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**WELSH ATHLETICS**  
ATHLETAU CYMRU

**Trail de Guerledan  
Saturday 27<sup>th</sup> May – Brittany, France  
Selection Policy published December 2022**

**Overview**

The Trail de Guerledan will take place in Brittany, France on Saturday 27<sup>th</sup> May. This provides senior athletes with the opportunity to compete abroad against a high-quality international field. Welsh Athletics continues to value international competition opportunities and the role it plays in developing Welsh athletes.

**Selection Policy Aim**

The selection panel will attempt to select the best team possible to represent Wales.

**Athlete Eligibility**

To be considered for selection, athletes must be eligible to compete for Wales through at least one of the following:

1. Birth
2. Parentage
3. Retention
4. Residence (minimum 3 years)

**Competition Format**

The Trail de Guerledan provides **Senior Age Group** competition opportunities.

Teams of up to 4 Senior Men and 4 Senior Women may be selected for the 26km race and 1 Senior Man and 1 Senior Women in the 65km race. Athletes will compete against international teams and athletes.

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## Selection Process



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### 26km race

The first three Welsh male and female athletes in **Red Kite Challenge Half Marathon Trail Race**, incorporating the Welsh Athletics Senior Trail (long) Championships, on **Saturday 29<sup>th</sup> April** will be selected for the 26km race, with the final place at the discretion of the selection panel. **There is no obligation to fill all available positions, even if athletes finish in the top three in the trial race, if runners are not considered of the required standard to warrant selection.**

To be considered for the 26km team athletes need to do one of the following:

1. Take part in the Red Kite Challenge Half Marathon Trail Race
2. If unable to do the Red Kite Challenge Half Marathon Trail Race, contact Dic Evans (Welsh Athletics Mountain and Trail committee representative) and Steve Mitchell (Welsh Athletics National Talent Development Coordinator) before the race. The athlete must explain why they are unable to do the race and give an indication of current trail running form. The athlete will be considered for the discretionary places.

Dic Evans contact email address: [rhedwr@gmail.com](mailto:rhedwr@gmail.com)

Steve Mitchell contact email address: [steve.mitchell@welshathletics.org](mailto:steve.mitchell@welshathletics.org)

The selection meeting will take place on **Tuesday 2nd May** and the teams will be announced on the following **Saturday 6<sup>th</sup> May**.

The **Selection Panel** will comprise of **2 individuals nominated by the Welsh Athletics Mountain and Trail Committee, a team manager and 2 members from the Welsh Athletics performance team.**

In coming to its decision, the **Selection Panel** will consider the following criteria when it comes to the discretionary places (in no priority order):

1. 2022 and 2023 form and fitness in trail races of similar distance, terrain and elevation
2. Evidence of competing in trail races in previous seasons
3. Future potential and associated progression / development
4. Head-to-head competitive records
5. Previous / other event championship performances
6. Injury status
7. Athletes who are supportive of Welsh Athletics

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8. Any other factors that, in the panel's opinion, give Wales the best chance of success

### **65km race**

There will be no official trial race for the 65km race. Performances between 1<sup>st</sup> January 2022 and 26<sup>th</sup> February 2023 will be taken into consideration. Athletes must show fitness and form in a race of a similar distance, terrain and elevation to the 65km race at Trail de Guerledan.

Athletes wishing to be considered for selection must contact Dic Evans, rhedwr@gmail.com, and Steve Mitchell, steve.mitchell@welshathletics.org, by **22:00 on Sunday 26<sup>th</sup> February** to confirm their interest and to state their performances in suitable races within the qualification time frame.

The selection meeting will take place on Tuesday 28<sup>th</sup> February, with the understanding that chosen athletes will be expected to compete in the **Red Kite Challenge Half Marathon Trail Race on Saturday 29<sup>th</sup> April** to show current form. The team will be announced with those selected for the 26km race on **Saturday 6<sup>th</sup> May**.

The **Selection Panel** will comprise of **2 individuals nominated by the Welsh Athletics Mountain and Trail Committee, a team manager and 2 members from the Welsh Athletics performance team.**

In coming to its decision, the **Selection Panel** will consider the following criteria (in no priority order):

1. 2022 and 2023 form and fitness in trail races of similar distance, terrain and elevation
2. Evidence of competing in trail races in previous seasons
3. Future potential and associated progression / development
4. Head-to-head competitive records
5. Previous / other event championship performances
6. Injury status
7. Athletes who are supportive of Welsh Athletics
8. Any other factors that, in the panel's opinion, give Wales the best chance of success

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### **Appeals Process**

There shall be no right of appeal to Welsh Team selected by the Selection Panel.

### **De-Selection Process**

De-selection of an athlete may occur following:

1. Failure to adhere to the Welsh Athletics athlete code of conduct
2. In the event of an athlete sustaining an injury or illness following acceptance of their position on the team, they are required to inform the team leader immediately. If it is deemed that the injury or illness will negatively affect the athlete's performance this will result in de-selection.

### **Equal Opportunities**

Welsh Athletics is committed to offering equal opportunities to all athletes in Wales. Any Welsh athletes will be considered as part of the selection process, providing they have met the criteria that is laid out within this policy. Welsh Athletics will not discriminate in the selection of any athlete on the basis of any protected characteristics.

### **Amendment**

Welsh Athletics reserves the right to amend this Selection Policy at its sole discretion and will make any amended version publicly available (including the date on which the amendment was made) at [www.welshathletics.org](http://www.welshathletics.org)