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WELSH ATHLETICS
ATHLETAU CYMRU

Armagh International Road Race
Thursday 9th February – Armagh, Northern Ireland
Selection Policy published December 2022

Overview

The Armagh International Road Race will take place in Armagh, Northern Ireland on Thursday 9th February 2023. This provides senior and U20 athletes with the opportunity to compete against a high-quality **international** field. Welsh Athletics continues to value **international** competition opportunities and the role it plays in developing Welsh athletes.

Selection Policy Aim

The selection panel will attempt to select the best athletes possible to represent Wales.

Athlete Eligibility

To be considered for selection, athletes must be eligible to compete for Wales through at least one of the following:

1. Birth
2. Parentage
3. Retention
4. Residence (minimum 3 years)

Competition Format

The Armagh International Road Race provides **Senior and U20 Age Group** competition opportunities within the same race.

Teams of up to **4 Senior and 4 U20 Men in the 5km race and 4 Senior and 4 U20 Women in the 3km race** may be selected. For the U20 team we will follow IAAF rules, so U20 athletes are those born in 2004, 2005 and 2006. Wales will compete against **national** senior teams from the home nations.

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Selection Criteria



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For consideration for selection, athletes must have achieved at least one of the following qualification standards (at there are limited road 3km races, a 5km qualification standard has been included for females in addition to a 3km standard):

U20 Female	Senior Female	Event	Senior Male	U20 Male
9:50	9:25	3km	x	x
17:10	16:30	5km	14:15	14:45

Qualification standards must have been achieved between 00:00 (GMT) 9th January 2022 and 00:00 9th January 2023 (GMT).

Qualification standards must be achieved in competitions organised or authorized by World Athletics, its Area Associations or its National Member Federations (Road and Track performances apply)

Selection Process

The selection meeting will take place on **Tuesday 10th January 2023** and the teams will be announced on **Saturday 14th January 2023**. **There is no obligation to fill all available positions.**

The **Selection Panel** will comprise of **2 individuals nominated by the Welsh Athletics Road and Cross Committee, a team manager and 2 individuals from the Welsh Athletics performance team.**

In coming to its decision, the **Selection Panel** will consider the following criteria when it comes to the discretionary places (in no priority order):

1. 2022 and 2023 form and fitness for females in 3km and 5km races and for males in 5km races
2. Evidence of competing for females in 3km and 5km races and for males in 5km races in previous seasons
3. Current form, fitness and competition history (from 1st September 2022 to 9th January 2023)
4. Future potential and associated progression / development
5. Head-to-head competitiverecords
6. Previous / other event championship performances
7. Injury status
8. Athletes who are supportive of Welsh Athletics

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9. Any other factors that, in the panel's opinion, give Wales the best chance of success

Appeals Process

There shall be no right of appeal to Welsh Team selected by the Selection Panel.

De-Selection Process

De-selection of an athlete may occur following:

1. Failure to adhere to the Welsh Athletics athlete code of conduct
2. In the event of an athlete sustaining an injury or illness following acceptance of their position on the team, they are required to inform the team leader immediately. If it is deemed that the injury or illness will negatively affect the athlete's performance this will result in de-selection.

Equal Opportunities

Welsh Athletics is committed to offering equal opportunities to all athletes in Wales. Any Welsh athletes will be considered as part of the selection process, providing they have met the criteria that is laid out within this policy. Welsh Athletics will not discriminate in the selection of any athlete on the basis of any protected characteristics.

Amendment

Welsh Athletics reserves the right to amend this Selection Policy at its sole discretion and will make any amended version publicly available (including the date on which the amendment was made) at www.welshathletics.org