

Welsh Athletics Junior Open
Incorporating the Regional Championships for
South Wales, East Wales, West Wales & South West England

Sunday 5th January 2020

FINAL TIMETABLE



5th January - TRACK

	Register By	Call Room IN	TrackTime	Presentation	Event	Age Groups
T01	09:00	10:10	10:30	10:47	1500m	U17M
T02	09:07	10:17	10:37	10:54	1500m	U17W
T03	09:14	10:24	10:44	11:01	1500m	U15B
T04	09:21	10:31	10:51	11:08	1500m	U15G
T05	09:28	10:38	10:58	11:15	1500m	U13B
T06	09:35	10:45	11:05	11:29	1500m	U13G
T07	09:49	10:59	11:19	11:47	60m Hurdles	U17M
T08	10:07	11:17	11:37	12:09	60m Hurdles	U17W
T09	10:29	11:39	11:59	12:31	60m Hurdles	U15B
T10	10:51	12:01	12:21	12:57	60m Hurdles	U15G
T11	11:17	12:27	12:47	13:15	60m Hurdles	U13B
T12	11:35	12:45	13:05	13:41	60m Hurdles	U13G
T13	12:01	13:11	13:31	13:53	800m	U17M
T14	12:13	13:23	13:43	14:01	800m	U17W
T15	13:09	13:31	13:51	14:21	800m	U13G
T16	12:41	13:51	14:11	14:37	800m	U15G
T17	12:57	14:07	14:27	14:49	800m	U13B
T18	12:21	14:19	14:39	15:01	800m	U15B
T19	13:21	14:31	14:51	15:25	60m	U17M
T20	13:45	14:55	15:15	15:45	60m	U13B
T21	14:05	15:15	15:35	16:09	60m	U15B
T22	14:29	15:39	15:59	16:33	60m	U17W
T23	15:21	16:03	16:23	17:01	60m	U15G
T24	14:53	16:31	16:51	17:37	60m	U13G

5th January FIELD

	Register By	Call Room IN	Field Time	Presentation	Event	Age Groups
F01	09:00	10:00	10:30	11:40	Shot	U15G
F02	09:15	10:00	10:45	11:55	Pole Vault	U15B
F03	09:15	10:00	10:45	11:55	Pole Vault	U17M
F04	09:30	10:30	11:00	12:46	Long Jump	U13B
F05	10:45	11:45	12:15	13:46	Long Jump	U17W
F06	11:45	12:45	13:15	15:01	Long Jump	U15B
F07	13:00	14:00	14:30	15:40	Pole Vault	U15G
F08	13:00	14:00	14:30	15:40	Pole Vault	U17W
F09	13:15	14:15	14:45	16:28	Shot	U13G
F10	14:10	15:10	15:40	16:53	Long Jump	U17M

PRESENTATION INFORMATION

All track Presentations will require all athlete to assemble at the presentation area 10 minutes after the last heat

All athletes in field events will be taken to presentation as soon as the event has finished and the field cards checked for accuracy

**Live Results, Start lists & other
information**



SCAN ME