

Minutes of the Annual General Meeting held on 31st July 2018 at Cardiff International Sports Campus

Present:

Dai Williams (Bridgend AC, Chair); Hannah Pretty (WA Networks Officer); Darran Williams (T&F Secretary); Keith Matthews (Treasurer); Daniel Bodman (Aberdare); Graham Finlayson (Road & Cross Country Representative); Peter Morris (Life Member); Graham Webb (Cardiff AAC); John Penny (Cardiff AAC); Ron Morris (San Domenico); Chris Pratt (Ogmore Phoenix Runners); Vicky Mead (Pontyclun Roadrunners); Georgina Fraser (Cornelly Striders); Lucy Archer (Bridgend AC); Jamie Clode (Bridgend AC, Regional Licence Coordinator)

Apologies for absence

Jen Stone (Secretary); Cath Alford (Rhondda AC); Bernie Plaine (Cardiff AAC); Geraint (Pontyclun AC); Iwan Dowie (Cornelly)

1. Consideration of Reports from the current Officers

Chairman(Dai) - Inter regionals on the track we took 2nd with 4 champ bests. Selection is being made for this year, date of event is the 25th. James Hunt senior mens XC title. Regional schools XC held across two sites, Newbridge fields and Pontcanna, over 600 attending on each day. Inter regionals XC cancelled due to bad weather. UKCAU Finished 3rd overall in 9 athletes to score. Most improved is scored on 6. Likely to be one of the best performing teams. U20m took an 8th, which is a great performance.

Pentyrch hill race, held and good turnout. Possibly looking at assisting with bar code scanning results to help. SSAFA will be looking to have this too. MML5K held the regional championship, had online entries. Lots of people either didn't select to be included in champs or entered on the night so, Excluded.

Regional development gone from strength to strength, endurance has been a particular highlight. Sprints is building steam and had relay sessions over the summer. Throws is in its infancy but growing.

Inter-regional champs, teams were low on numbers.

Well done to all athletes that went to commonwealth games as well as coaches. Welsh Award nominations were advertised yesterday, be great if we could support Jake Hayward along with Bethan Davies.

SW inter regional trail at Llanwit on 25th. Online entries are open and please publicise. All entries can be taken on the day.

Different options to be considered for regional champs. Maybe opt in? Maybe on the night should still be viable, is it that difficult. Relays sell out quick, Cosmeston sold out in 45 mins. One race still uses on the night, could more be done to publicise what it means and what the criteria is to encourage more people to enter.

Darran - Regional champs was a success, Jen, Hannah and Ryan did a great job. Over 500 entries for the regional champs. 15/17/20/seniors get automatically entry. Needs more club involvement, outdoor and indoor. Volunteers are scare and we need more support from clubs.

Jamie - Update on Endurance officials meeting. Good feedback returned from regional licence coordinators. Lvl 4 officials are progressing. Good RD course ran recently and more to be considered.

2. Consideration of the annual statement of accounts and the report of the Treasurer

Money moved to this year and needs to be spent. Lower age group YDL, is done via the SWRAC account. £195 was able to pay the registration for the lower clubs without contribution. Joyce (upper age)



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for east, still needed contribution. Stock account is high, but high kit usage. Surplus for the region was £1411 for the joint champs on page 4 of the accounts. Page 6, regional skills was a profit. Thanks to Keith for his work as treasurer. Funding going forward, JW and Carol decided we have too much money in the accounts. A region should hold no more than 5k at the end of each year. Over next few years, no grant may be received until amount carry forwarded is reduced. Currently have about 17k. Up to date this year, purchased EDM and has already saved money. Plan to hand over all 7 years of accounts to Jen. Keith will continue with the east until they have a replacement. Thanks again to Keith. Balancing two regions and number of detailed explanations.

3. The election of the Officers of the region

President – Lucy Archer

Chairman – Dai Williams

Secretary – Jamie Clode

Treasurer – Jen Stone

T&F Competition Officer – Darran Williams

XC Competition Officer – Dan Bodman

RR Competition Officer – Dan Bodman

H&M Competition Officer – Dan Bodman

Officials Administrator for T&F – Previously John Elward, Darran to speak and confirm if still happy

Officials Administrator for Endurance – Clarification needed on role by Dai

Regional Welfare Officer – Steve Jones role over sees this, Dai to confirm with Steve on incidents reported

ACTION: Darran to speak to John Elwood regarding Officials Administrator role

ACTION: Dai to confirm with Steve Jones on incidents reported regarding welfare

4. The appointment of delegates to external bodies

General Council – Graham Webb, Lucy Archer, Dai W (1st Reserve), Jamie C (2nd Reserve)

Region WA Member – Dai Williams

UKCAU – Agreed no requirement to fill

WA T&F Committee – Not filled Lucy Archer to speak to Nadine

WA RR & XC Committee – Graham Finlayson

WA Trail, Fell & Mountain – Dan Bodman

Endurance Section Officials – Jamie Clode as already attending as Licence Coordinator

T&F Section Officials – Will be Officials secretary when appointed

Action – Lucy Archer to speak to Nadine Griffiths

5. To consider tabled items of business including any notices of motion and amendments to the constitution

Dai gave an update on the constitution review and advised technically there is no need for a constitution as all covered under rule 7 of the bye laws. Is this needed? Original constitution was 98 and then



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reviewed in 08. There are references in bye law rule number 7. Agreed to review in full at later meeting and for Peter Morris to draft a version based on updates for consideration if needed going forward.

Action – PM to provide a draft version of a revised constitution for consideration at next meeting

6. To consider the annual membership fee

Agreed no longer needs to be considered.

7. To consider the appointment of life members of the Council

Letter for life members is needed soon. This will be mechanism for notification. Life members will be also entitled to a vote at general council. Proposal that Derek Crowder and Graham Finlayson are offered life membership.

Action – Jamie to draft a letter for review, offering life membership.

Action – Hannah to review missing contact details for members to be offered life membership

8. To consider items to be tabled at the AGM of Welsh Athletics Limited, and any nomination for Meritorious Award or the Award of Honour

Agreed nominations of Alan Kerr (Bridgend AC), Stuart Davidson (Bridgend AC) and John Griff (Les Croups)

9. To consider the competition programme for the remainder of 2018 into 2019

Regional indoor over two days at NIAC. First is 2nd of December. Exact dates will be confirmed

T&F Outdoor – likely to be 2nd weekend in May at present, will be held at Leckwith.

XC – Could possibly be the Cardiff Gwent league. If no other options are available then could be here again.

Trail – Agreed to be Merthyr Mawr Rabbit run, organized by Steve Brace

Hill – Pentyrch Hill Race

Road races – Dan will contact clubs and also consider options, Date range to be from today to July/Aug next year. Graham advised that it has to be at standard and shouldn't be first race.

10. AOB

Next regional meeting to be held 11th September. Look to move to Llantrisant

Action – Jamie to review possibility of holding meeting at Pontyclun Athletics Club

Action – Jamie to add Constitution, Welcome pack and mission statement to agenda for next meeting

Action – Dai to distribute minutes of 2016 & 2017 for review and sign off before submitting to WA for upload to site.



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