

# Welsh Athletics Under 15 League Constitution. (Amended in 2018)

## 1) **NAME:**

The name of the organisation shall be the “West Division” for the former Louise Arthur League, “East Division” for the former South East Wales League East Division along with a ‘North Wales Division’ of the Welsh Junior Track & Field League, [herein referred to as the ‘Welsh U15 League’].

Incorporating the non-scoring matches of ‘The Gerald Codd Trophy Match’ & ‘The Les Davies Club Challenge’. The originating committees of the ‘Louise Arthur League’ & ‘South East Wales League’ only retain ownership of the ‘Gerald Codd Trophy’ and the ‘Les Davies Club Challenge’ and no other.

## 2) **AIMS & OBJECTIVES:**

The objectives of the league shall be:

- A) To promote inter-club Track & Field competition for member clubs
- B) To general promote athletics for age groups from U11yrs to U15yrs

## 3) **MEMBERSHIP:**

Membership to the league shall be.

- A) Open to any athletic club, school or college which is affiliated to UKA [UK Athletics] and WA [Welsh Athletics and who’s fees are not in arrears
- B) New applications shall be dealt with in order of receipt and acceptance shall be subject to any vacancies in the current or future competitive structure of the league, decided at the annual leagues Annual General Meeting.

## 4) **FEES:**

Each member club shall pay an annual fee, which shall be decided annually, [on the advance of the Executive General Committee], at the Annual General Meeting. Fees will become due at the first league fixture or prior to the season start following the Annual General Meeting.

## 5) **FINANCE:**

- A) All League funds shall be applied towards the furtherance of league objectives. In the event of dissolution, funds etc, remaining shall be devoted to objectives similar to those of the league.
- B) The management committee shall cause accounts to be kept of all money received and expended by the league shall annually present them to a General Meeting. Accounts made up to date not more than four weeks earlier than the date of such General Meeting.

## 6) **GENERAL COMMITTEE:**

- A) At least once in every calendar year shall be held an Annual General Meeting [AGM]; at such time and place determined by the Management/Executive committee but not more than fifteen months shall lapse between the date of two successive meetings. Such meetings shall normally take place in October
- B) Not less than fourteen days’ notice of every Annual General Meeting specifying date and venue shall be given.
- C) Proceeds and voting at General Meetings will include
  - I. Amendments to Constitution. Amendments may only be made at an Annual General Meeting, with approval of two thirds of those members in attendance.
  - II. Amendments of Rules for Competition.
  - III. Notices of motion.
  - IV. The League secretary should be notified, in writing of any proposed amendments and Notices of Motions, no less than fourteen days prior to the Annual General Meeting.
  - V. Club affiliation and athletes fees.
  - VI. Confirmation of fixtures and venues.
  - VII. Awards as decided by Executive Committee confirmed at Annual General Meeting.

# Welsh Athletics Under 15 League Constitution. (Amended in 2018)

## RULES FOR COMPETITION

### RULES & ELIGIBILITY:

- 1). UKA & WA Rules apply: Also any additional rules the league may deem necessary
  - A) ALL athletes must be first claims Club Members, or School or College and Registered with Welsh Athletics. Registration number together with date of birth to be entered on the team sheet
  - B) Age Groups
    - I. Under 11 must have reached their 9<sup>th</sup> Birthday before they are permitted to compete and be under 11 on the 1<sup>st</sup> September in the year of competition. School year 4 & 5
    - II. Under 13 must have reached their 11<sup>th</sup> Birthday and be Under 13 on the 1<sup>st</sup> September in the year of competition. School year 6 & 7
    - III. Under 15: Must have reached their 13<sup>th</sup> Birthday and be Under 15 on the 1<sup>st</sup> of September in the year of competition. School year 8 & 9
- 2).
  - A) A maximum of six athletes per event per club.
  - B) Best two performances will score
  - C) No athletes to compete outside of his/her age group.
  - D) The penalty for doing so will be disqualification for the athletes for that meeting. Clubs fielding over age athletes will be penalised by deducting TWENTY points from the overall score of that meeting.
  - E) No athlete will compete in more than THREE individual events and a relay in one meeting.
    - I. Under 11 athletes can compete in no more than two track and one field or two field and one track or three field, or a maximum distance of 1000m on the track, not including a relay
    - II. Under 13 athletes only are permitted to compete in only one distance event from 800m, 1500m or 1k Walk, with maximum of 1500m in one day on the track. Also they are permitted to compete in 100m, 200m and or 800m as it doesn't exceed the 1500m maximum distance, also not including a relay
    - III. Under 15 athletes only are permitted to compete in only one distance event from 800m, 1500m or 1k Walk, with maximum of 3000m in one day on the track UKA Rule 107 only permits U15 athletes to take part in ONE middle distance event. Also they are permitted to compete in any sprint of 100m, 200m & or 300m and 800m distance race
    - IV. Any athletes who competes in two distance races in one day will have his/her points and performances disqualified from the results.
- 3).
  - A) club colours must be worn by all athletes at all times.
  - B) Numbers must be worn on the back and front for all events [with exception of the high jump and pole vault] by athletes at all times

### ADMINISTRATION:

- 1) FIRST AID facilities must be available on site. [St John's or Red Cross]
  - A). The league will nominate
    - [1] Starter & Start Team [issued from officials committee]
    - [2] Track Referee [1] of which are to be grade 2 or over
    - [3] Chief Timekeeper [2] of which are to be grade 2 or over
    - [4] Field Referees [2] per fixture of which are to be grade 2 or over
    - [5] Host clubs to co-ordinate match officials [clubs also to supply officials as per requirement]
  - B). The League will provide the meeting director
  - C). The host club to provide the announcer.
  - D). Member clubs must provide a minimum of FOUR field officials
  - E). Member clubs must provide ONE track judge and ONE timekeeper

## Welsh Athletics Under 15 League Constitution. (Amended in 2018)

A minimum of 6 club officials must be supplied

- F). Officials must be declared on the day by signing the officials' declaration sheet.
- G). Officials must be GRADE 2 with H&S to officiate within the throwing sector

**\*NEW\* 2018 has had a new issue with long throws and all long throws using a sector must have two grade two officials**

- 3).
  - A) Affiliation fees Louise Arthur League = £40, South East Wales League £40 (since has increased to £50)
  - B) Athletes fees for league matches will be £2 per athlete (since has increased to £3)
  - C) Clubs to be invoiced after each match for every declared athlete, all declared athletes at the end of the meeting will be required to be paid for with the full amount paid for before the next match. Failure to do so would result in that club not scoring. Athlete's performances would still remain
- 4).
  - A) The League will provide numbers for each club at each match
  - B) Declaration sheets will be provided by the league administrator, and emailed back prior to each fixture
  - C) A FULL season timetables will be issued to each competing club and displayed on each match day.
  - D) Final completed declaration sheets must be submitted to the recorders on the day, no less than 30 minutes prior to the first event on each match day.
  - E) Athletes Change sheets will be issued with declaration sheets and used on the day for event or name changes, ALL additions and event changes must be submitted to the recorders.
- 5). FIELD EVENTS: All athletes in all age groups will have THREE trials in field events  
A Rota of field duties to be drawn up by each league administrator.
- 6). Only Team managers are permitted into the results room, no parent athlete or family relation are allowed into the results room. Results will be posted as soon as they become available, no results will be rushed to produce due to any athlete having to leave the meeting early, and all results will be posted on the Welsh Athletics website and posted to Power of 10 within 24 hours of the meeting
- 7). ALL protests, objections, complaints etc by athletes must be made through their team manager, to the meeting director and league secretary. Written complaints should be addressed to the League Secretary

### **SCORING:**

- 1). Each age group male and female are to be scored separately in the four league matches. Awards will be given to the age group with the most league points. League points will be awarded after each match, in the event of a tie then match points will be taken into account
- 2). Scoring for the East & West divisions will be as follows  
1<sup>st</sup> place scorers score double the amount of teams in each division, 9 team will give you 18 points, 2<sup>nd</sup> place will be 16 points with 2pt reductions for each place. 1 = 18, 2 = 16, 3 = 14, 4 = 12, 5 = 10, 6 = 8, 7 = 6, 8 = 4, 9 = 2.  
2<sup>nd</sup> place scorers will score single points for the amount of teams in each division, 9 teams will give you 9 points, 2<sup>nd</sup> will be 8pts with 1 pt. reductions for each place. 1 = 9, 2 = 8, 3 = 7, 4 = 6, 5 = 5, 6 = 4, 7 = 3, 8 = 2, 9 = 1.
- 3).
  - A) The West Division give awards to Boys team Girls team overall winners & runners up in each division.
  - B) The East Division give awards to U11B, U11G, Best U11, U13B, U13G Best U13, U15B, U15G Best U15, Overall Male U13-U15, Overall Female U13-U15, Overall.

## Welsh Athletics Under 15 League Constitution. (Amended in 2018)

### 4). TRACK EVENTS FOR ATHLETES

From 2018 AGM it will introduce a change of events where U11 now run 600m not 800m and addition of 1200m

AGE	75m	100m	150m	200m	300m	800m	1200m	1500m	1k Walk	Hurdles	4x100
U11G	✓	✗	✓	✗	✗	✓	✓	✗	✗	✗	✓
U11B	✓	✗	✓	✗	✗	✓	✓	✗	✗	✗	✓
U13G	✗	✓	✗	✓	✗	✓	✗	✓	✓	✓	✓
U13B	✗	✓	✗	✓	✗	✓	✗	✓	✓	✓	✓
U15G	✗	✓	✗	✓	✓	✓	✗	✓	✓	✓	✓
U15B	✗	✓	✗	✓	✓	✓	✗	✓	✓	✓	✓

### 5). FIELD EVENTS FOR ATHLETES

Implement weights have changed since this was written, U13B now throw 3.00kg shot not 3.25kg

AGE	High Jump	Pole Vault	Long Jump	Shot	Discus	Hammer	Javelin
U11G	✗	✗	✓	2.00kg		✗	300g
U11B	✗	✗	✓	2.72kg	x	✗	300g
U13G	✓	✗	✓	2.72kg	0.75kg	✗	400g
U13B	✓	✗	✓	3.25kg	1.00kg	✗	400g
U15G	✓	✓	✓	3.00kg	1.00kg	3.00kg	500g
U15B	✓	✓	✓	4.00kg	1.25kg	4.00kg	600g

### 6). TIMETABLES

ALL 3 division will use the same timetable

### 7). RECORDS

Each League can retain or create their own records, but there will be one set of overall 'League Records' which will become the Welsh Athletics U15 League Records, it will be created after all 3 divisions amalgamated and the better performance per event will stand as 'The Record', records will be amended by the league facilitator where required after each fixture. This new record system was instigated after the 2011 Plate and Cup Final.

### 8). DATES & VENUES

Match 1,2,3,4 East fixtures dates and venues confirmed at WA leagues meeting

Match 1,2,3,4 West fixtures dates and venues confirmed at WA leagues meeting

Match 1 North fixture date and venue confirmed at WA leagues meeting

PLATE FINAL Saturday date, venue confirmed at WA leagues meeting

CUP FINAL Sunday date, venue confirmed at WA leagues meeting

Both East and West have a 5<sup>th</sup> fixture which is a non-scoring event towards the plate and cup final, East fixture is the Les Davies Club Challenge, West fixture is The Gerald Codd Trophy Match

### 9). QUALIFICATION TO FINALS

Progression to the Cup & Plate Finals will be 8 clubs to the Cup Final and 8 clubs to the Plate Final

Top 3 clubs from East and West along with 1<sup>st</sup> placed North will have automatic qualification to the final, the 8<sup>th</sup> club will be the best 4<sup>th</sup> placed team from East or West.

*This Constitution was amended after the 2018 Welsh Leagues AGM held in October 2018 Cardiff*

## Welsh Athletics Under 15 League Constitution. (Amended in 2018)

4<sup>th</sup> 5<sup>th</sup> and 6<sup>th</sup> placed clubs from East and West along with 2<sup>nd</sup> placed North will qualify for the Plate Final, with the 8<sup>th</sup> team being the best 7<sup>th</sup> placed East or West club.

### 10). AFFILIATED CLUBS

WEST DIVISION		EAST DIVISION		NORTH DIVISION
U15 LEAGUE WEST (9 clubs)		U15 LEAGUE EAST (9 clubs)		U15 LEAGUE NORTH
(Formerly Louise Arthur League Committee*)		(Formerly South East Wales League Committee*)		
Barry & Vale Harriers	Neath Harriers	Aberdare VAAC	Hereford & County	Colwyn Bay AC
Brecon AC	Pembrokeshire Harriers	Blaenau Gwent AC	Newport Harriers	Deeside AAC
Bridgend AC	Pontyclun AC	Cardiff AAC	Rhondda AC	Menai T&F
Carmarthen Harriers	Swansea Harriers	Cardiff Archers	Rhymney Valley AC	Wrexham AC
Llanelli AC		Cwmbran Harriers		

*\*The Committee of the Louise Arthur League now only oversee the running of the 'Gerald Codd' fixture*

*\*The Committee of the South East Wales League now only oversee the running of the 'Les Davies Club Challenge' fixture*

*Both of the events are non-Welsh Junior League event and are not related in any way to the qualification to the junior leagues 'Plate and or Cup Finals'*