

**LISTEN
ENGAGE
REPRESENT**



WELSH ATHLETICS
ATHLETAU CYMRU

Virgin Giving London Mini Marathon
Wales Selections

U13 Girls

Libby Hale	Swansea Harriers
Bryony Boyce	Cardiff Athletics
Millie Pierce	Swansea Harriers
Rebeca Harries	Cardiff Athletics
Chloe Hartley-Green	Swansea Harriers
Amelia Williams	Carmarthen Harriers

U13 Boys

Aaron Nathan	Cardiff Archers
Joe Edwards	Brecon AC
Alfie Shiland	Colwyn Bay
Garyn Tough	Aberdare AAC
William Coles	Carmarthen Harriers
Ellis Martin	Deeside AAC

U15 Girls

Beca Bown	Menai
Millie Gold	Cardiff AC
Ruby Herdman	Brecon AC
Mabli Phillips	Cardiff AC
Josephine Hurst	Deeside
Cara Scott	Menai

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U15 Boys

Kobe Beltran	Cardiff Athletics
Henry Dawes	Newport Harriers
Ifan Bowen	Carmarthen Harriers
Iwan Thomas	Carmarthen Harriers
Miguel Jenkins	Menai
Kerby Beltran	Cardiff Athletics

U17 Women

Bethan Hardman	Cardiff Archers
Sophie Knoyle	Cardiff Archers
Maddison Griffiths	Maldwyn Harriers
Ceri Griffiths	Newport Harriers
Neisha Roberts	Deeside AAC
Ella Davies	Swansea Harriers

U17 Men

Oliver Humphreys	Newport Harriers
Roman Hodgson	Deeside AAC
Rhys Llewellyn	Pembrokeshire Harriers
Ben Hughes	Cardiff Athletics
Deri McCluskey	Maldwyn Harriers
Aled Breeze	Maldwyn Harriers

Team Managers

Neil Thomas – Team Lead
Jayne Breeze
Alaw Beynon-Thomas
Mark Gold
Cressy Morgan
Barry Edwards