



WELSH ATHLETICS
ATHLETAU CYMRU

*LISTEN
ENGAGE
REPRESENT*

Welsh Athletics Support Programmes
Overview
2022-2026



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Creating A Performance Culture



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WELSH ATHLETICS PERFORMANCE PROGRAMME

What is the profile of a Welsh Athletics Performance Programme athlete?

- **Have the ability of consistently making World & European GB Championships teams. Athletes that are targeting 2024 European championships and future World Championships, on track to be a medal zone athlete for the 2026 Commonwealth Games 25%**
- **Athletes have a strong performance profile, achieving multiple event discipline consideration standards, aligned to the Performance Tolerance Tables 35%.**
- **Athletes will have agreed performance/process goals aligned to their athlete improvement plan with evidence based information supporting progression of key performance markers 30%**
- **The athlete and coach engage with support from Welsh Athletics and key partners that will add value to their over all performance 10%**

WELSH ATHLETICS PERFORMANCE PROGRAMME

- **Athlete Grant** - A set amount for all athletes on this programme.
- **Services** - Agreed service agreement with all athletes based in Wales and also outside Wales.
- **Camps** - Flexibility around funding for preparation camp opportunities as an alternative to WA organised camps
- **Competition** - Agreed in advance aligned with the individual athlete plan
- **Coach Support & Development grant**



WELSH ATHLETICS DEVELOPMENT PERFORMANCE PROGRAMME

What is the profile of a Welsh Athletics Development Performance Programme athlete?

- **Athletes should be within % of the European performance standard, consistently achieving the required Development Programme standard. They will be working towards qualifying for a European Championship and top 6 performance at the 2026 commonwealth games. 30%**
- **Clear evidence to show that the individual athlete's performance profile is on an upward trend, based on the event discipline that is aligned to the athlete's individual investment plan. 20%**
- **Athletes will have agreed performance/process goals aligned to their athlete improvement plan with evidence-based information supporting progression of key performance markers. 35%**
- **Coach engaging with support from Welsh Athletics and key partners that will add value to their overall performance environment. 15%**



WELSH ATHLETICS DEVELOPMENT PERFORMANCE PROGRAMME

- **Athlete Services** - Athlete service agreement for athletes based in Wales and also outside Wales.
- **Camps** - Athletes will be invited to WA organised camps , this will be the only camp investment for athletes based on the performance development programme, offering a central level of support through Welsh Athletics.
 - Some flexibility will be granted for athletes that are in full time education and can not attend WA organised camps , allowing investment for athletes attending University to be put toward Uni organised camps
- **Competition** – Compliance to attend WA representative and priority competition opportunities aligned to strategic objectives :
 - British Championship Events .
 - Manchester or Loughborough International
- **Coaching Support** - Support from WA Coach Development Manager and Event Group NTDCs to generate an agreed coach development plan with four review points annually Dec/Feb/April/Aug.

