



# Welsh Athletics Virtual League 2020



WELSH ATHLETICS  
ATHLETAU CYMRU

## Scoring Categories



- Best Club (Overall)
- Best Club (Male)
- Best Club (Female)
- Best Club (Age Group)
- Best Club (Event Group)
- Best Individual (Overall)
- Best Individual (Event)
- Best Individual (Male)
- Best Individual (Female)
- Best Individual (Age Group)

## Event Structure



#RunWithTheWind  
100m, 200m, Sprint Hurdles,  
Jumps

Welsh Milers by MDAL  
400m, 400m Hurdles, 800m,  
1500m, 3000m, s/c, Walks, Jumps

Independent Throws Meets

## Welsh Championships



Points will be awarded at Welsh U17, U20 and Senior Championship events to promote and encourage engagement at National Level events

## Finals Weekend



Saturday 15th August  
Cardiff International Sports Campus  
100m, 200m, Sprint Hurdles,  
Pole Vault, High Jump, Shot Put, Hammer

Sunday 16th August  
Swansea Uni Athletics Stadium  
400m, 800m, 400m Hurdles, 1500m, 3000m,  
Long Jump, Triple Jump, Discus, Javelin



U17, U20, Seniors & Masters



World Athletics Points System



Popular event-specific format

## Background to the Virtual League

With the increased demand for event-specific competition, Welsh Athletics have launched the virtual league that will replace the traditional league format of competition. The league will cater for all disciplines across a series of already-established event-specific open meetings and will maintain the club ethos that sits at the heart of athletics by encouraging inter-club competition as well as individual performance. Further information on the aims of the league, and the full list of scoring events can be found at [www.welshathletics.org/welsh-athletics-virtual-league](http://www.welshathletics.org/welsh-athletics-virtual-league).