

Thursday, 15 December 2022

Cardiff International Sports  
Complex, Leckwith Road,  
Cardiff

**Start Time: 18:30**

**End Time: 20:40**

Chairperson - **Lee Hayward**



South Wales

Regional Athletic Council

## Minutes

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- Welcomed, thanks and apologies advised.

### Regional Development Plan

- Welsh Athletics Regional Development Officers did not turn as planned.

### Update on actions from previous meeting

- Chair read out statement from treasurer and talked through action points from last meeting with the following actions
- It was noted that the region has not received any money since 2019 and a starters gun has been purchased.
- A RDP has been submitted and the region will receive £2000.
- Priority of investment from fund will go on branded gazebo, flags and vests following feedback from inter-regional Cross Country.
- Consideration of new branded vest ordering system via online was discussed but region may have to continue with current arrangements for the time being.
- Agreement for future meetings to be held on a Sunday in-line with governance calendar and for venue to move around region to encourage greater participation.

### Track & Field

- Feedback from meeting seems to be that decisions have been made regarding summer T&F season and that it will be similar to last year with run, jump, throw encouraged but non mandatory, additional points being awarded for doing all three but maximum of 4 athletes per event to continue.
- A new mini licence 0 is being considered by Welsh Athletics to enable events to be put more easily.

- Cardiff Athletics & Cardiff Archers are looking to put on fun, friendly events in Feb/March 2023 and regional clubs will be invited.
- There were discussions regarding a dispute over records for SIAB in Belfast where records were exceeded but as there were no wind gauges record could not be recorded.
- Inter-regional event 2023 needs to be arranged, track and date needs to be booked asap and volunteers needed. A T&F sub-group meeting is required asap and Joyce Tamala will help with this.

### **Endurance**

- Endurance sub committee to be setup encourage greater engagement from running clubs in region and to feed back into regional meetings. Questionnaire being considered to gather information.
- Discussions on treatment of endurance clubs talked about and how they feel forgotten about.
- General feelings that region and endurance as a whole needs to be advertised better and for the regional council to be seen as a council for everyone and not just elite athletics.
- Discussions had regarding the need for Social Media to be utilised better.
- General discussions regarding the Inter-Regional event in Monmouth were had with the general feeling from participants and team managers that South Wales did come across as the poor relation with the camping tent, no banners and nothing to help team managers stand out. However, spirits were high and results were good.
- Full agreement from attendees to spend money Regional Development Plan grant on right equipment to better advertise the region.
- Policy and process for Inter-Regional selections was discussed and agreement that a more simplified way of completing process is needed and greater communication required both to athletes, clubs and back to region.
- Google / Microsoft forms being considered as a work around.

### **Summer Inter Club Friendly T&F competitions**

- Sub-committee needed asap to ensure contingency plans.
- Blueprint for friendly events to be discussed with other regions and clubs within region that have already put on events.
- Cardiff Throws replacement discussed and dates are to be confirmed and distributed.

### **AOB**

- GC meeting headline was governance calendar.
- Road Running Inter Regional 5k & 10k proposal to get Whitchurch 5k and Helena 10k to be used as inter regional. However, Cardiff 5k is nearly full so 5k may not be possible, 10k is a possibility.
- Hannah Pretty has asked for a panel to sit on modernisation grant as chair and secretary. Bernie Plain (President SWRAC) to sit on panel.
- 2014, 2018 and 2022 commonwealth games report was discussed as they have not been published. Bernie Plain (President SWRAC) will pick this up and chase further.
- A calendar of events was requested and a template is being put together for distribution on regular basis.
- UKCAU discussed and athletes to be chose from Inter-Regional and Gwent League fixtures. A minimum of 4 team managers are to be requested

### **Date & time of next meeting**

- Next meeting will be on (1) Sunday 19th Feb 2023 followed by (2) Sunday 23rd April 2023, (3) SWRAC AGM week of 12th June, (4) week of 14th August, (5) week of 16th October and (6) week of 11th December 2023 in line with the governance calendar
- President wished everyone a Merry Christmas and advised of pride in representing the region.