



South Wales

Regional Athletic Council

Meeting of the Executive of South Wales Regional Council

Thursday 15th August 2019

6:30pm, University of South Wales Glyntaff Campus, Cemetery Road, Pontypridd, CF37 4BD

- 1) Present:** Jamie Clode [JC] (Secretary), Chris Pratt [CP] (Ogmore Phoenix Runners), Pete Morris [PM] (Life Member), Iwan Dowie [ID] (Cornelly Striders), Hannah Pretty [HP] (Network Officer), Liz Davies [LD] (Welsh Athletics), Keely Jarvis [KJ] (Aberdare Valley), Fred Malkin [FM] (Barry & Vale), Lucy Archer [LA] (President)

Apologies: Graham Webb, Dan Nash, Steve Paskell, Graham Finlayson, Rowland Williams, Ron Morris, Bernard Plain, Georgina Fraser, Dai Williams, Jen stone

2) ACTIONS FROM PREVIOUS MEETINGS

- a. Minutes weren't available from the previous meeting. These will be reviewed at the next meeting.

3) DEVELOPMENT PLAN UPDATE

- a. HP had some feedback from James Williams. Some items that cannot be funded are around branding, YDL travel and merchandise. Regional vests costs cannot be part of the plan. There are 3 national dev coordinators, endurance Liz, throws RSJ, Finn multi events, Matt Elias Sprints. NDC will pick up the region days so region do not need to include. As the plan will be a living evolving document, agreed to submit and progress. HP – Lyn cushion from east, Jen Stone and Zoe Holloway, in talks around putting on an official's dev day 2nd Nov for 5 different courses. Sharing costs between South & East with the aim of qualifying officials to support the event the next day and give them first experience. Could help increase in numbers of officials.

We could look at holding a triangular quad kids' event, small informal for younger age group. Help them to have more localised competition and minimal support required to set up. Gives a chance for parents to get involved also. East held an event recently which involved parents.

Trail and mountain development days, Dan Bodman and Dan Nash will work together to see what can be delivered in that area.

It would be good to create a competition sub group for regional events to help with tasks race related, medals and kit etc.

4) Key Officer Updates

- a. Welfare – No issues have been reported to SP.
A discussion was held around the recent events regarding a recent welfare case. Acknowledgement to the steps being taken to ensure welfare is managed and the necessity for CRB/DBS checks to be undertaken.
- b. Vacant roles - Dan Bodman is only able to take forward two roles. JC to speak with Dan to confirm which ones he would like to fulfil. Given the forthcoming fixtures, T&F not urgent although indoors will soon need to be sorted. Cross Country will need to be sorted.
- c. South regional endurance - LD presented slides on the endurance program and talked through content with the room. Presentation was well received and discussion was held.
FM - asked around dev days – will it be an invite. LD, will be no minimum standard. Age categories will change. Dan and support coaches will work with athletes and clubs to see who is eligible.
FM – Numbers appear to be dropping off at 13/15, Liz seeing good number on power of 10. Looking to get more multi-sport and multi event at a younger age.
- d. Inter-Regional T&F - JC gave an update on how the event went. We Struggled with volunteers and dates did not allow for athlete’s selection. On the day went well. Team managers of Helen Andrews, Michael John, Dianna Tudor and JC. In future it would be good to highlight that winning regional champs gets you a selection to Inter-regional. It could be worth considering asking for people to be a TM for the year. We need to make it clearer what the roles entail
PM - Are age groups appropriate. Was delivery of the event adequate. There was a clash for the north, can it not be a fixed venue and a fixed date. Could it not be rotated like it used to around wales.

ACTION – Finance update to be included in all future meetings.

ACTION – JC to speak with DB over roles.

ACTION – HP to send direction to TOR’s to JC for review

ACTION – LD to forward on slides to be shared

ACTION – Items raised by PM to be discussed as a sub group

5) Discussion

- a. Competitions - FM – We have schools, clubs, YDL, developments Welsh Athletics event. Everyone is competing for the same athletes. U11 is biggest pool and they have no real events. Changing timetable during events doesn’t help. Weren’t enough officials at events so results not getting put on the power of the 10. Technology can help. Currently disjointed.
LD asked what are the solutions to this FM? Some competitions aren’t fit for purpose and maybe need revising. Too long. FM – Start at the beginning and progress what we are trying to achieve. South region, half compete in west, half in the east. Would like south to take forward as not currently driving it. Great to put short events on, but travel is adding to it. We should look to reduce the day. You would get more athletes if you get competition local. Could we combine U11/U13 & then U15/U17/U20.
PM – Number of entries In joint S&E event was less than 300.

ACTION – Can we look to set up sub groups, T&F, endurance and maybe senior/junior

- b. Region Eligibility and Welsh Athletics Data - JC explained how IT could be used better, would ease pressure on volunteers. LD advised, put forward ideas to support solutions. And share knowledge.
- c. Items for Welsh Athletics AGM - CP – Why is it the same day as Snowdonia? PM – felt that it was discussed and to be changed.
PM - Should byelaw be replaced by suggestion. Sub bye law be deleted as included.
PM – DW hasn’t been in attendance last two meetings and is down to attend AGM. JC will attend if Dai is unable to attend

JC advised spoke to James W and HP about preliminary notice and AGM minutes and advised of comment to James about issuing minutes sooner, for reasons of timeliness and transparency.

- d. Items for General Council – PM – Could the triple jump question be clarified.
- e. Welsh Athletics Awards Dinner (19/10/19) - JC – can we buy a table and offer it to deserving people of the region that can attend. All agreed.
HP – Nominations are open for awards
PM – no mention of service awards, HP to take a look at why not on website and share categories
HP – on Saturday will be run wales parallel to cover offshoot events
HP – will be a morning run also. 15th of September is road relays open to everyone, 2mile distance, from 1pm after the junior & senior champs.
CP – Run wales event is good as it makes it more social event and works really well. Like Cosmeston relay

ACTION – HP to provide information on service awards

- f. Inter-Regional Half marathon champs – JC region has been contacted, but not received any official information. JC to keep everyone informed if event is to progress
- g. Mission Statement - Use the tag and line keep the main body as an explanation. Revise and send around.

ACTION – JC to revise Mission statement and send around for review

- h. Schools Cross Country – LA to take forward. PM will contact the schools to confirm

ACTION – LA to organise Bridgend event

ACTION – PM to notify schools of events

- i. Constitution sign off – All agreed by room
- j. Volunteer reward/recognition – Vouchers would be a good reward mechanism for volunteers. Based on contribution

6) AOB

- a. Still have the meeting on the 10th and have shorter agenda – would be good to have subgroups to talk through competitions
- b. FM – great that we had LD and HP today. Would like regular updates. Slide presentation was great. LD – we are tracking athletes; FM Uni students is another area we struggle.
- c. It would be good to have a regional evening; few drinks have people come in and need to make it fun. Coffee cake etc.
- d. 2017 and 2018 AGM minutes need to be reviewed and signed off, 2018 need to be renamed

ACTION – JC to rename 2018 minutes to confirm

- e. Date and location of next meetings
 - 10th September – Venue TBC
 - 17th October – Venue TBC