



South Wales Regional Athletics Council



Date: Friday, 10 November 2023

Time: 19:00 - 21:00

Venue: Cardiff International Sports
Complex, Leckwith

Chair Person: Lee Hayward

Minutes

Attendees: Glyn Pugh (Rhondda AC), Pauline Dodd (Rhondda AC), Dawne Meynell (Welfare Officer - Female), Richard Edge (CDF Runners), Stewart Harding (CDF Runners), Phil Warwicker (Cardiff Archers)

Apologies: Rowland Williams (Pontyclun AC), Georgina Fraser (Cornelly Striders), Iwan Dowie (Cornelly Striders), Paul Davies (Aberdare), Pete Morris (

1. Welcome & Apologies for Absence

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2. Thank you's to...

- Chris Pratt - New logo designs
- Paul Davies - New Gazebo
- Steph Iverson (**Ogmore Pheonix**) - Team Manager
- Bryn Griffiths (**Rhondda AC**) - Team Manager
- Victoria Garvey (**Barry & Vale**) - Team Manager

3. Finance Update

- Struggling without treasurer, agreement with Jen for Lee to present to committee and Jen to organise payments etc.
- Vest sales not yet received but will get some in during Inter-Regionals
- £4,500 left but gazebo and new kit to buy (£1,500)
- Hope to get £2000
- Clubs to pay YDL fees and athletes to charge £5 on the day.
- Income from JDL but a lot will be re-invested for kids

4. **Competitions & Roles 2023/24**

- Lee (Chair)
- Kyle (Secretary)
- Committee (Endurance)
- Steph (Cross Country)
- Pete
- Matt
- Chris Pratt to reach out to officers and encourage participation
- We need to have a blueprint
- Request put to T&F committee to ask that
- Clubs
- Endurance committee to review races and report back to.

5. **Cross Country Regional Championships 2023/24**

- Can U11's be awarded Regional Championship medals? **YES**
- We could do with someone to offer medals at the finish line as done by West Wales.
- Results
- Last year the Masters teams had a team score of 3 to get medals but this year I have used 4 to score as stated in eligibility criteria. What is correct?
Use a 3

6. **Endurance Sub-committee Update**

- Lots of communication with endurance clubs lots of support from Stuart of CDF.
- 2 meetings so far - 10 clubs involved.
- Lots of conversation sparked at meetings.
- Report to be sent over.
- Affiliation fee with WA is a contentious issue and clubs want to know more about.
- Regional champs races will be decided
- What's App group setup to help discussions.
- A park run is being considered for clubs to get together and socialise and share knowledge.

7. **Inter-Regional Cross Country Championships Feedback**

- More offers from other clubs to ease burden on current crop of Team Managers and to help guide process of selection.
- Where are we with teams?
- Where are we with gazebo?
- Shirts are popular.

- Crop tops are a little more in price and there is a demand for them.

8. Junior League / Fun Event 2024

- 2024 fixtures are in place.
- Discussions had about what the region will look like going forward.
- South & East
- Limited day.
- Scoring system
- Medals
- Fun day on 13th July - Aberdare
- Bridgend wish to come back in to the region

9. Welsh Athletics AGM 2023 & Proposal for new affiliation fee

- Affiliation fee's increased plus membership but was voted down.
- Social media and communication
- Costs are low and they are looking at commercial ways for funding to come in.
- Club benefits are not pushed and we need to push what we want.
- Welsh athletics have helped clubs in the past.
- Affiliation fees cover some accidents to athletes but not others so clubs need to take out personal liability insurance as extra protection.
- It is not clear what the direction of travel is for WA.
- There are too many different race organisers and clubs do not know who to turn to.

10. AOB

11.

12. T&F Inter-Regional - lots of negative feedback from 2023

- Didn't like the alternating of events
- Dislike for full events over 7 hrs, Can't do over 2 days due to travel for NW. No U13 an issue (U15 - U17)
- 2025 staying in Brecon as the central
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- Can we chose a race of XC champs and run it ourselves.
- It would make it easier for us.
- September Regional race in advance of Gwent
- 9 officials are needed only to put on an event.
- Gwent would lend the scanning equipment.

13. Date of Next Meeting

- Aberdare?

- Week of 4th December?