



WELSH ATHLETICS  
ATHLETAU CYMRU

**Minutes of the Welsh Trail Running Committee Meeting** – Wednesday 7<sup>th</sup>  
February, Elan Valley VC

**Present:** Matt Ward **MW** (Secretary), Dic Evans **DE** (Chairman, Cross Country/West Representative), John Chidlow **JC** (East Representative and WA Endurance Officials Secretary), Steve Brace **SB** (Run4Wales), Fred Malkin **FM** (Trail Running South)

**Apologies:** Arwel Lewis **AL** (Mountain/North)

- 1.0** DE proposed that in future the Welsh Champs needs to have two specific distances 10k and 1/2 marathon. The suggestion that there should one in the Spring and one in the Autumn. During the discussion it emerged that FM and SB would prefer a 10km event for the Championships. **This needs to be agreed in time for the 2019 season.**
- 2.0** The Red Kite Challenge (5<sup>th</sup> May) will be the Welsh Senior Trail Champs in 2018, the event also includes the Welsh trial race for the International Youth Cup in 2018 for U17s. The event will also be the Welsh Junior Championships for U15, U17 and U20 boys and girls. Finally, the event will also be the selection race for the Celtic Trail Challenge in June 2018. The first man and woman in the Welsh Championship race will be guaranteed selection. The rest of the team will be at the discretion of the selectors.
- 3.0** The 2018 / 19 budget was discussed. The proposal is that expenditure will be split between the Celtic Challenge event (£1500), Development Days (£1000) and an international development race (£1000) to be discussed and agreed with CJ. **MW** to email James Williams and copy in CJ to see what the position is.
- 4.0** A Welsh Trail Running Development Day has been agreed upon. CJ has pledged support. Following today's meeting SB proposed that some trail athletes are invited / added to one of the existing Endurance Development Days. This will be logical and require less organisation and cost. Target runners will be U23. **MW** to email James Williams and copy in CJ to see what the position is.
- 5.0** Regional Champs race for 2018 Are proposed as. **WEST** - Red Kite Challenge on May 5<sup>th</sup>. **EAST** – Sirhowy Challenge May 13<sup>th</sup>. **SOUTH** – Llantwit Major Trail 10k on 25<sup>th</sup> August – **NORTH** – **AL to report back on**



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**proposed event asap. NOTE:** *any events will need to be added to the WA website and communicated to all regions by the local rep.*

- 6.0** JC put forward a list of qualified officials from across the regions. SB pointed out that there is also a UKA adjudicator position for events. **JC** to send this on and then to be circulated to the regions
- 7.0** WA Inter Region TRC takes place at the Welsh Trail Running Festival in Builth on 18th of May. The race will also host the Welsh Masters Trail Championships. **Alex Donald** to send out Excel sheet to Regional Reps for registration of athletes.

**Date of next meetings – Wednesday 9<sup>th</sup> May, 2018 – Rhayader, Powys**