Boys scoring ten or more points

Name	School	County	Event 1	Event 2	Event 3	Points
Malcolm James	Cantonian HS	South Glamorgan	200 – 1 <sup>st</sup>	400 – 1 <sup>st</sup>		16
Huw Knight	Penyrheol CS	West Glamorgan	Long Jump – 3 <sup>rd</sup>	Triple Jump – 1 <sup>st</sup>		14
Mark Hewer	St Cenydd's CS	Mid Glamorgan	100 – 3 <sup>rd</sup>	Shot – 1 <sup>st</sup>		14
Mark Williams	Aberdare Boys CS	Mid Glamorgan	110 Hurdles – 2 <sup>nd</sup>	400 Hur – 2 <sup>nd</sup>		14
Stephen Pill	St Martin's CS	Mid Glamorgan	Long Jump – 1 <sup>st</sup>	Triple Jump – 3 <sup>rd</sup>		14
Grant Cullins	Ruthin S	Gwynedd	200 – 3 <sup>rd</sup>	400 – 2 <sup>nd</sup>		13
Ian Lloyd	Tasker Milward CS	Dyfed	Discus – 3 <sup>rd</sup>	Hammer – 2 <sup>nd</sup>		13
James Elston	Christ College	Powys	Shot – 2 <sup>nd</sup>	Hammer – 4 <sup>th</sup>		12
Mark Broadbent	Ysgol Rhiwabon	Clwyd	Pole Vault – 1 <sup>st</sup>	Javelin – 5 <sup>th</sup>		12
Geoff Hill	Swansea TC	West Glamorgan	800 – 5 <sup>th</sup>	1500 – 2 <sup>nd</sup>		11
Huw Jones	Christ College	Powys	110 Hurdles – 3 <sup>rd</sup>	400 Hurdles – 4 <sup>th</sup>		11
Paul Morgan	Newtown College	Powys	2000 Stch – 4 <sup>th</sup>	High Jump – 4 <sup>th</sup>	Triple Jump – 8 <sup>th</sup>	11
Brian Collins	Whitchurch HS	South Glamorgan	Discus – 1 <sup>st</sup>	Shot – 7 <sup>th</sup>		10
Dominic Pritchard	Ysgol Friars	Gwynedd	Long Jump – 4 <sup>th</sup>	Triple Jump – 4 <sup>th</sup>		10

### Middle Girls

One new championship best was set.

### Middle Girls' shot (4 kg) – Delyth Evans (Emlyn CS, Newcastle Emlyn, Dyfed)

This was the second consecutive year that Delyth had won a shot event with a new championships best distance.

In 1980, it was the junior girls' 3.25 kg competition where her best put of 12.19 metres gave her victory by over 1.5 metres but also broke the championship best by 1.53 metres.

This year, with the heavier 4 kg shot, Delyth's best attempt was 11.84 metres which gave her victory by 67 centimetres over Jane Richardson (Ysgol Maes Garmon, Clwyd), and bettered the championship best by 45 centimetres.

Both of the championship bests (that were broken) had been set by Sandra Lee, who was present on both occasions and for whom a profile appears under the senior girls record breakers.

Two of the middle girls scored double wins while mention should also be made of Sandra Nicholls.

### Nicola Charlton (Mold Alun HS, Clwyd)

Nicola, who gained selection for the BSIAB cross-country international at Swansea in March was listed for an 800/400 hurdles double.

She had first come to note in 1980, when she finished second in the middle girls' race at the national cross-country championships in March, and she followed that up with victory in the 800 metres (2 minutes 21.9 seconds) at the national track & field championships at Cwmbran.

At Brecon her programme was nicely spaced. She started with an early afternoon heat of the 400 metres hurdles, which she won in 66.5 seconds. The straight 800 metres final was around 4 pm, and she retained her title in 2 minutes 18.2 seconds in a close tussle with Claire Paisley (Olchfa CS, West Glamorgan, 2:18.6). The hurdles final was at 5.45 pm and Nicola won in 65.1 seconds, holding off the challenge from Michelle Cook (Coedcae CS, Dyfed, 65.3). That second individual win meant that she had gained 16 points for her Clwyd team

### Julia Charlton (Tasker Milward CS, Dyfed)

Julia had made her Dyfed team debut at these championships as a year 7 (form 1) pupil in 1978, when she finished second in the junior high jump with a height of 1.55 metres.

The following year she won both the 75 metres hurdles (12.0 seconds) and the high jump, with a new championship best of 1.70 metres, adding 10 centimetres to the 1.60 metres set by Pam Walker (Sandfields CS, West Glamorgan) in 1978. In the hurdles, second placed Sandra Oakley (Hartridge HS, Gwent) shared that 12.0 timing while Sarah Nicholls (St Clare's Convent S, Mid Glamorgan) was third (12.3) in the hurdles and second in the high jump (1.52 metres).

For her final year as a junior, Julia tackled a high jump/long jump double, winning both. In the high jump she again cleared 1.70 metres to equal her own event best and in the long jump her best of 5.41 metres added 7 centimetres to the 5.34 metres set by Monica Zeraschi (Pendorlan S, Denbigh) as long ago as 1958.

At Brecon, Julia attempted a new double – the 80 metres hurdles and long jump. She won her hurdles heat at the start of the meeting in 12.1 seconds, the fastest time of the day. In the long jump, her best was 5.24 metres, good enough for victory by 25 centimetres, and she rounded the day off with a hurdles final win in 12.2, with just three tenths of a second covering all six qualifiers. Like Nicola, she contributed 16 points to her county score.

### **Sarah Nicholls (St Clare's Convent School, Porthcawl, Mid Glamorgan)**

Like Julia, Sarah first competed at the 'nationals' in 1978. She was in that junior girls' 75 metres hurdles won by Jane Buttress in 11.2 seconds, a championship best which still stands. Sarah was seventh in 12.5 seconds.

In 1979, still in the juniors girls' section, she competed in three events finishing second in the high jump (1.52 metres) to Julia's new championship best, and third in both the hurdles (12.3) – behind Julia again – and the shot (9.28 metres), behind the 9.77 put of Delyth Evans.

She set a new championship best in 1980 when she won the middle girls' high jump with a height of 1.72 metres, adding 8 centimetres to Viv Rothera's 1.64 metres from 1973, and finished second to Sandra Oakley in the 80 metres hurdles (12.5). 1981 was her GCE year, but she still contested three individual events. She retained her high jump title with a clearance at 1.65 metres and also claimed fourth place in both the 80 metres hurdles (12.4 seconds) and the shot (10.17 metres behind the new championship best of Delyth Evans).

That gave her a points total of 18, two better than both of the Charltons.

### **Middle Girls scoring ten or more points**

Name	School	County	Event 1	Event 2	Event 3	Points
Sarah Nicholls	St Clare's Convent S	Mid Glamorgan	80 Hurdles – 4 <sup>th</sup>	High Jump – 1 <sup>st</sup>	Shot – 4 <sup>th</sup>	18
Julia Charlton	Tasker Milward CS	Dyfed	80 Hurdles – 1 <sup>st</sup>	Long Jump – 1 <sup>st</sup>		16
Nicola Charlton	Alun HS, Mold	Clwyd	800 – 1 <sup>st</sup>	400 Hurdles – 1 <sup>st</sup>		16
Elizabeth Simister	Cowbridge CS	South Glamorgan	100 – 2 <sup>nd</sup>	200 – 1 <sup>st</sup>		15
Rhian Owen	Pembroke CS	Dyfed	100 – 1 <sup>st</sup>	400 – 2 <sup>nd</sup>		15
Deborah Matthews	Lewis Girls' CS	Mid Glamorgan	100 – 3 <sup>rd</sup>	200 – 2 <sup>nd</sup>		13
Joanne Ball	Dwr y Felin CS	West Glamorgan	200 – 3 <sup>rd</sup>	Long Jump – 3 <sup>rd</sup>		12

### **Middle Boys**

There was one new championship best in an individual event and one in the relay

### **Middle Boys' Hammer – John Owen (Narbeth CS, Dyfed)**

John made his debut at these championships in 1980, finishing second to discus thrower Brian Collins (Whitchurch HS, South Glamorgan) in the middle boys' hammer with a modest best of 35.14 metres.

Thankfully, he went away and worked at his technique and came back much better prepared in 1981.

On the slightly uphill Brecon hammer sector, his best throw was 47.62 metres, which added over 12 metres to that 1980 performance. It also added 14 centimetres to previous best set in 1975 by Nigel Stevens (Gowerton CS, West Glamorgan) and gave him a winning buffer of over 4 metres from Martin Cliffe (Ysgol Emrys ap Iwan, Clwyd, 43.12 metres) and Adrian Thomas (Afon Taf HS, Mid Glamorgan, 42.38 metres), the top two juniors from the year before.

### **Middle Boys' 4 x 100 metres – South Glamorgan**

The championship best of 44.9 seconds had been set originally by the Glamorgan team in 1973, the last year of the twelve counties, and had been equalled by the Gwent team in the straight final of 1979.

The new best was set by the South Glamorgan team of Andrew Dunn (Radyr CS), Chris Evans (Lady Mary RCHS), Martin Nugent (St Cadoc's RCHS) and Paul Aden (Llanishen HS) in their heat..

The Gwent squad had won heat 1 in 45.2 seconds but the South Glamorgan team went half a second quicker in heat 2, setting a new event best of 44.7 seconds.

At the end of a long day, with many team members involved in heats and final, it is perhaps understandable that both teams recorded slower times in the final, with South Glam winning in 45.3 second to the 45.8 for the boys from Gwent.

There was one astonishing performance.

### **Stephen Edwards (Elfed HS, Clwyd)**

It is a rare feat for any individual to win three events at one championships. It has been done before, and may be equalled at some stage in the future.

At Brecon, Stephen was the highest points' scorer of the 500+ pupils taking part. He won two field events and was second in the third.

He had first appeared at these championships in 1979, finishing 3<sup>rd</sup> in the junior boys' high jump with a clearance of 1.65 metres.

In 1980, he appears in the middle boys' discus result, again finishing third, with a best throw of 36.38 metres.

In this his GCE year, the Brecon championships proved to be a big breakthrough for him.

It was a long day, starting with the triple jump at 10 am. He won with a best attempt measured at 13.13 metres, giving him victory by over 60 centimetres. In the afternoon, it was the 5 kg shot at 3 pm and again there was a win, with a best put of 14.83 metres, almost a metre ahead of his nearest rival.

The discus started at 4.45 pm – the last of the throws. Stephen had a best over his six throws of 39.34 metres but Paul Walsh (Cardiff HS, South Glamorgan) threw 40.48 metres to claim the win with the Elfed High School pupil having to settle for second – and a points total of 23 out of a possible 24.

#### Middle Boys scoring ten or more points

Name	School	County	Event 1	Event 2	Event 3	Points
Stephen Edwards	Elfed HS	Clwyd	Triple Jump – 1 <sup>st</sup>	Shot – 1 <sup>st</sup>	Discus – 2 <sup>nd</sup>	23
Nigel Skinner	Llantarnam CS	Gwent	Pole Vault – 1 <sup>st</sup>	Shot – 2 <sup>nd</sup>		15
Ian Morgan	Fairwater CS	Gwent	100 Hurdles – 3 <sup>rd</sup>	400 Hurdles – 2 <sup>nd</sup>		13
Meredith Richards	St David's CS	Dyfed	3000 – 2 <sup>nd</sup>	1500 Stch – 4 <sup>th</sup>		12
A Morgan	Brecon HS	Powys	Long Jump – 3 <sup>rd</sup>	Triple Jump – 4 <sup>th</sup>		11
Paul Evans	Ysgol Penweddig	Dyfed	100 – 3 <sup>rd</sup>	200 – 4 <sup>th</sup>		11
Andrew Orchard	Abersychan CS	Gwent	100 – 5 <sup>th</sup>	200 – 3 <sup>rd</sup>		10
Mark Blaze	Darland HS	Clwyd	100 – 2 <sup>nd</sup>	200 – 6 <sup>th</sup>		10
Martin Nugent	St Cadoc's RCHS	South Glamorgan	100 – 6 <sup>th</sup>	Triple Jump – 2 <sup>nd</sup>		10
Tommy Scarr	Narbeth CS	Dyfed	100 Hurdles – 2 <sup>nd</sup>	Triple Jump – 6 <sup>th</sup>		10

#### Junior Girls and Junior Boys

There were no new event bests in these two age groups but there were four pupils – two girls and two boys - who produced hugely encouraging performances.

##### Junior Girls

##### Kathryn Evans (Gwendraeth CS, Dyfed)

##### And Helen Miles (St Clare's Convent school, Porthcawl, Mid Glamorgan)

Kathryn took part in the 1980 nationals, competing over 200 metres and finishing 6<sup>th</sup> in 27.6 seconds.

At Brecon, both girls were year 9 (form 3) – top end of the age group. Helen made her debut while Kathryn was one of a small number of pupils competing in three individual events.

Entered in both sprints, it meant that they both ran heats and finals of the 100, 200 and the relay.

Kathryn's seven event day – started at 10.55 am with 100 metres heats. At 11.55 am, there were relay heats followed at 12.30 pm by the long jump and then the 200 heats at 1.25 pm. There was a short recovery period before the 100 metres final at 3.35 pm, the 200 metres final at 4.25 pm and the relay final at 6.10 pm.

In the 100, Kathryn was drawn in heat 2 and finished second to Helen, who was timed at 12.6 seconds to Kath's 13.0.

The Dyfed relay squad qualified for the final by finishing second (52.1) in heat 1 to the South Glamorgan girls while Mid Glamorgan won heat 2 in 51.3 seconds.

Juniors are only permitted three attempts in the throws and horizontal jumps.

Kath's best leap in the long jump was 4.71 metres, which placed her second behind Joan Tudor (Ysgol Arduwy, Gwynedd, 4.80 metres).

In the 200 heats, Kath again found herself in heat 2 and drawn against Helen for the second time. Again, Helen was the winner, 26.0 to Kath's 26.5, both significantly faster than the times in heat 1.

Both Helen and Kath ran faster in the 100 final than in their heat but the placings were the same. Helen won in 12.5 seconds with Kath gaining her second 'second' place in 12.8.

Tiredness started to kick in by the 200 final, which Helen won in 26.1 seconds, with Kath gaining her third 'second place' of the day and making her the biggest points' scorer in the section with 21. Helen was the only junior girl to win two individuals event, contributing 16 points to the Mid Glamorgan team score.

In their final event of the day, Helen's Mid Glamorgan team claimed victory in 51.5 with the South Glamorgan quartet (52.0) just getting the better of Dyfed (52.4) for second place

#### Junior Girls scoring ten or more points

Name	School	County	Event 1	Event 2	Event 3	Points
Kathryn Evans	Gwendraeth CS	Dyfed	100- 2 <sup>nd</sup>	200 – 2 <sup>nd</sup>	Long Jump – 2 <sup>nd</sup>	21
Helen Miles	St Clare's Convent S	Mid Glamorgan	100 – 1 <sup>st</sup>	200 – 1 <sup>st</sup>		16
Lisa Angulatta	Bishop of Llandaff HS	South Glamorgan	Shot – 1 <sup>st</sup>	Discus – 4 <sup>th</sup>		13
Sheila Evelyn	Llanishen HS	South Glamorgan	75 Hurdles – 4 <sup>th</sup>	Javelin – 3 <sup>rd</sup>		11

### Junior Boys

#### Cheuk Ho Lin (Croesyceiliog CS, Cwmbran, Gwent)

#### And Colin Jackson (Llanedeyrn HS, Cardiff South Glamorgan)

Both boys were making their debut at the nationals, and both contested three individual events but only Cheuk was in the relay squad. His timetable was very similar to Kathryn's except for his long jump timing, which was at 11.20 am, hardly giving him time to prepare after his 100 heat or to warm up for the relay heats.

In the 100, Cheuk won heat 1 in 12.2 seconds, matching the leading times in heat 2. The long jump was won with 5.62 metres and second place was a centimetre less. Cheuk finished third with 5.56 metres.

The Gwent squad was drawn in heat 2 for the relay, and finished second (48.0) to the Dyfed boys (47.7).

There was a tough draw in the 200. In heat 2, Cheuk finished second (24.4) in a very tight front three with the race won by Simon Marsh (Barry Boys' CS, South Glamorgan), the long jump winner. The winning time in heat 1 – set by Jamie Dow (Pembroke CS, Dyfed) was marginally faster on 24.4.

Cheuk claimed his first win of the day in the 100 metres final, finishing in 12 seconds dead, 0.1 of a second ahead of David Evans (Lady Mary RCHS, South Glamorgan) while, in the 200 final, he proved to be the stronger, replicating his heat time of 24.5 seconds while his rivals could only manage 24.8 or slower.

Times in the relay final were also slower than in the heats. The South Glamorgan squad won in 47.8 seconds – the first of a clean sweeps of boys' relay wins on the day – with Gwent finishing second in 48.4.

Colin had a very different combination of events.

Yes he competed in the 80 metres hurdles but his other two events were the high jump and javelin.

It was an early start to the day with the hurdles heats in the first half hour. Colin was drawn in heat 2 and won comfortably in 12.2 seconds, faster than heat 1.

Then he had a wait to a very hectic afternoon.

The hurdles final was timed for around 3.15 pm – and he won in 12.0 seconds, six tenths off the championship best.

At 3.30 pm, his javelin competition was timed to start. He was in a class of his own, winning with a best throw of 49.52 metres, seven metres ahead of second placed Richard Keniford (Pembroke CS, Dyfed).

The high jump was due to start at 4 pm. How did he manage to prepare for it? Did he have to keep swapping from the javelin area on the red gras on the outfield to the high jump bed some distance away on the infield?

Despite the difficult timings, Colin did compete, finishing second to David Romaniw (Bishop Vaughan RCHS, West Glamorgan, 1.65) with a best clearance of 1.60 metres.

Both boys claimed two individuals wins and a third place – 22 points for their respective teams.

Colin went on to achieve great things in our sport, setting indoor and outdoor world hurdles records and winning major titles.

#### Junior Boys scoring ten or more points

Name	School	County	Event 1	Event 2	Event 3	Points
Cheuk Ho Lin	Croesyceiliog CS	Gwent	100 – 1 <sup>st</sup>	200 – 1 <sup>st</sup>	Long Jump – 3 <sup>rd</sup>	22
Colin Jackson	Llanedeyrn HS	South Glamorgan	80 Hurdles – 1 <sup>st</sup>	High Jump – 3 <sup>rd</sup>	Javelin – 1 <sup>st</sup>	22
Patrick Jefford	Dwr y Felin CS	West Glamorgan	Shot – 2 <sup>nd</sup>	Hammer – 2 <sup>nd</sup>		14
Jamie Dow	Pembroke CS	Dyfed	100 – 4 <sup>th</sup>	200 – 2 <sup>nd</sup>		12
Simon Marsh	Barry Boys' CS	South Glamorgan	200 – 5 <sup>th</sup>	Long Jump – 1 <sup>st</sup>		12
Nicholas John	Gowerton CS	West Glamorgan	Discus – 2 <sup>nd</sup>	Javelin – 6 <sup>th</sup>		10
S Henson	Darland HS	Clwyd	100 – 6 <sup>th</sup>	Long Jump – 2 <sup>nd</sup>		10

### How did the pupils who 'shone' (in the rain) at the National cross-country championships fare on the track at Brecon?

#### Senior Girls

Kathryn Williams (Cymer Afan CS, West Glamorgan), the winner at Builth in March) was a notable absentee but Becky Powell (Llandrindod HS, Powys) and Lorena Marchetti (Bishop Hannon RCHS, South Glamorgan), respectively second and third on that wet day, won the 1500 and 3000.

Sandar Miller (St Julian's HS, Gwent), only 13<sup>th</sup> at Builth, won the 800 and finished fifth in the 1500 metres

#### Senior Boys

Mention has already been made of the championship bests set by Marcus Thomas (2000 metres steeplechase) and David Thomas (3000 metres). Richard Toms (Cardinal Newman RCS, Pontypridd, Mid Glamorgan), third at Builth, won the 1500 metres.

#### Middle Girls

Nicola Charlton's double victory in the 800 metres and 400 metres hurdles have already been touched on. Fiona Harwood (Bryn Celynnog CS, Mid Glamorgan), the winner at Builth, claimed the 1500 metres title here.

#### Middle Boys

South Glamorgan team-mates Nicholas Comerford (St Cadoc's RCS, Barry) and Scott Atkins (Radyr CS, Cardiff), respectively third and eighth at Builth, won the 1500 and 3000 metres. For Nick, this was a second win over the distance as he had claimed the junior title in 1980 with a new championship best.

Grant Howell (Amman Valley CS, Dyfed), surprisingly only 14<sup>th</sup> at Builth, extended his success at the national track & field championships by retaining his 800 metres title. In 1978, he won the junior boys 1500 metres title and followed that up with a double victory over 800 and 1500 in the following year, still as a junior. As a first year middle in 1980, he again completed the 800 & 1500 double!

### Junior Girls

Debbie Crowley (Glanafan CS, West Glamorgan), the winner at Builth and at the BSIAB Schools cross-country international, won the 1500 metres here at Brecon.

### Junior Boys

Two of the boys, who figured in the top six at Builth, won events at these nationals. Carl Worthington (Ferndale CS, Mid Glamorgan) took the 800 metres victory while Mark Powell (Bishop of Llandaff HS, South Glamorgan) won the 1500 metres.

**A full listing of the performances of the leading endurance runners from Builth at these championships can be found in the Appendices at the end of this report.**

### At the End of the day

Most of the counties will have travelled to the event by team coach so it was the standard practice for teams to stay at the end of the day to find out which counties had won team trophies, and which individuals were to receive the special awards.

The recorders faced a major challenge in trying to work out team scores, produce a comprehensive set of individual results and flag up new championship bests and outstanding performances both for the announcers and for the Special Awards' committee – Chairman Terry Lewis (Gwynedd) plus representatives from Clwyd, Dyfed, Gwent and Gwynedd in 1981.

They succeeded admirably. They did hit the perennial problems of counties sometimes only entering pupils with an initial instead of a full first name and, sadly there are no wind readings on the results (possibly because no one was down to take them!) but the typed results are well presented and more comprehensive than in some earlier years with full details of heats as well as finals.

From those results, it is possible to work out the number of pupils who competed in individual events. There is no record of pupils who were only included in relay teams.

### Number of pupils competing in individual events

	Boys			Boys' Total	Girls			Girls' Total	Total Pupils
	Senior	Middle	Junior		Senior	Middle	Junior		
Clwyd	7	15	12	34	6	10	10	26	60
Dyfed	13	16	12	41	9	12	8	29	70
Gwent	12	14	12	38	9	11	10	30	68
Gwynedd	12	13	13	38	9	10	8	27	65
Mid Glamorgan	12	14	14	40	7	11	9	27	67
Powys	11	15	13	39	8	12	9	29	68
South Glamorgan	12	16	11	39	9	11	8	28	67
West Glamorgan	12	14	11	37	10	11	9	30	67
	91	117	98	306	67	88	71	226	532

In his 1970 report, Charlie Hughes calculated that 770 pupils took part in the nationals with the old twelve county system. These 1981 numbers are significantly down on that figure, but all the team sizes are fairly close – and all are below the target of 80 to comply with the additional entry requirements.

These were the announced team and individual awards:



**The seven National Dairy Council trophies were presented to these counties in 1981:**

<b>Senior Girls Trophy</b> (presented by Unigate Limited)	South Glamorgan
<b>Middle Girls Trophy</b> (presented by the Co-operative Wholesale Society)	Dyfed & West Glamorgan
<b>Junior Girls Trophy</b> (presented by Unigate Limited)	Dyfed
<b>Senior Boys Trophy</b> (presented by Unigate Limited)	South Glamorgan
<b>Middle Boys Trophy</b> (presented Farmers & Dairymen Mutual Limited)	South Glamorgan
<b>Junior Boys Trophy</b> (presented by Unigate Limited)	South Glamorgan
<b>The Milk Marketing Board Trophy</b> (for the overall points champion)	South Glamorgan

South Glamorgan retained the overall point' trophy.

<b>The Guto Nyth Bran Cup:</b>	awarded to the boy achieving the best performance in a field event Presented to Gareth Rowlands (Maesydderwen CS, Powys)
<b>The Welsh Academicals Cup:</b>	awarded to the boy achieving the best performance in a track event Presented to Marcus Thomas (Bishop of Llandaff High School, Cardiff, South Glamorgan)
<b>Major CR Tucker Cup:</b>	awarded to the girl achieving the best performance in a field event Presented to Sandra Lee (Ysgol Friars, Bangor, Gwynedd)
<b>JDB Williams Memorial Cup:</b>	awarded to the girl achieving the best performance in a track event Presented to Helen Miles (St Clare's Convent School, Porthcawl, Mid Glamorgan)

**Appendices**

<b>Appendix 1</b>	The address of JW Hodges, Chairman of the National Dairy Council
<b>Appendix 2</b>	County team managers and captains at Brecon
<b>Appendix 3</b>	Details of the Additional Entry Scheme (for Middle age group athletes)
<b>Appendix 4</b>	The Chairman's Address, from the national programme
<b>Appendix 5</b>	the 1981 national timetable
<b>Appendix 6</b>	Championships records – and puzzles
<b>Appendix 7</b>	the list of event officials
<b>Appendix 8</b>	Allan Caughter's Championship Secretary report
<b>Appendix 9</b>	Championship Standards and number of standards gained.
<b>Appendix 10</b>	Performances of pupils who competed in the national cross-country championships and at Brecon
<b>Appendix 11</b>	Officers of Powys Schools AA
<b>Appendix 12</b>	Acknowledgements from Powys Schools AA

Appendix 1 – National Dairy Council Chairman's address



**MESSAGE FROM J. W. HODGES, CHAIRMAN  
OF THE NATIONAL DAIRY COUNCIL**

The National Dairy Council, on behalf of the whole Dairy Industry, is now in its second year of sponsorship of the Welsh Schools Athletic Association.

My Council will continue to assist Schools Athletics at every level in 1981 from the School Sports Day right through to the National Championships and provide facilities which will ensure that our young athletes have every opportunity to develop their abilities.

The association of milk with athletic ability is a natural one. There can be no doubt that good nutrition plays a vital part in athletic prowess. Milk provides all the nutrients necessary for physical growth and maintenance of our health and fitness. It is wholly appropriate that our young Welsh athletes should train on milk which is delivered to their homes almost every day of the year.

I look forward to another successful year for Welsh Schools Athletics in which milk will again be playing an important part.

**Appendix 2 – County team managers and team captains – and county number**

<p><b>CLWYD</b> <b>County number 1</b>  <b>(Orange. Vest, White Shorts)</b>  <b>Captain - Girls:</b> Jennifer Webb, Bryn Elan HS  <b>Captain - Boys:</b> Mark Broadbent, Ysgol Rhiwabon.  <b>Team Managers</b>  Mrs. Margaret Ellis, Hawarden HS  Mrs. Judy Roberts, Ysgol Emrys ap Iwan, Abergele  Mr. David Appleton, Argoed HS  Mr. David Ratcliffe, Ysgol Emrys ap Iwan, Abergele</p>	<p><b>Mid Glamorgan</b> <b>County number 5</b>  <b>(White Vest with Maroon Trim, Maroon Shorts)</b>  <b>Captain - Girls:</b> Jane Hitchings, Ynysawdre CS  <b>Captain - Boys:</b> Jeremy Flye, Afon Taf HS  <b>Team Managers</b>  Mrs Janice Jones, Afon Taf HS  Ms Hazel Jones, Ynysawdre CS  Mr G Williams, Tonyrefail CS  Mr Gareth Prothero, Aberdare Boys' CS</p>
<p><b>DYFED</b> <b>County number 2</b>  <b>(Navy Vest with Red and White Diagonal Stripe, Navy Shorts)</b>  <b>Captain - Girls:</b> Mair Evans, Pibwrlwyd, Technical. College  <b>Captain - Boys:</b> Peter Lloyd, Pembroke CS  <b>Team Managers</b>  Mrs. M. Charlton, Sir Thomas Picton CS  AN Other  Mr Danny Davies, Amman Valley CS  Mr. Terry Davies, Bryngwyn CS</p>	<p><b>Powys</b> <b>County number 6</b>  <b>(Red Vest, Red Shorts)</b>  <b>Captain - Girls:</b> Becky Powell, Llandrindod Wells HS  <b>Captain - Boys:</b> Gareth Rowlands, Maesydderwen CS  <b>Team Managers</b>  Ms Janet Williams, Welshpool HS  Ms Elizabeth Jones, Builth Wells HS  Mr Robert Davies, Llandrindod HS  Mr Andy Morris, Welshpool HS  Mr Robert Jones, Llanfair HS</p>
<p><b>GWENT</b> <b>County number 3</b>  <b>(Yellow Vests, Blue Shorts)</b>  <b>Captain - Girls:</b> Sarah Worthy, Duffryn (Newport) HS.  <b>Captain - Boys:</b> John Pimley, West Mon CS  <b>Team Managers</b>  Mrs S. Spooner  Miss N Morgan  Mr M Rosser  Mr Nick Fisher</p>	<p><b>South Glamorgan</b> <b>County number 7</b>  <b>(Royal Vest with white and red hoops, Red Shorts)</b>  <b>Captain - Girls:</b> Beverley Preece, Bryn Hafren Girls CS  <b>Captain - Boys:</b> Nigel Walker, Rumney HS  <b>Team Managers</b>  Miss Julia Brown&lt; Whitchurch HS  Miss Delyth Prothero, St Cadoc's RCS  Mr Dai Williams, Rumney HS  Mr Glan Williams, Cowbridge CS</p>
<p><b>Gwynedd</b> <b>County number 4</b>  <b>(Green Vest with White Trim, Green Shorts)</b>  <b>Captain - Girls:</b> Sandra Lee, Ysgol Friars &amp; Linda Williams, Ysgol Tywyn  <b>Captain - Boys:</b> Michael Fielding, Ysgol Thomas Jones  <b>Team Managers</b>  Mrs M Doncaster, Ysgol Syr Huw Owen  Mrs Cath Parry, Ysgol Dyffryn Conwy  Mr Meillir Owen, Ysgol Segontium  Mr Iolo Owen, Ysgol Ardudwy</p>	<p><b>West Glamorgan</b> <b>County number 8</b>  <b>(Red and white vest, Black Shorts)</b>  <b>Captain - Girls:</b> Alison Heard, Gowerton CS  <b>Captain - Boys:</b> Chris Beynon, Penlan CS  <b>Team Managers</b>  Mrs Hazel Newington,  Ms S Antony  Mr Arwyn Harries, Bishopston CS  Mr Lindsay Lewis</p>

### Appendix 3 – ADDITIONAL ENTRIES MIDDLE (INTERMEDIATE) AGE GROUP

By resolution of the Annual General Meeting of 1978, it was decided that, in the Middle Section of our National Championship Meeting and subject to attaining qualifying performance, a second athlete would be allowed to compete representing his/her County.

This will facilitate team selection and we hope do away with the anomaly of possibly the best two athletes in a particular event coming from the same County.

To qualify to nominate a 'second string' athlete County Secretaries are required to:-

1. Complete one of the attached certificates giving proof that BOTH athletes entered have attained the minimum standard set down.
2. Forward the certificate together with entry to reach the Championship Secretary NOT LATER THAN XXX

#### INTERNATIONAL STANDARDS FOR MIDDLE SCHOOL SECTION

	<b>BOYS</b>	<b>GIRLS</b>
100 metres	11.5 secs.	12.5 secs.
200 metres	23.0 secs	26.0 secs
400 metres	52.5 secs	60.0 secs
800 metres	2 mins.00 secs.	2 mins.20 secs.
1500 metres	4 mins10 secs	4 mins 55 secs
3000 metres	9 mins 10 secs	11 mins 15 secs (this is now an international event)
1500 metres Steeplechase	4 mins 35 secs	
80 metres Hurdles		12.5 secs.
100 metres Hurdles	14.5 secs.	
400 metres Hurdles	59.0 secs	70.0 secs.(not an international event)
Long Jump	6.20 metres	5.10 metres
High Jump	1.80 metres	1.55 metres
Triple Jump	13.20 metres	<b>no event</b>
Pole Vault	3.00 metres	<b>no event</b>
Shot	14.50 metres	10.50 metres
Discus	39.00 metres	33.00 metres
Javelin	48.00 metres	33.00 metres
Hammer	39.00 metres	<b>no event</b>

3. Qualifying performances must be attained at a Welsh A.A.A./Welsh Women's A.A.A./Welsh Schools A.A./Area or County Championship Meeting or any representative meeting recognised by these Associations.

Inter school matches and School Sports Day performances are not acceptable.

## Appendix 4 – Address of the Welsh Schools' Chairman, Terry Lewis

### WELSH SCHOOLS ATHLETIC ASSOCIATION CYMDEITHAS ATHLETAU YSGOLION CYMRU

#### 35th CHAMPIONSHIP MEETING

#### CHAIRMAN'S ADDRESS 1981

We greatly appreciate the generosity and the industry of our friends in Powys, who invited the National Association to stage its 1981 championships at Brecon. There is added pleasure in coming to Mid-Wales, because the problems which prevented Powys from participating in last year's championships at Cwmbran are now happily resolved, and so, once again the meeting will be truly National.

Croeso nôl i chi bobl Powys, a diolch o galon am eich gwahoddiad cynnes i'r Gymdeithas i ddod i Aberhonddu, ac am bob ymdrech a wnaethoch ar ein cyfer.

The preparatory work for the Championships has been thorough and Mr. Allan Caughter, our new Championship Secretary, with memories of half drowned cross country runners at Builth still fresh in his mind, will be praying more loudly than anyone for a fine day to bless this, his first National. We wish him (and ourselves) good fortune, and fair weather.

Two of the Association's stalwarts are nowadays wearing new official hats. Mr. Jack O'Connell, our treasurer for many years, is now our President, and Mr. Charlie Hughes, once Championship Secretary, is the new Treasurer. With Mr. Norman George, the General Secretary, these two men have overseen National Athletic Meetings for over fifteen years. It is comforting to know that we shall continue to have their considerable administrative skill, to help guide the Association's activities.

For our athletes, today's meeting will be the culmination of month of hard training. We wish them well. In addition to the satisfaction of representing their counties, there will be for some the exciting prospect of gaining selection for Wales. We look forward to hard and sporting contests. The keener the competition today, then hopefully the greater the merit of our representatives in the Welsh teams who will do battle in International events later this month.

Llongyfarchiadau i bawb sy'n cynrychioli eu siroedd yma yn Aberhonddu heddiw. Gobeithiwn weld cystadlu brwd, a chael ar ddiwedd y dydd, bencampwyr teilwng i gynrychioli Cymru yn yr ornest rhyngwladol.

Finally our grateful thanks to the Dairy Council for its continued generous sponsorship of the Association's activities.

Diolch yn fawr.

TERRY LEWIS.

## Appendix 5 – Event Timetable

### TIME TABLE OF TRACK EVENTS

	am			
1	10.00	110 metres Hurdles	Senior Boys	Heats
2	10.00	100 metres Hurdles	Middle Boys	Heats
3	10.00	100 metres Hurdles	Senior Girls	Heats
4	10.00	800 metres Hurdles	Junior Boys	Heats
5	10.00	80 metres Hurdles	Middle Girls	Heats
6	10.00	75 metres Hurdles	Junior Girls	Heats

#### All sprint hurdles finalists to report at 3.15 pm

7	10.40	3000 metres	Middle Girls	Final
8	10.55	100 metres	Junior Girls	Heats
9	10.55	100 metres	Junior Boys	Heats
10	10.55	100 metres	Middle Girls	Heats
11	10.55	100 metres	Middle Boys	Heats

## The Welsh Schools National Track & Field Championships – 40 years ago!

12	11.00	100 metres	Senior Girls	Heats
13	11.00	100 metres	Senior Boys	Heats

### All 100 metres finalists to report at 3.35 pm

14	11.15	400 metres	Junior Boys	Heats
15	11.15	400 metres	Middle Girls	Heats
16	11.20	400 metres	Middle Boys	Heats
17	11.20	400 metres	Senior Girls	Heats
18	11.20	400 metres	Senior Boys	Heats

### All 400 metres finalists to report at 2.15 pm

19	11.40	2000 metres steeplechase	Senior Boys	Final
20	11.55	4x100 metres relay	Junior Girls	Heats
	pm			
21	12.05	4x100 metres relay	Junior Boys	Heats
22	12.15	4x100 metres relay	Middle Girls	Heats
23	12.25	4x100 metres relay	Middle Boys	Heats
24	12.35	4x100 metres relay	Senior Girls	Heats
25	12.45	4x100 metres relay	Senior Boys	Heats

### All relay finalists to report at 6.10 pm

26	12.55	400 metres hurdles	Senior Girls	Heats
27	1.00	400 metres hurdles	Middle Girls	Heats
28	1.05	400 metres hurdles	Middle Boys	Heats
29	1.10	400 metres hurdles	Senior Boys	Heats

### All 400 metres hurdles finalists to report at 5.40 pm

30	1.25	200 metres	Junior Girls	Heats
31	1.30	200 metres	Junior Boys	Heats
32	1.35	200 metres	Middle Girls	Heats
33	1.40	200 metres	Middle Boys	Heats
34	1.45	200 metres	Senior Girls	Heats
35	1.50	200 metres	Senior Boys	Heats

### All 200 metres finalists to report at 4.25 pm

36	1.55	3000 metres	Senior Boys	Final
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### All 400 metres finalists report at 2.15 pm

37	2.15	400 metres	Junior Boys	Final
38	2.15	400 metres	Middle Girls	Final
39	2.15	400 metres	Middle Boys	Final
40	2.15	400 metres	Senior Girls	Final
41	2.15	400 metres	Senior Boys	Final

42	2.35	1500 metres steeplechase	Middle Boys	Final
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43	2.50	3000 metres	Senior Girls	Final
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### All sprint hurdles finalists to report at 3.15 pm

44	3.15	110 metres Hurdles	Senior Boys	Final
45	3.15	100 metres Hurdles	Middle Boys	Final
46	3.15	100 metres Hurdles	Senior Girls	Final
47	3.15	800 metres Hurdles	Junior Boys	Final
48	3.15	80 metres Hurdles	Middle Girls	Final
49	3.15	75 metres Hurdles	Junior Girls	Final

### All 100 metres finalists to report at 3.25 pm

50	3.35	100 metres	Junior Girls	Final
51	3.35	100 metres	Junior Boys	Final
52	3.35	100 metres	Middle Girls	Final
53	3.35	100 metres	Middle Boys	Final
54	3.35	100 metres	Senior Girls	Final
55	3.35	100 metres	Senior Boys	Final

### All 800 metres athletes to report at 3.50 pm

56	3.50	800 metres	Junior Girls	Final
57	3.50	800 metres	Junior Boys	Final
58	3.50	800 metres	Middle Girls	Final
59	3.50	800 metres	Middle Boys	Final
60	3.50	800 metres	Senior Girls	Final
61	3.50	800 metres	Senior Boys	Final

**All 200 metres finalists to report at 4.25 pm**

62	4.25	200 metres	Junior Girls	Final
63	4.25	200 metres	Junior Boys	Final
64	4.25	200 metres	Middle Girls	Final
65	4.25	200 metres	Middle Boys	Final
66	4.25	200 metres	Senior Girls	Final
67	4.25	200 metres	Senior Boys	Final

**All 1500 metres athletes to report at 4.55 pm**

68	4.55	1500 metres	Junior Girls	Final
69	4.55	1500 metres	Junior Boys	Final
70	4.55	1500 metres	Middle Girls	Final
71	4.55	1500 metres	Middle Boys	Final
72	4.55	1500 metres	Senior Girls	Final
73	4.55	1500 metres	Senior Boys	Final

**All 400 metres hurdles finalists to report at 5.40 pm**

74	5.40	400 metres hurdles	Senior Girls	Final
75	5.40	400 metres hurdles	Middle Girls	Final
76	5.40	400 metres hurdles	Middle Boys	Final
77	5.40	400 metres hurdles	Senior Boys	Final

78	5.55	3000 metres	Middle Boys	Final
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**All relay team finalists to report at 6.10 pm**

79	6.10	4x100 metres relay	Junior Girls	Final
80	6.15	4x100 metres relay	Junior Boys	Final
81	6.20	4x100 metres relay	Middle Girls	Final
82	6.25	4x100 metres relay	Middle Boys	Final
83	6.30	4x100 metres relay	Senior Girls	Final
84	6.35	4x100 metres relay	Senior Boys	Final

**Time Table of Field Events**

**JUMPS Timetable**

		<b>High Jump</b>		<b>Long Jump</b>		<b>Triple Jump</b>		<b>Pole Vault</b>
10.00	1	Senior Boys	2	Senior Girls	3	Middle Boys	4	Junior Boys
11.20			11	Junior Boys				
11.45	14	Junior Girls						
12.30			15	Junior Girls			16	Senior Boys
1.00	21	Middle Girls			22	Senior Boys		
2.00			24	Middle Girls				
2.30	27	Middle Boys						
3.00			28	Senior Boys	29	Junior Boys	30	Middle Boys
4.00	35	Junior Boys						
4.30			36	Middle Boys				
5.00	39	Senior Girls						

**THROWS Timetable**

		<b>Javelin</b>		<b>Discus</b>		<b>Shot</b>		<b>Hammer</b>
10.00	5	Senior Girls	6	Junior Girls	7	Junior Boys	8	Middle Boys
11.15	9	Middle Boys			10	Senior Girls		
11.30			12	Senior Boys				
11.45							13	Junior Boys
12.30			17	Junior Boys	18	Middle Girls		
12.45	19	Junior Girls					20	Senior Boys
1.30						Junior Girls		
2.00	25	Senior Boys						
2.15			26	Middle Girls				
3.00					31	Middle Boys		
3.30	32	Junior Boys	33	Senior Girls				
4.00					34	Senior Boys		
4.30	37	Middle Girls						
4.45			38	Middle Boys				



## Appendix 6 – Championship Bests Following the 1980 Nationals at Cwmbran

### Senior Boys

100 metres	10.8 secs.	1980	Mark Owen	Llandrillo College	Clwyd
200 metres	22.1 secs.	1978	Derek Morgan	Merthyr College	Mid Glamorgan
400 metres	49.8 secs.	1969	Stuart Jones	Holywell GS	Flint
400 metres	49.8 secs.	1969	D. Bird	Atlantic College	Glamorgan
800 metres	1 min. 54.3 secs	1974	Anthony Dyke	Bishop Gore CS	West Glamorgan
1500 metres	3 m. 59.7 secs.	1980	Nicholas Morgan	Bishop of Llandaff HS	South Glamorgan
3000 metres	8 m. 51.4 secs.	1980	Robert Walmsley	Atlantic College	South Glamorgan
5000 metres	15mirt 00 secs.	1972	Gareth Morgan	The Lewis School	Glamorgan
2,000m S/Chase	6 min. 07.2 secs.	1979	John Messum	Mold Alun HS	Clwyd
110m Hurdles	14.4 secs.	1973	Tim Lewis	Aberaeron CS	Dyfed
400m Hurdles	55.4 secs.	1978	Robert Davies	Queen Elizabeth GS	Dyfed
4 x 100m Relay	43.6 secs.	1970	Glamorgan.		Glamorgan
High Jump	2.02 metres	1980	Paul Evans	Olchfa CS	West Glamorgan
Long Jump	7.34 metres	1967	John Elias	Maesteg GS	Glamorgan
Triple Jump	14.90 metres	1979	David Wood	Tregaron CS	Dyfed
Pole Vault	3.90 metres	1974	Gordon Pickering	Tregib CS	Dyfed
Javelin (800gr.)	61.12 metres	1959	A. D. (Arthur David) Price	Builth Wells HS	Brecon & Radnor
Discus (1.75kg.)	43.66 metres	1980	John Collins	Whitchurch HS	South Glamorgan
Shot (6.25kg.)	15.20 metres	1980	Mark Hewer	St Cenydd's CS	Mid Glamorgan
Hammer (6.25kg.)	50.38 metres	1976	Phil Jones	Afon Taf HS	Mid Glamorgan

### Middle Boys

100 metres	11.1 secs.	1979	Ian Strange	Newbridge S	Gwent
100 metres	11.1 secs.	1980	Steve Elvin	Faiwater CS	Gwent
100 metres	11.1 secs.	1979	Malcolm James	Cantonian HS	South Glamorgan
100 metres	11.1 secs.	1978	Malcolm James	Cantonian HS	South Glamorgan
200 metres	22.3 secs.	1978	Malcolm James	Cantonian HS	South Glamorgan
400 metres	49.1 secs.	1979	Philip Harvey	Penyrheol CS	West Glamorgan
800 metres	1 min. 57.4 secs	1972	Anthony Dyke	Bishop Gore CS	Glamorgan
1500 metres	4 min. 3.6 secs.	1977	Colin Clarkson	Penyrheol CS	West Glamorgan
3000 metres	8 min. 56.8 secs.	1974	Steve Evans	Dyffryn SS	Gwent
100m Hurdles	13.9 secs.	1973	Russell Cole	Nant y Glo HS	Gwent
400m Hurdles	56.8 secs.	1979	Gareth Rees	Tregib CS	Dyfed
1,500m S/Chase	4 min. 21.8 secs.	1979	Marcus Thomas	Bishop of Llandaff HS	South Glamorgan
4 x 100m Relay	44.9 secs.	1979			Gwent
4 x 100m Relay	44.9 secs.	1973			Glamorgan
High Jump	1.93 metres	1979	Tony Norris	Nant y Glo HS	Gwent
Long Jump	6.67 metres	1978	David Wood	Tregaron CS	Dyfed
Triple Jump	13.90 metres	1963	Graham Wood	Newport HS	Monmouthshire
Pole Vault	4.10 metres	1974	Islwyn Rees	St Clear's S	Dyfed
Javelin (700gr.)	45.92 metres	1978	John Collins	Whitchurch HS	South Glamorgan
Discus (1.5kg.)	58.84 metres	1975	Gareth Scales	Olchfa CS	West Glamorgan
Shot (5kg.)	16.63 metres	1979	Mark Hewer	St Cenydd's CS	Mid Glamorgan
Hammer (5kg.)	47.48 metres	1975	Nigel Stevens	Gowerton CS	West Glamorgan

### Junior Boys

100 metres	11.2 secs.	1974	Steve Perks	Llanelli GS	Dyfed
200 metres	23.3 secs.	1973	R. Griffiths	Gwendraeth GS	Carmarthen
400 metres	51.0 secs.	1977	D. Andrews	Ysgol Emrys ap Iwan	Clwyd
800 metres	2 min. 3.7 secs.	1977	William Dewar	St Cyres CS	South Glamorgan
1500 metres	4 m. 18.7 secs.	1980	Nicholas Comerford	St Cadoc's RCS	South Glamorgan
80m. Hurdles	11.4 secs	1978	Wyn Harries	Tregib CS	Dyfed
4 x 100m, Relay	45.8 secs.	1977			South Glamorgan
High Jump	1.80 metres	1979	Derek McIver	Barry Boys' CS	South Glamorgan
Long Jump	6.19 metres	1977	John Furnham	Bishop Hannon RCHS	South Glamorgan
Triple Jump	12.74 metres	1968	Shaun Swale	Whitland GS	
Pole Vault	3.20 metres	1977	Robert Hughes	St Clear's S	
Pole Vault	3.20 metres	1977	Richard Lewis	Coleshill SMS	Carmarthen
Javelin (600gr.)	54.02 metres	1959	Paul Jenkins	Ysgol Duffryn Ogwen	Gwynedd
Discus (1.25kg.)	40.82 metres	1970	Kevin Jones	Ysgol Maes Garmon	Flint
Shot (4kg.)	15.57 metres	1970	Nigel Stevens	Gowerton CS	West Glamorgan
Hammer (4kg.)	48.16 metres	1974	Ian Strange	Newbridge CS	Gwent

### Senior Girls

100 metres	12.1 secs	1978	Diane Thorne	Queen Elizabeth GS	Dyfed
200 metres	25.3 secs.	1978	Diane Thorne	Queen Elizabeth GS	Dyfed



## The Welsh Schools National Track & Field Championships – 40 years ago!

400 metres	58.2 secs.	1979	Ann Griffiths	Atlantic College	South Glamorgan
800 metres	2 m. 16.6 secs.	1980	Ann Griffiths	Atlantic College	South Glamorgan
1500 metres	.4 m. 54.5 secs.	1980	Bernadette Thomas	Cardinal Newman RCS	Mid Glamorgan
3000 metres	11 min. 17.5 secs.	1976	Jane Clement	Olchfa CS	West Glamorgan
100m. Hurdles	14.4 secs.	1978	Norma Evans	Yale College	Clwyd
400m. Hurdles	66.3 secs.	1980	Emma Quaek	Ysgol Eifionydd	Gwynedd
4 x 100 m. Relay	50.8 secs.	1969			Glamorgan
4 x 100m. Relay	50.8 secs.	1979			South Glamorgan
High Jump	1.58 metres	1976	Bethan Jones	Ysgol Eifionydd	Gwynedd
Long Jump	5.61 metres	1961	Monica Zeraschi	Pendorlan SM	Denbigh
Javelin (600gr.)	37.36 metres	1972	Margaret Rainbow	Mynyddbach CS	Glamorgan
Discus (1.0Kg.)	38.86 metres	1972	Delyth Prothero	Brecon HS	Brecon & Radnor
Shot (4.0Kg.)	12.63 metres	1974	Venissa Head	Cyfarthfa HS	Mid Glamorgan

### Middle Girls

100 metres	12.1 secs.	1978	Jennifer Webb	Ysgol Bryn Elan	Clwyd
200 metres	25.3 secs.	1978	Susan Webb	Mostyn RCHS	South Glamorgan
400 metres	56.9 secs.	1979	Paula Thomas	Dyffryn HS, Port Talbot	West Glamorgan
800 metres	2 min. 14.0 secs.	1977	Kirsty McDermott	Llandrindod Wells HS	Powys
1500 metres	4min. 44.1 secs.	1977	Annmarie Fox	Cefn Hengoed CS	West Glamorgan
3000 metres	10 m. 21.5 secs.	1980	Kathy Williams	Cymer Afan CS	West Glamorgan
80m. Hurdles	11.8 secs.	1979	Jane Buttress	Chepstow CS	Gwent
400m. Hurdles	64.1 secs.	1979	Jane Buttress	Chepstow CS	Gwent
4 x 100 m. Relay	49.8 secs.	1977			Dyfed
High Jump	1.72 metres	1980	Sandra Nicholls	St Clare's Convent S	Mid Glamorgan
Long Jump	5.63 metres	1968	Sheila McParlin	Barry GS	Glamorgan
Javelin (600gr.)	38.28 metres	1977	Joanne Tubb	Morrison CS	West Glamorgan
Discus (1.0Kg.)	43.48 metres	1979	Sandra Lee	Ysgol Friars	Gwynedd
Shot (4.0Kg.)	11.39 metres	1980	Sandra Lee	Ysgol Friars	Gwynedd

### Junior Girls

100 metres	12.3 secs.	1980	Dawn Oliver	Ysgol Emrys ap Iwan	Clwyd
200 metres	25.2 secs.	1980	Dawn Oliver	Ysgol Emrys ap Iwan	Clwyd
800 metres	2 m. 18.0 secs.	1976	Jackie Thomas	Gwendraeth CS	Dyfed
1500 metres	4 min. 45.8 secs.	1977	Gillian Irvine	Tregib CS	Dyfed
80m. Hurdles	11.2 secs.	1978	Jane Buttress	Chepstow CS	Gwent
4 x 100 m. Relay	50.3 secs.	1980	Clwyd.		Clwyd
High Jump	1.70 metres.	1979	Julia Charlton	Tasker Milward CS	Dyfed
High Jump	1.70 metres.	1980	Julia Charlton	Tasker Milward CS	Dyfed
Long Jump	5.41 metres	1980	Julia Charlton	Tasker Milward CS	Dyfed
Javelin (600gr.)	36.10 metres	1979	Julie Tayler	St Joseph's RCS	West Glamorgan
Discus (1.0Kg.)	38.44 metres	1979	Sandra Lee	Ysgol Friars	Gwynedd
Shot (3.25Kg.)	12.19 metres	1980	Delyth Evans	Emlyn S	Dyfed

### Puzzles

There were some very unusual errors in these list.

The Senior Boys' javelin puzzle has already been highlighted.

Tim Lewis set the Senior Boys' 110 metres hurdles best in 1978 (not 1973).

It was long-serving Graham Webb (not Graham Wood), who set the Middle triple jump best in 1963.

For around three decades, current Welsh Athletics Chairman, Steve Perks, was listed as setting the junior boys' 100 metres best in 1974, representing Dyfed. In fact, it was on a wet day at Maindy in 1972, and he was representing Carmarthenshire!

The bottom end of the Junior Boys' bests is completely out of synch. They should read:

Long Jump	6.19 metres	1977	John Furnham	Bishop Hannon RCHS	South Glamorgan
Long Jump	6.19 metres	1977	Ian Strange	Newbridge CS	Gwent
Triple Jump	12.74 metres	1977	John Furnham	Bishop Hannon RCHS	South Glamorgan
Pole Vault	3.20 metres	1963	Shaun Swale	Whitland GS	Carmarthen
Pole Vault	3.20 metres	1977	Robert Hughes	St Clear's S	Dyfed
Javelin (600gr.)	54.02 metres	1959	Richard Lewis	Coleshill SMS	Carmarthen
Discus (1.25kg.)	40.82 metres	1979	Paul Jenkins	Ysgol Duffryn Ogwen	Gwynedd
Shot (4kg.)	15.57 metres	1970	Kevin Jones	Ysgol Maes Garmon	Flint
Hammer (4kg.)	46.16 metres	1974	Nigel Stevens	Gowerton CS	West Glamorgan

Jackie Thomas set the junior girls' 800 best in 1980, not 1976.

## Appendix 7 – Standards and number of pupils achieving them

	Senior Boys		Middle Boys		Junior Boys		Senior Girls		Middle Girls		Junior Girls	
	No standard		No standard		No standard		No standard		No standard		No standard	
100m	23.5 s	3	23.5 s	3	24.5 s	3	27.0 s	3	26.5 s	1	27.5 s	4
200m	52.5 s	2	54.0 s	8	56.5 s	4	62.0 s	1	62.0 s	3	No Event	-
400m	2:03.0	3	2:05.0	4	2:10.0	2	2:28.0	0	2:29.0	4	2:31.0	5
800m	4:15.0	2	4:20.0	4	4:25.0	1	5:13.0	2	5:15.0	3	5:20.0	6
1500m	9:15.0	4	9:20.0	1	No Event	-	11:20.0	1	11:20.0	5	No Event	-
3000m	6:25.0	1	4:55.0	5	No Event	-	No Event	-	No Event	-	No Event	-
Steeplechase	16.0 s	2	14.8 s	4	12.0 s	1	16.5 s	1	13.0 s	6	12.5 s	5
Sprint hurdles	59.0 s	1	60.0 s	4	No Event	-	68.0 s	1	69.0 s	2	No Event	-
400m Hurdles	46.0 s	4	46.0 s	2	48.0 s	4	52.5 s	2	52.5 s	7	53.0 s	3
4x100m Relay	1.80m	1	1.75m	0	1.55m	4	1.45m	3	1.45m	6	1.40m	5
High Jump	3.30m	1	3.00m	2	2.50m	2	No Event	-	No Event	-	No Event	-
Pole Vault	6.40m	1	5.80m	2	5.30m	3	5.00m	2	4.90m	3	4.60m	2
Long Jump	13.25m	1	12.75m	1	11.60m	1	No Event	-	No Event	-	No Event	-
Triple Jump	11.50m	2	13.00m	2	11.75m	3	9.00 m	3	9.00 m	6	9.00 m	3
Shot	35.00m	2	34.00m	4	30.00m	5	30.00m	3	27.50m	3	24.00m	4
Discus	40.00m	0	44.00m	1	35.00m	0	No Event	-	No Event	-	No Event	-
Hammer	47.50m	3	45.00m	7	40.00m	3	30.00m	4	30.00m	2	25.00m	1
Javelin												

## Appendix 8 - OFFICIALS OF THE NATIONAL CHAMPIONSHIP. MEETING 1981

### REFEREES

**TRACK:** Mr. Les Jones (1); Mrs. Marilyn Davies (5); Mr. D. G. Watts (8)

**FIELD:** Mr. Viv. Thomas (6); Mr. E. L. Hancock (5); Mr. D. Flye (5); Mr. J. Sammons (2); *Mr. A. E. Williams, M.B.E., M.M.* (8)

### TRACK JUDGES

#### PANEL 1-Events 1-19. Chief Judge, Mr. Les Jones (1).

##### Report at 9.45 am

Mr. Mike Casey (6); Miss Esther Robertson (6); Miss Pat Burns (6); Miss Val Lewis (6); Mr. Arwyn Evans (6); Mr. Mike Williams (6); Mr. K. D. Jones (8); Miss Julie Newman (6); Mr. Wyn Oliver (2);.

#### PANEL 2-Events 20-42. Chief Judge, Mr. D. G. Watts (8)

##### Report at 11.40 am

Mr. Gwilym Williams (2); Mr. Gerald Price (2); Mrs. Sheila Thomas (2); Mr. Eric Pennington (2); Mr. K. McKreth (1); Mr. David Walker (6); Mr. David G. Paul (6); Mr. K. Sykes (1); Mr. I. T. Adams (3).

#### PANEL 3-Events 43-67. Chief Judge, Mrs. Marilyn Davies (5).

##### Report at 2.35 pm

Mr. Mike Casey (6); Miss Esther Robertson (6); Miss Pat Burns (6); Miss Val Lewis (6); Mr. Arwyn Evans (6); Mr. Mike Williams (6); Mr. N. Lowson (6); Mr. Gareth Jones (6).

#### PANEL 4-Events 68-84. Chief Judge, Mr. D. G. Watts (8).

##### Report at 4.40 pm

Mr. Gwilym Williams (2); Mr. Gerald Price (2); Mrs. Sheila Thomas (2); Mr. Eric Pennington (2); Mr. K. McKreth (1); Mr. David Walker (6); Mr. David G. Paul (6); Mr. K. Sykes (1); Mr. I. T. Adams (3).

### TIMEKEEPERS

#### PANEL 1-Events 11-19. Chief Timekeeper - Mr Brian Williams (7)

##### Report at 9.45 a.m.

Mr. D. McCarter (4); Mr. R. Adams (8); Mr. Gwyn Williams (3); Mr. Roger Pugh (3); *Mr. Derek Huntbach* (3); Mr. Reg. Simmons (3); Mr. Richard Simmonds (3); Mr. David Lewis (3); Mr. Peter Akers (3)

#### PANEL 2-Events 20-42. Chief Timekeeper - Mr. David Llewelyn (6)

##### Report at 11.40 am

Mr. Eirwyn Walters (2); Mr. Ivor Lewis (2); Mr. C. T. Hicks (5); Mr. Arthur Davies (6); Mr. Stephen Ballinger (6); Mr. Mike Simmonds (6); Mr. Ray Williams (6); Miss Joy Hamer (6); A. Reed (7); E. Williams (7); I. Summerfield (7); Mr. P. R. Cray (5)

**PANEL 3-Events 43-67. Chief Timekeeper - Mr. Elwyn Daniels (2)**

**Report at 2.35 pm**

Mr. Peter Akers (3); Mr. Roger Pugh (3); Mr. Derek Huntbach (3); Mr. Reg. Simmons (3); Mr. Richard Simmons (3); Mr. Dave Lewis (1); Mr. Dave McCarter (4)

**PANEL 4.-Events 68-84. Chief Timekeeper - Mr. David Llewelyn (6)**

**Report at 4.40 pm**

M. Eirwyn Walters (2); Mr. Ivor Lewis (2); Mr. C. T. Hicks (5); Mr. Arthur Davies (6); Mr. Stephen Ballinger (6); Mr. Mike Simmonds (6); Mr Ray Williams (6); Miss Joy Hamer (6); A. Reed (7); E. Williams (7); I. Summerfield (7); Mr. P. R. Cray (5)

**STARTERS**

Mr. Ivor Arnold (7); Mr. E. Llewelyn Eaton (1); Mr. J. B. Woolley (1).

**STARTER STEWARDS**

**PANEL 1—Report at 9.45 am**

Mr. George Jones (1); Mr. J. Phillips (1)

**PANEL 2—Report at 11.40 am**

Mr D. Brannan (1); Mr. B. Watkins (1)

**PANEL 3—Report at 2.35 p.m.**

Mr. George Jones (1); Mr. J. Phillips (1)

**PANEL 4—Report at 4.40 pm.**

Mr D. Brannan (1); Mr. B. Watkins (1)

**RELAY JUDGES**

**Chief Judge: Mr. D. J. Phillips (6)**

**BOX 1**—Mr. Humphrey Davies (6); Mr. Mike Hughes (6); Miss Esther Robertson (6); Mr. Mike Casey (6)

**BOX 2**—Mr. Tom Ellis (6); Miss Pat Burns (6); Mr. John Ellis (6); Mr. Arwyn Evans (6)

**BOX 3**—Mr. K. D. Jones (8); Mr. Wyn Oliver (2); Mr. Mike Williams (6); Miss Julie Newman (6); N. Lowson (6); Mr. Gareth Jones (6)

**AREA COMMUNICATIONS—Mr. Tony Wyatt (6).**

**ANNOUNCERS—Mr. Mike Walters (2); Miss Wendy Evans (2)**

**RECORDERS**

**Chief Recorder**-Mrs Mona Hughes (1); Miss S. Crosby (1); Miss Marie Jennings (1); Mrs. Mary Griffiths (1); Miss Rita Jones (4); Mrs. Mary Edwards (4)

**HURDLES STEWARDS**

**Chief Steward**-Mr. Alun Morgan (6); Pupils of Brecon High School

**SECRETARY TO SELECTION SUB-COMMITTEE**—Miss Laura Pritchard (4)

**i/c PROGRAMME SELLERS**-Mr. Roger M. Lewis (6)

**GATE STEWARDS:** Staff and Pupils of Brecon High School

**GROUNDSMEN**-Mr. Brychan Davies (6); Mr David Maskell (6)

**FIELD JUDGES**

**HIGH JUMP**

**Chief Judge Mr. J. Geraint Evans (6)**

**Events 1-14-21**—Mrs.M. Charlton (2); Mr. Les Davies (6); Mrs. Olive Newton (8); Mrs. M. Thomas (8)

**Events 27-35-39**—Mr. David Lloyd (6); Mr. Les Davies (6); Mr. Mel Morris (1)

**LONG JUMP**

**Chief Judge: Mr. O. M. Edwards (1)**

**Events 2-11-15**—Mrs. Margaret David (2); Miss Ann Holloway (6); Mr. P. J. Noblett (6)

**Events 24-28-36**—Miss Gaynor Thomas (2); Mrs. Helen Thomas (2); Mrs. Mary Pearce (2); Mrs. Pat Thomas (2)

**TRIPLE JUMP**

**Chief Judge. Mr. G. Webb (7) am; Mr. Teifryn Michael (2) pm**

**Events 3-22-29**—Mr. Meurig Griffiths (6); Mr. Geoff Wakeford (6); Mr. Eldon Phillips (6)

**POLE VAULT**

**Chief Judge: Mr. Hywel Thomas (2) am; Mr. D. Newton (8) am/pm**

**Events 4-16-30**—Mr. Terry Williams (2); Mr. Martyn Davies (6)

**SHOT**

**Chief Judge: Mr. Colin Griffiths (1).**

**Events 7-10-18**—Mr. Harry Thomas (2); Mr. Gordon Price (2); Mrs. Aerona Edwards (2); Miss Colette Davies (2)

**Events 23-31-34**—Mr. Derek Williams (6); Miss Eleri Turner (6); Mr. Garth Jones (1)

**DISCUS**

**Chief Judge: Mr. Roy Bergiers (2)**

**Events 6-12-17**--Mr. G. Prothero (5); Mr. Geraint Lewis (6); Mr Martyn Davies

**Events 26-33-38**—Mr. B. H. Thompson (6); Mrs. J. Thompson (6); Mrs. Margaret Banning (6)

#### JAVELIN

**Chief Judge: Mr. Ron Jones (4).**

**Events 5-9-19**—Mrs. Anthea Smith (6); Mr. Clive Barrett (6); Mr. J. Lea (7); Mr. Cliff Evans (1).

**Events 25-32-37**—Mr. Arwvn Williams (6); Miss J. Craddock (7); Mr. Cliff Evans (1); *Mr. Dave Preece* (2)

#### HAMMER

**Chief Judge: Mr. Peter Morris (8)**

**Events 8-13-20** - Mr. Dennis Thomas (2); Mr. Bryan Llewelyn (2); Mr. Trevor Thomas (6)

### Appendix 9 – Championship Secretary's Report – Allan Caughter

*With memories of the monsoon like conditions at the 1981 National Cross-Country Championships at Builth Wells still very vivid in my mind, it was with absolute relief that the 35th National Track & Field Championship meeting should be blessed with fine weather in a most beautiful setting at Bishop's Meadow. Perhaps there is a little truth in the adage, "the sun shines on the righteous"!:-*

*The overall success of such a meeting depends upon the unselfish hardworking efforts of a great number of people engaged in an organisational network, and hours of diligent and conscientious training by our young athletes. It goes without saying that this year's Championship Meeting was promoted in the usual and now accustomed positive spirit by all concerned.*

*Athletics events during the day were eagerly and sportingly contested with individual performances being consistently high. In total 10 new Championship Best performances were established.*

*It may, indeed, be ironic and befitting that the outstanding performance of the meeting should be achieved by Gareth Rowlands of Maesydderwen High School, a Powys Athlete who established a new Championship Best of 62.40m in the Senior Boys' Javelin, a record held since 1959 by A.D. Price of Builth Wells H.S.*

*I believe it incumbent upon me to thank the Officers of the Powys Schools' A.A. on behalf of the Welsh Schools' A.A. for their industry and organisation in hosting the Championship and the unrivalled hospitality expressed to all during their stay at Aberhonddu.*

*To David Phillips, Tony Wyatt, David Ball, Brychan Davies and Viv Thomas a special thank you for making this a most memorable and well-planned first Championship meeting for me as Championship Secretary of the W.S.A.A.*

*To the Chairman and Executive Officers of the W.S.A.A., officials, recorders, County Secretaries, Athletes and parents a sincere thank you for your help and support. Without your invaluable contributions such a Championship would not be possible.*

*To Mr. Hodges, Chairman of the Dairy Council and your staff, our appreciation for your continued financial support and the industry, enthusiasm and conscientious approach of Charles Collett, your Promotion Officer.*

*Finally, a very special thank you to Charlie for presenting me with an absolutely foolproof, immaculate and impressively collated and documented catalogue of events on 'How to become Championship Secretary of the Welsh Schools A.A. in 6 nerve racking months: Your willing support and advice was greatly appreciated.*

## Appendix 10 – Performance of the leading cross-country runners (from Builth) at these track & field nationals

Please remember that, for the cross-country nationals, counties could field eight pupils per age group race but at Brecon they were only able to enter one pupils per event, except if they had two pupils achieve the additional entry standard in the middle age group events.

### Senior Girls

2	Becky Powell	Powys	Llandrindod HS	1500	1 <sup>st</sup>
3	Lorena Marchetti	South Glamorgan	Bishop Hannon RCHS	3000	1 <sup>st</sup>
5	Gaynor Cox	South Glamorgan	Bishop of Llandaff HS	1500	3 <sup>rd</sup>
6	Caroline Devereux	Powys	Gwernyfed HS	800	2 <sup>nd</sup>
8	Julie Barratt	Clwyd	Yale College	3000	3 <sup>rd</sup>
9	Nicola Lewis	West Glamorgan	Gowerton CS	3000	5 <sup>th</sup>
12	Anne Morgan	Powys	Llandrindod HS	3000	2 <sup>nd</sup>
13	Sandra Miller	Gwent	St Julian's HS	800 & 1500	1 <sup>st</sup> & 5 <sup>th</sup>
14	Jane Wyatt	Powys	Brecon HS	400 Hurdles	3 <sup>rd</sup>
15	Joanne Feiner	Powys	Brecon HS	400	5 <sup>th</sup>
17	Linda Williams	Gwynedd	Ysgol Tywyn	3000	4 <sup>th</sup>

### Senior Boys

1	Keith Noble	South Glamorgan	St Cyres CS	3000	2 <sup>nd</sup>
3	Richard Toms	Mid Glamorgan	Cardinal Newman CS	1500	1 <sup>st</sup>
4	Peter Lloyd	Dyfed	Pembroke CS	3000	3 <sup>rd</sup>
5	David Thomas	West Glamorgan	Bishop Gore S	3000	1 <sup>st</sup> – new cbp
6	Marcus Thomas	South Glamorgan	Bishop of Llandaff HS	2000 Steeplechase	1 <sup>st</sup> – new cbp
7	Stephen Knight	South Glamorgan	Howardian HS	1500	3 <sup>rd</sup>
8	Mark Jones	Gwent	West Mon CS	800 & 1500	4 <sup>th</sup> & 5 <sup>th</sup>
11	Andrew Reed	West Glamorgan	Bishop Gore S	2000 Steeplechase	3 <sup>rd</sup>
15	Stephen Armstrong	Clwyd	Flintshire CoT	3000	4 <sup>th</sup>
18	Rhodri Breeze	Mid Glamorgan	Bryn Celynnog CS	2000 Steeplechase	2 <sup>nd</sup>
20	Ian Humphreys	Clwyd	Yale College	1500	4 <sup>th</sup>
24	Andrew Treweek	South Glamorgan	Barry Boys' CS	800	3 <sup>rd</sup>

### Middle Girls

1	Fiona Harwood	Mid Glamorgan	Bryn Celynnog CS	1500	1 <sup>st</sup>
2	Jackie Thomas	Dyfed	Lampeter CS	1500	2 <sup>nd</sup>
3	Jane Thomas	South Glamorgan	Llanedeyrn HS	800	3 <sup>rd</sup>
4	Julie Jones	Mid Glamorgan	Pencoed CS	800	4 <sup>th</sup>
5	Nicola Charlton	Clwyd	Mold Alun HS	800 & 400 hurdles	1 <sup>st</sup> & 1 <sup>st</sup>
6	Tracy Thomas	Powys	Brecon HS	3000	5 <sup>th</sup>
13	Bethan Williams	Mid Glamorgan	Brynteg CS	3000	2 <sup>nd</sup>
14	Claire Paisley	West Glamorgan	Olchfa CS	800	2 <sup>nd</sup>
15	Ceri Hopkins	Mid Glamorgan	Ynysawdre CS	3000	2 <sup>nd</sup>
16	Debbie Heaven	South Glamorgan	Rumney HS	400	4 <sup>th</sup>
17	Sara Skinner	Powys	Brecon HS	800	7 <sup>th</sup>

### Middle Boys

1	Brian Matthews	South Glamorgan	Barry Boys' CS	1500 Steeplechase	2 <sup>nd</sup>
3	Nicholas Comerford	South Glamorgan	St Cadoc's RCHS	1500	1 <sup>st</sup>
5	Alwyn Ormond	Gwent	Croesyceiliog CS	1500 Steeplechase	3 <sup>rd</sup>
8	Scott Atkins	South Glamorgan	Radyr CS	3000	1 <sup>st</sup>
10	Glen Durham	Gwent	Tredegar CS	1500	2 <sup>nd</sup>
11	Andrew Ridgeway	Clwyd	Grove Park GS	1500	4 <sup>th</sup>
14	Grant Howells	Dyfed	Amman Valley CS	800	1 <sup>st</sup>
17	Meredith Richards	Dyfed	Ysgol Dewi Sant	3000 & 1500 Steeplechase	2 <sup>nd</sup> & 4 <sup>th</sup>

### Junior Girls

1	Debbie Crowley	West Glamorgan	Glanafan CS	1500	1 <sup>st</sup>
3	Julie Thompson	Mid Glamorgan	Bryn Celynnog CS	1500	2 <sup>nd</sup>
6	Marianne Jenkins	Mid Glamorgan	Bryn Celynnog CS	800	8 <sup>th</sup>
8	Anne Parry	Dyfed	Preseli SS	1500	3 <sup>rd</sup>
14	Shetha Habib	South Glamorgan	Cantonian HS	800	7 <sup>th</sup>
16	Paula Nicholls	Powys	Brecon HS	1500	7 <sup>th</sup>
18	Sally Jones	Powys	Gwernyfed HS	800	4 <sup>th</sup>

### Junior Boys

1	David Morgan	Mid Glamorgan	Heolddu CS	1500	4 <sup>th</sup>
2	Carl Worthington	Mid Glamorgan	Ferndale CS	800	1 <sup>st</sup>
4	Peter Bridger	South Glamorgan	Cowbridge CS	800	2 <sup>nd</sup>
6	Michael Powell	South Glamorgan	Bishop of Llandaff HS	1500	1 <sup>st</sup>
9	Gary Ellis	Gwynedd	Ysgol Syr Hugh Owen	1500	6 <sup>th</sup>
21	Stephen Partridge	Mid Glamorgan	Bryntirion CS	Long Jump	4 <sup>th</sup>

### Appendix 11 – Officers of Powys Schools AA

Chairman Mr J Davis

Secretary Mr David Phillips

Treasurer Mr David Phillips

Committee: Mr Geraint Evans, Mr David Llewellyn, Mr Ray Morris, Mr Humphrey Davies, Mr David Ball, Mrs Tess Davies, Mrs Ann Evans

### Appendix 12 - Acknowledgements from Powys Schools AA

The Powys Schools AA thanked the following organisations for their generous donations:

All high schools in Powys

Barclays Bank Limited

Borough of Brecknock Council

Development Board for Rural Wales

HQ Welsh Brigade, Brecon

Midland Bank Limited

Montgomery District Council

Powys County Council

Radnor District Council