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WELSH ATHLETICS
ATHLETAU CYMRU

Senior Home Countries International
(Incorporating the British Athletics up and down Trial for the European off-road Championships)
22nd May 2022
Alva, Clackmannanshire, Scotland
Policy – April 2022

Overview

The Senior Home International will take place on Sunday May 22nd at Alva, Clackmannanshire, Scotland. Welsh Athletics continue to value competition opportunities for our senior athletes.

Selection Policy Aim

The selection panel will attempt to select the best team possible to represent Wales in a high-quality senior mountain running race.

Selection Criteria

At the Selection Panels discretion, Teams of up to **4 senior Men and 4 senior women**, and up to **2 U23 men and 2 U23 women** (born within years 2000-2002 inclusive) may be selected.

The race is run under British Athletics rules and is open to senior athletes born from 2000 onwards

For consideration for selection, athletes **are expected to** take part in the **trial race** at the **British Inter-Counties Mountain Running Championships which will take place at Llanberis on Saturday 7th May 2022**. www.britishintercountiesfellrunningchampionships.wordpress.com

This will act as the official trial race. The first 2 senior men, 2 senior women, 1 U23 man 1 U23 woman will gain automatic selection from the trial race (Subject to performances being of an appropriate standard) with the remaining places to be decided by the selectors.

Athletes must also show evidence of proven mountain/fell running form and fitness from recent mountain or fell races to be considered for the team. Welsh Athletics will consider not selecting a full-strength team if it believes that selection / performance standards indicate that an athlete would not be competitive at the competition.

Athlete Eligibility

To be considered for selection, athletes must satisfy the following.

1. Be eligible to compete for Wales by either:
 - a. Birth
 - b. Parentage
 - c. Retention
 - d. Residence (minimum 3 years)

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Selection Process

The selection meeting will take place on **Monday May 8th, 2022**. The Selection Panel will comprise of 5 voting members - 2 members of the Coaching and Performance team, 2 independent panel members (as nominated by the Mountain and trail Committee) and 1 of the nominated team managers for the event.

There is no obligation to fill all available positions.

Welsh Athletics is committed to offering equal opportunities to all athletes in Wales. Any Welsh athlete is eligible to be selected and will be considered as part of the selection process, providing they have achieved all that is laid out within this selection policy. Welsh Athletics will not discriminate in the selection of any athlete based on any protected characteristics.

Covid Protocols

All athletes and team staff selected will be subject to Government Guidance at the time of this event in respect of dispensation to travel and compete.

Appeals Process

There shall be no right of appeal to the selection of the Welsh team made by the Panel.

De-Selection Process

De-selection of an athlete may occur following.

1. Failure to achieve the standard fitness testing protocols
2. Failure to adhere to the Welsh Athletics athlete code of conduct

In the event that an athlete sustains an injury following acceptance of their position on the team, they are required to inform the Team Manager immediately.

Amendment

Welsh Athletics reserves the right to amend this Selection Policy at its sole discretion and will make any amended version available to the public (including the date the amendment was made).