

**Welsh Athletics U15 League CUP Final**

<b>1</b>	<b>11</b>	<b>Cardiff Athletics</b>
<b>2</b>	<b>22</b>	<b>Swansea Harriers</b>
<b>3</b>	<b>33</b>	<b>Cardiff Archers</b>
<b>4</b>	<b>44</b>	<b>Carmarthen Harriers</b>

<b>5</b>	<b>55</b>	<b>Newport Harriers</b>
<b>6</b>	<b>66</b>	<b>Pembrokeshire Harriers</b>
<b>7</b>	<b>77</b>	<b>Rhymney Valley AC</b>
<b>8</b>	<b>88</b>	<b>Brecon AC</b>

**T01: U15B 80m Hurdles : A RACE [12:00 PM]**

Lane	Bib	Athlete	Club
1	5	Jack PAYNE	Newport Harriers
2	3	Kane JAMES	Cardiff Archers
3	2	Marek WARZOCZA	Swansea Harriers
4	4	Harry FULLER	Carmarthen Harriers
5	1	Trystan MACIVER	Cardiff Athletics
6	7	Lewis HOWELLS	Rhymney Valley AC
7	6		Pembrokeshire Harriers
8	8	John BENNETT	Brecon AC

**T01: U15B 80m Hurdles : B RACE [12:04 PM]**

Lane	Bib	Athlete	Club
1	55		Newport Harriers
2	33	Oliver KIRKHAM	Cardiff Archers
3	22		Swansea Harriers
4	44	Osian ROBERTS	Carmarthen Harriers
5	11	Jacob PRICE	Cardiff Athletics
6	77		Rhymney Valley AC
7	66		Pembrokeshire Harriers
8	88		Brecon AC

**T02: U15B 1500m : A RACE [12:10 PM]**

Lane	Bib	Athlete	Club
1	1	Ben HUGHES	Cardiff Athletics
2	8	Ned COLLINS	Brecon AC
3	4	Frank MORGAN	Carmarthen Harriers
4	2	Tom ATTWOOD	Swansea Harriers
5	6	Rhys LLEWELLYN	Pembrokeshire Harriers
6	5	Oliver HUMPHRIES	Newport Harriers
7	3	Loui CAMILLERI	Cardiff Archers
8	7	Aneurin READ	Rhymney Valley AC
9	11	Ellis FINLAYSON	Cardiff Athletics
10	88		Brecon AC
11	44	Steffan DAVIES	Carmarthen Harriers
12	22	Matthew LEWIS	Swansea Harriers
13	66		Pembrokeshire Harriers
14	55		Newport Harriers
15	33		Cardiff Archers
16	77	Jac MATTHEWS	Rhymney Valley AC

**LEG NUMBERS REQUIRED**

to help photofinish do not alter leg numbers issue with each entry  
also notify of any additions not in start list

**T03: U15G 75m Hurdles : A RACE [12:25 PM]**

Lane	Bib	Athlete	Club
1	2	Megan GWYTHER	Swansea Harriers
2	7	Emilie BUCKWELL	Rhymney Valley AC
3	1	Megan HASTINGS	Cardiff Athletics
4	6	Lucy WINTLE	Pembrokeshire Harriers
5	3	Sophie LISK	Cardiff Archers
6	8		Brecon AC
7	5		Newport Harriers
8	4		Carmarthen Harriers

**T03: U15G 75m Hurdles : B RACE [12:29 PM]**

Lane	Bib	Athlete	Club
1	22	Freya MORGAN	Swansea Harriers
2	77		Rhymney Valley AC
3	11		Cardiff Athletics
4	66	Lleucu LLOYD	Pembrokeshire Harriers
5	33	Isabella WIGLEY	Cardiff Archers
6	88		Brecon AC
7	55		Newport Harriers
8	44		Carmarthen Harriers

**This is now one race 'B' String will be moved into empty lanes**

**T04: U13B 75m Hurdles : A RACE [12:35 PM]**

Lane	Bib	Athlete	Club
1	3	Osian PARRY	Cardiff Archers
2	1	Kobe BELTRAN	Cardiff Athletics
3	2	Harry COLLINS	Swansea Harriers
4	8	Will HERDMAN	Brecon AC
5	5	Cameron ELEY	Newport Harriers
6	4	Hugo DOUGLAS	Carmarthen Harriers
7	7	Ellis WATKINS	Rhymney Valley AC
8	6	Rhys LLOYD-ROBERTS	Pembrokeshire Harriers

**T04: U13B 75m Hurdles : B RACE [12:39 PM]**

Lane	Bib	Athlete	Club
1	33	Abdul AFOLABI	Cardiff Archers
2	11	Kerby BELTRAN	Cardiff Athletics
3	22	Connor MORIARTY	Swansea Harriers
4	88	Aj BRIGGS	Brecon AC
5	55	Harry BRADLEY	Newport Harriers
6	44	Alexander COLES	Carmarthen Harriers
7	77		Rhymney Valley AC
8	66	Aaron BRISKHAM	Pembrokeshire Harriers

<b>T05: U15G 1500m : A RACE [12:40 PM]</b>			
Lane	Bib	Athlete	Club
1	1	Yasmin HADID	Cardiff Athletics
2	8	Ava NICHOLL	Brecon AC
3	4	Amy GREATRICK	Carmarthen Harriers
4	2	Carys LEWIS HOPKINS	Swansea Harriers
5	6		Pembrokeshire Harriers
6	5		Newport Harriers
7	3	Bethan HARDMAN	Cardiff Archers
8	7		Rhymney Valley AC
9	11	Jessica EVANS	Cardiff Athletics
10	88		Brecon AC
11	44		Carmarthen Harriers
12	22		Swansea Harriers
13	66		Pembrokeshire Harriers
14	55		Newport Harriers
15	33	Rose PRENDERGAST	Cardiff Archers
16	77		Rhymney Valley AC

**LEG NUMBERS REQUIRED**

to help photofinish do not alter leg numbers issue with each entry also notify of any additions not in start list

<b>T06: U13G 70m Hurdles : A RACE [12:50 PM]</b>			
Lane	Bib	Athlete	Club
1	4		Carmarthen Harriers
2	5	Darcey SIMMONS	Newport Harriers
3	6	Tegan HILTON	Pembrokeshire Harriers
4	7	Evie HURLEY	Rhymney Valley AC
5	8	Freya ROBERTS	Brecon AC
6	1	Millie GOLD	Cardiff Athletics
7	2	Zoe STREVENS	Swansea Harriers
8	3	Megan TAYLOR	Cardiff Archers

<b>T06: U13G 70m Hurdles : B RACE [12:54 PM]</b>			
Lane	Bib	Athlete	Club
1	44		Carmarthen Harriers
2	55	Addison WERNER	Newport Harriers
3	66	Emily HOSKER	Pembrokeshire Harriers
4	77	Catrin WILLIAMS	Rhymney Valley AC
5	88	Olivia ELLIS	Brecon AC
6	11	Lowri WINDSOR	Cardiff Athletics
7	22	Bethan HOLLEY	Swansea Harriers
8	33	Seren HALE	Cardiff Archers

<b>T07: U13B 1500m : A &amp; B RACE [12:55 PM]</b>			
Lane	Bib	Athlete	Club
1	8	Henry ORGAN	Brecon AC
2	4	Alexander COLES	Carmarthen Harriers
3	7		Rhymney Valley AC
4	3	Nathan HILL	Cardiff Archers
5	2	Morgan HILL	Swansea Harriers
6	6	William HARRIES	Pembrokeshire Harriers
7	1	Kobe BELTRAN	Cardiff Athletics
8	5	Vaughn HUGHES	Newport Harriers
9	88	Joseph MURPHY	Brecon AC
10	44		Carmarthen Harriers
11	77		Rhymney Valley AC
12	33	Ethan HAMER	Cardiff Archers
13	22		Swansea Harriers
14	66	Josh BARRETT	Pembrokeshire Harriers
15	11	Harry TURNER	Cardiff Athletics
16	55		Newport Harriers

<b>T08: U13G 1500m : A &amp; B RACE [1:03 PM]</b>			
Lane	Bib	Athlete	Club
1	6		Pembrokeshire Harriers
2	2	Chloe LEWIS	Swansea Harriers
3	8	Ruby HERDMAN	Brecon AC
4	5		Newport Harriers
5	7	Marni BURRIDGE	Rhymney Valley AC
6	3	Mali MACDUFF	Cardiff Archers
7	4	Frances MACKIE	Carmarthen Harriers
8	1	Iona RODERICK	Cardiff Athletics
9	66		Pembrokeshire Harriers
10	22	Lili WADE	Swansea Harriers
11	88		Brecon AC
12	55		Newport Harriers
13	77		Rhymney Valley AC
14	33	Nina LEIGH	Cardiff Archers
15	44	Carys WOOD	Carmarthen Harriers
16	11	Millie GOLD	Cardiff Athletics

**LEG NUMBERS REQUIRED**

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<b>T09: U15B 100m : A RACE [1:15 PM]</b>			
Lane	Bib	Athlete	Club
1	5	Aidan WILTSHIRE	Newport Harriers
2	3	Ryan CLARK	Cardiff Archers
3	2	Joshua KENNY	Swansea Harriers
4	4	Oliver MORUZZI	Carmarthen Harriers
5	1	Jac PATTERSON	Cardiff Athletics
6	7	William HAWKER	Rhymney Valley AC
7	6	Liam TOPP	Pembrokeshire Harriers
8	8	Douglas FREEMAN	Brecon AC

<b>T09: U15B 100m : B RACE [1:19 PM]</b>			
Lane	Bib	Athlete	Club
1	55	Ben WILLIAMS	Newport Harriers
2	33	Sam NEALE	Cardiff Archers
3	22	Joseph BERESFORD	Swansea Harriers
4	44	Matthew VAUGHAN WILLIAM	Carmarthen Harriers
5	11	Charlie STOCKLEY JONES	Cardiff Athletics
6	77	Samuel ELFORD	Rhymney Valley AC
7	66	Luke THOMAS	Pembrokeshire Harriers
8	88	Harry SHEPHERDSON	Brecon AC

<b>T10: U15G 100m : A RACE [1:25 PM]</b>			
Lane	Bib	Athlete	Club
1	1	Kya PLACIDE	Cardiff Athletics
2	8	Freya PLATT	Brecon AC
3	4	Jessica LEE	Carmarthen Harriers
4	2	Megan GWYTHER	Swansea Harriers
5	6	Amy EVANS	Pembrokeshire Harriers
6	5	Twiahh BOATENG	Newport Harriers
7	3	Sophie LISK	Cardiff Archers
8	7	Emilie BUCKWELL	Rhymney Valley AC

<b>T10: U15G 100m : B RACE [1:29 PM]</b>			
Lane	Bib	Athlete	Club
1	11	Jersey JONES	Cardiff Athletics
2	88		Brecon AC
3	44	Sophia REID-THOMAS	Carmarthen Harriers
4	22	Chloe SIMMONITE	Swansea Harriers
5	66		Pembrokeshire Harriers
6	55	Cordelia GOODGER	Newport Harriers
7	33	Megan THOMAS	Cardiff Archers
8	77	Ella MITCHELL	Rhymney Valley AC

<b>T11: U13B 100m : A RACE [1:35 PM]</b>			
Lane	Bib	Athlete	Club
1	2	Jenson MORRIS	Swansea Harriers
2	7	Harvey LEE	Rhymney Valley AC
3	1	King MUSA	Cardiff Athletics
4	6	Rhys LLOYD-ROBERTS	Pembrokeshire Harriers
5	3	Osian PARRY	Cardiff Archers
6	8	Gruff PETERS	Brecon AC
7	5	Joe BERRY	Newport Harriers
8	4	Dion JAMES	Carmarthen Harriers

<b>T11: U13B 100m : B RACE [1:39 PM]</b>			
Lane	Bib	Athlete	Club
1	22	Drew DODD	Swansea Harriers
2	77	Ellis POWELL	Rhymney Valley AC
3	11	Salem KIAMBI	Cardiff Athletics
4	66	Oscar WILLINGTON	Pembrokeshire Harriers
5	33	Luc NEALE	Cardiff Archers
6	88	Tristan PLATT	Brecon AC
7	55	Aron TUGWELL	Newport Harriers
8	44	Tom WILLIAMS	Carmarthen Harriers

<b>T12: U13G 100m : A RACE [1:45 PM]</b>			
Lane	Bib	Athlete	Club
1	3	Nell DESIR	Cardiff Archers
2	1	Grace FOWLES	Cardiff Athletics
3	2	Ffion CLARKE	Swansea Harriers
4	8	Olivia ELLIS	Brecon AC
5	5	Olivia GILLEPSIE	Newport Harriers
6	4	Casi GREGSON	Carmarthen Harriers
7	7	Evie HURLEY	Rhymney Valley AC
8	6	Tegan HILTON	Pembrokeshire Harriers

<b>T12: U13G 100m : B RACE [1:49 PM]</b>			
Lane	Bib	Athlete	Club
1	33	Seren HALE	Cardiff Archers
2	11	Amaya RICHARDSON	Cardiff Athletics
3	22	Lola MITCHELL	Swansea Harriers
4	88		Brecon AC
5	55	Alyssa FITZGERALD	Newport Harriers
6	44	Mared JONES	Carmarthen Harriers
7	77	Yenay ROBINS	Rhymney Valley AC
8	66		Pembrokeshire Harriers

<b>T13: U11G 75m : A RACE [1:55 PM]</b>			
Lane	Bib	Athlete	Club
1	7	Brooke EDWARDS	Rhymney Valley AC
2	6	Imogen GRAY	Pembrokeshire Harriers
3	5	Aaliyah BEAVAN	Newport Harriers
4	1	Chloe SANTIMA	Cardiff Athletics
5	4	Beatrice MORGAN	Carmarthen Harriers
6	3	Aliyah AFOLABI	Cardiff Archers
7	8	Rosie EVANS	Brecon AC
8	2	Jaimie ALLEN	Swansea Harriers

<b>T13: U11G 75m : B RACE [1:59 PM]</b>			
Lane	Bib	Athlete	Club
1	77	Grace HAWKER	Rhymney Valley AC
2	66		Pembrokeshire Harriers
3	55	Nia WAKELY	Newport Harriers
4	11	Katie HIGGINSON	Cardiff Athletics
5	44	Soffia-Mai DAVIES	Carmarthen Harriers
6	33	Lucy SHELTON	Cardiff Archers
7	88	Holly PRICE	Brecon AC
8	22	Martha CALDWELL	Swansea Harriers

<b>T14: U11B 75m : A RACE [2:05 PM]</b>			
Lane	Bib	Athlete	Club
1	4	Joseph THOMAS	Carmarthen Harriers
2	5	Sebastian HUMPHRIES	Newport Harriers
3	6	Niall SMITH	Pembrokeshire Harriers
4	7	Caden PARHAM	Rhymney Valley AC
5	8	Ellis DAVIES	Brecon AC
6	1	Harrison OWEN	Cardiff Athletics
7	2	Ruairi HARRIS	Swansea Harriers
8	3	Isaias BALDE	Cardiff Archers

<b>T14: U11B 75m : B RACE [2:09 PM]</b>			
Lane	Bib	Athlete	Club
1	44	Thom GRIFFITHS	Carmarthen Harriers
2	55	Tomos BERRY	Newport Harriers
3	66	Ollie THOMPSON	Pembrokeshire Harriers
4	77	Evan CHEESMAN	Rhymney Valley AC
5	88	Joe EDWARDS	Brecon AC
6	11	Jack EVANS	Cardiff Athletics
7	22	Henry PAYNE	Swansea Harriers
8	33	Thomas HOLIDAY	Cardiff Archers

<b>T15: U15G 800m : A RACE [2:15 PM]</b>			
Lane	Bib	Athlete	Club
1	8		Brecon AC
2	4	Chloe HALE	Carmarthen Harriers
3	7	Alaw OWEN	Rhymney Valley AC
4	3	Emily DENT	Cardiff Archers
5	2	Mai DAVIES	Swansea Harriers
6	6	Lucy WINTLE	Pembrokeshire Harriers
7	1	Sophie EVANS	Cardiff Athletics
8	5	Lauren PROSSER	Newport Harriers

<b>T15: U15G 800m : B RACE [2:19 PM]</b>			
Lane	Bib	Athlete	Club
1	88		Brecon AC
2	44		Carmarthen Harriers
3	77	Lucy MAGWOOD	Rhymney Valley AC
4	33	Nia BEYNON	Cardiff Archers
5	22	Ffion HENNESSY	Swansea Harriers
6	66		Pembrokeshire Harriers
7	11	Freya HUGHES ROLLS	Cardiff Athletics
8	55		Newport Harriers

<b>T16: U15B 800m : A RACE [2:25 PM]</b>			
Lane	Bib	Athlete	Club
1	6	Morgan WILLIAMS	Pembrokeshire Harriers
2	2	Tesfaye SHUGI	Swansea Harriers
3	8	Jack ORGAN	Brecon AC
4	5	Leo STARK	Newport Harriers
5	7	Jack FOX	Rhymney Valley AC
6	3	Sam NEALE	Cardiff Archers
7	4	Zach ELVY	Carmarthen Harriers
8	1	Ben FARRELL	Cardiff Athletics

<b>T16: U15B 800m : B RACE [2:29 PM]</b>			
Lane	Bib	Athlete	Club
1	66	James PRICE	Pembrokeshire Harriers
2	22	Harrison GARCIA	Swansea Harriers
3	88	Harry SHEPHERDSON	Brecon AC
4	55	Issac JONES	Newport Harriers
5	77	Bruce ROSSITER	Rhymney Valley AC
6	33		Cardiff Archers
7	44	Rogan COX	Carmarthen Harriers
8	11	Henry SPENCER	Cardiff Athletics

<b>T17: U13G 800m : A RACE [2:35 PM]</b>			
Lane	Bib	Athlete	Club
1	5	Lilly OAKENFULL	Newport Harriers
2	3	Chloe FARMER	Cardiff Archers
3	2	Ella THOMAS	Swansea Harriers
4	4	Ellie-May JOHN	Carmarthen Harriers
5	1	Alice DAVIES	Cardiff Athletics
6	7		Rhymney Valley AC
7	6	Holly JOHN	Pembrokeshire Harriers
8	8		Brecon AC

<b>T17: U13G 800m : B RACE [2:39 PM]</b>			
Lane	Bib	Athlete	Club
1	55	Anya BRADY	Newport Harriers
2	33	Awen DAVIES	Cardiff Archers
3	22	Bethan HOLLEY	Swansea Harriers
4	44	Bessy HILL	Carmarthen Harriers
5	11	Kara BENNETT	Cardiff Athletics
6	77		Rhymney Valley AC
7	66		Pembrokeshire Harriers
8	88		Brecon AC

<b>T18: U13B 800m : A RACE [2:45 PM]</b>			
Lane	Bib	Athlete	Club
1	1	Kerby BELTRAN	Cardiff Athletics
2	8	Will HERDMAN	Brecon AC
3	4	Macsen TOOGOOD	Carmarthen Harriers
4	2	Harry COLLINS	Swansea Harriers
5	6	Rowan DIXON	Pembrokeshire Harriers
6	5	Henry DAWES	Newport Harriers
7	3	Sean HOPKINS	Cardiff Archers
8	7	Harvey LEE	Rhymney Valley AC

<b>T18: U13B 800m : B RACE [2:49 PM]</b>			
Lane	Bib	Athlete	Club
1	11	Joshua SANDERS	Cardiff Athletics
2	88	Toby BENNETT	Brecon AC
3	44		Carmarthen Harriers
4	22	Connor MORIARTY	Swansea Harriers
5	66	Jack MORGAN	Pembrokeshire Harriers
6	55		Newport Harriers
7	33	Wallace BAIRD	Cardiff Archers
8	77	Dougie ROSSITER	Rhymney Valley AC

<b>T19: U11G 800m : A RACE [2:55 PM]</b>			
Lane	Bib	Athlete	Club
1	2	Chloe HARTLEY GREEN	Swansea Harriers
2	7	Eva PARRY	Rhymney Valley AC
3	1	Rebeca HARRIES	Cardiff Athletics
4	6	Ophelia JENKINS	Pembrokeshire Harriers
5	3	Mila CREW	Cardiff Archers
6	8	Pippa HARRIS	Brecon AC
7	5	Lois CODLING	Newport Harriers
8	4	Amelia WILLIAMS	Carmarthen Harriers

<b>T19: U11G 800m : B RACE [2:59 PM]</b>			
Lane	Bib	Athlete	Club
1	22	Millie PIERCE	Swansea Harriers
2	77	Megan PEWTNER	Rhymney Valley AC
3	11	Libby MAY HARFORD	Cardiff Athletics
4	66	Skye BRUCE	Pembrokeshire Harriers
5	33	Hannah THOLE	Cardiff Archers
6	88	Bronwen ROBERTS	Brecon AC
7	55	Nia WAKELY	Newport Harriers
8	44	Jessica NORMAN	Carmarthen Harriers

<b>T20: U11B 800m : A RACE [3:05 PM]</b>			
Lane	Bib	Athlete	Club
1	3	Thomas HOLIDAY	Cardiff Archers
2	1	Leo DAVIES	Cardiff Athletics
3	2	Oliver BANWELL-COLE	Swansea Harriers
4	8	Joe EDWARDS	Brecon AC
5	5	Dylan EVANS	Newport Harriers
6	4	William COLES	Carmarthen Harriers
7	7	Caden PARHAM	Rhymney Valley AC
8	6	Jack JOHN	Pembrokeshire Harriers

<b>T20: U11B 800m : B RACE [3:09 PM]</b>			
Lane	Bib	Athlete	Club
1	33	George TURNER	Cardiff Archers
2	11	Caleb FINLAYSON	Cardiff Athletics
3	22	Noah COLEMAN	Swansea Harriers
4	88	Daniel GILLESPIE	Brecon AC
5	55	John GIBBY	Newport Harriers
6	44	Gwilym JAC JONES	Carmarthen Harriers
7	77	Tom GILBERT	Rhymney Valley AC
8	66	Ben MORGAN	Pembrokeshire Harriers

<b>T21: U15B 300m : A RACE [3:15 PM]</b>			
Lane	Bib	Athlete	Club
1	7	Lewis HOWELLS	Rhymney Valley AC
2	6	Liam TOPP	Pembrokeshire Harriers
3	5	Leo STARK	Newport Harriers
4	1	Ben FARRELL	Cardiff Athletics
5	4	Matthew VAUGHAN WILLI	Carmarthen Harriers
6	3	Ben GERRAGHTY	Cardiff Archers
7	8	Ned COLLINS	Brecon AC
8	2	Dylan MORGAN	Swansea Harriers

<b>T21: U15B 300m : B RACE [3:19 PM]</b>			
Lane	Bib	Athlete	Club
1	77		Rhymney Valley AC
2	66	Max MORGAN	Pembrokeshire Harriers
3	55		Newport Harriers
4	11	Henry SPENCER	Cardiff Athletics
5	44	Benjamin PROCTOR	Carmarthen Harriers
6	33	Finley KEANE	Cardiff Archers
7	88	Harry SHEPHERDSON	Brecon AC
8	22	Marek WARZUCHA	Swansea Harriers

<b>T22: U15G 300m : A RACE [3:25 PM]</b>			
Lane	Bib	Athlete	Club
1	4	Zara EVANS	Carmarthen Harriers
2	5	Mollie SAGE	Newport Harriers
3	6		Pembrokeshire Harriers
4	7	Ella MITCHELL	Rhymney Valley AC
5	8	Ava NICHOLL	Brecon AC
6	1	Jemima ROBINSON	Cardiff Athletics
7	2	Mai DAVIES	Swansea Harriers
8	3	Anna BROOKS	Cardiff Archers

<b>T22: U15G 300m : B RACE [3:29 PM]</b>			
Lane	Bib	Athlete	Club
1	44	Chloe HALE	Carmarthen Harriers
2	55	Lauren PROSSER	Newport Harriers
3	66		Pembrokeshire Harriers
4	77	Molly GAMESON	Rhymney Valley AC
5	88		Brecon AC
6	11	Millie WEBB	Cardiff Athletics
7	22	Jia XIN CHEN	Swansea Harriers
8	33	Amelia NORTON	Cardiff Archers

<b>T23: U11G 150m : A RACE [3:35 PM]</b>			
Lane	Bib	Athlete	Club
1	8	Pippa HARRIS	Brecon AC
2	4	Beatrice MORGAN	Carmarthen Harriers
3	7	Brooke EDWARDS	Rhymney Valley AC
4	3	Aliyah AFOLABI	Cardiff Archers
5	2	Martha CALDWELL	Swansea Harriers
6	6	Imogen GRAY	Pembrokeshire Harriers
7	1	Maxine YEBOAH	Cardiff Athletics
8	5	Poppy BEVAN	Newport Harriers

<b>T23: U11G 150m : B RACE [3:39 PM]</b>			
Lane	Bib	Athlete	Club
1	88	Rosie EVANS	Brecon AC
2	44	Jessica NORMAN	Carmarthen Harriers
3	77	Lilia DAVIES	Rhymney Valley AC
4	33	Lena DAVIES	Cardiff Archers
5	22	Millie PIERCE	Swansea Harriers
6	66	Skye BRUCE	Pembrokeshire Harriers
7	11	Holly VITTE	Cardiff Athletics
8	55	Lily EATON	Newport Harriers

<b>T24: U11B 150m : A RACE [3:45 PM]</b>			
Lane	Bib	Athlete	Club
1	6	Niall SMITH	Pembrokeshire Harriers
2	2	Ruairi HARRIS	Swansea Harriers
3	8	Ellis DAVIES	Brecon AC
4	5	Tomos BERRY	Newport Harriers
5	7	Dylan LLOYD	Rhymney Valley AC
6	3	Isaias BALDE	Cardiff Archers
7	4	Rhys JAMES	Carmarthen Harriers
8	1	Ethan OWEN	Cardiff Athletics

<b>T24: U11B 150m : B RACE [3:49 PM]</b>			
Lane	Bib	Athlete	Club
1	66	Ollie THOMPSON	Pembrokeshire Harriers
2	22	Henry PAYNE	Swansea Harriers
3	88	Ashley RICKETTS	Brecon AC
4	55	Sebastian HUMPHRIES	Newport Harriers
5	77	Luke JOHNSON	Rhymney Valley AC
6	33	Matthew FAHY	Cardiff Archers
7	44	Thom GRIFFITHS	Carmarthen Harriers
8	11	Harrison OWEN	Cardiff Athletics

<b>T25: U15B 200m : A RACE [3:55 PM]</b>			
Lane	Bib	Athlete	Club
1	5	Aidan WILTSHIRE	Newport Harriers
2	3	Ryan CLARK	Cardiff Archers
3	2	Joshua KENNY	Swansea Harriers
4	4	Oliver MORUZZI	Carmarthen Harriers
5	1	Jac PATTERSON	Cardiff Athletics
6	7	William HAWKER	Rhymney Valley AC
7	6	Iolo GRIFFITHS	Pembrokeshire Harriers
8	8	Jack ORGAN	Brecon AC

<b>T25: U15B 200m : B RACE [3:59 PM]</b>			
Lane	Bib	Athlete	Club
1	55	Joel MILES	Newport Harriers
2	33	Ben GERRAGHTY	Cardiff Archers
3	22	Tesfaye SHUGI	Swansea Harriers
4	44	Benjamin PROCTOR	Carmarthen Harriers
5	11	Charlie STOCKLEY JONES	Cardiff Athletics
6	77	Samuel ELFORD	Rhymney Valley AC
7	66	Sam LLOYD	Pembrokeshire Harriers
8	88	Douglas FREEMAN	Brecon AC

<b>T26: U13G 200m : A RACE [4:05 PM]</b>			
Lane	Bib	Athlete	Club
1	1	Grace FOWLES	Cardiff Athletics
2	8	Hannah MORGAN	Brecon AC
3	4	Casi GREGSON	Carmarthen Harriers
4	2	Ffion CLARKE	Swansea Harriers
5	6	Holly JOHN	Pembrokeshire Harriers
6	5	Olivia GILLEPSIE	Newport Harriers
7	3	Seren HALE	Cardiff Archers
8	7	Catrin WILLIAMS	Rhymney Valley AC

<b>T26: U13G 200m : B RACE [4:09 PM]</b>			
Lane	Bib	Athlete	Club
1	11	Florence ROBINSON	Cardiff Athletics
2	88	Ruby HERDMAN	Brecon AC
3	44	Frances MACKIE	Carmarthen Harriers
4	22	Olivia MACKAY	Swansea Harriers
5	66		Pembrokeshire Harriers
6	55	Alyssa FITZGERALD	Newport Harriers
7	33	Awen DAVIES	Cardiff Archers
8	77		Rhymney Valley AC

<b>T27: U15G 200m : A RACE [4:15 PM]</b>			
Lane	Bib	Athlete	Club
1	2	Chloe SIMMONITE	Swansea Harriers
2	7	Emilie BUCKWELL	Rhymney Valley AC
3	1	Jersey JONES	Cardiff Athletics
4	6		Pembrokeshire Harriers
5	3	Megan THOMAS	Cardiff Archers
6	8	Freya PLATT	Brecon AC
7	5	Twiahh BOATENG	Newport Harriers
8	4	Jessica LEE	Carmarthen Harriers

<b>T27: U15G 200m : B RACE [4:19 PM]</b>			
Lane	Bib	Athlete	Club
1	22	Katelyn THOMAS	Swansea Harriers
2	77	Molly GAMESON	Rhymney Valley AC
3	11	Kya PLACIDE	Cardiff Athletics
4	66		Pembrokeshire Harriers
5	33	Ruby DAVIES	Cardiff Archers
6	88		Brecon AC
7	55	Cordelia GOODGER	Newport Harriers
8	44	Sophia REID-THOMAS	Carmarthen Harriers

<b>T28: U13B 200m : A RACE [4:25 PM]</b>			
Lane	Bib	Athlete	Club
1	3	Sean HOPKINS	Cardiff Archers
2	1	King MUSA	Cardiff Athletics
3	2	Jenson MORRIS	Swansea Harriers
4	8	Aneurin SKINNER	Brecon AC
5	5	Joe BERRY	Newport Harriers
6	4	Dion JAMES	Carmarthen Harriers
7	7	Harvey LEE	Rhymney Valley AC
8	6	Eddie WARING	Pembrokeshire Harriers

<b>T28: U13B 200m : B RACE [4:29 PM]</b>			
Lane	Bib	Athlete	Club
1	33	Luc NEALE	Cardiff Archers
2	11	Salem KIAMBI	Cardiff Athletics
3	22	Connor MORIARTY	Swansea Harriers
4	88	Will HERDMAN	Brecon AC
5	55	Aron TUGWELL	Newport Harriers
6	44	Tom WILLIAMS	Carmarthen Harriers
7	77	Ellis WATKINS	Rhymney Valley AC
8	66	Rhys LLOYD-ROBERTS	Pembrokeshire Harriers

<b>T29: U13G 1000m walk : A &amp; B RACE [4:35 PM]</b>			
Lane	Bib	Athlete	Club
1	7	Catrin WILLIAMS	Rhymney Valley AC
2	6		Pembrokeshire Harriers
3	5		Newport Harriers
4	1	Kara BENNETT	Cardiff Athletics
5	4	Megan PRIDMORE	Carmarthen Harriers
6	3	Evie CAMILLERI	Cardiff Archers
7	8		Brecon AC
8	2	Neve DODD	Swansea Harriers
9	77		Rhymney Valley AC
10	66		Pembrokeshire Harriers
11	55		Newport Harriers
12	11	Iona RODERICK	Cardiff Athletics
13	44		Carmarthen Harriers
14	33		Cardiff Archers
15	88		Brecon AC
16	22	Marney ALLEN	Swansea Harriers

**LEG NUMBERS REQUIRED**

<b>T30: U15G 1000m walk : A &amp; B RACE [4:45 PM]</b>			
Lane	Bib	Athlete	Club
1	4	Elen WILLIAMS	Carmarthen Harriers
2	5		Newport Harriers
3	6	Gracie GRIFFITHS	Pembrokeshire Harriers
4	7		Rhymney Valley AC
5	8	Martha EACOCK	Brecon AC
6	1		Cardiff Athletics
7	2	Chloe SIMMONITE	Swansea Harriers
8	3	Rebecca HOLLEY	Cardiff Archers
9	44		Carmarthen Harriers
10	55		Newport Harriers
11	66	Amy EVANS	Pembrokeshire Harriers
12	77		Rhymney Valley AC
13	88		Brecon AC
14	11		Cardiff Athletics
15	22	Jia XIN CHEN	Swansea Harriers
16	33	Amelia NORTON	Cardiff Archers

**LEG NUMBERS REQUIRED**

<b>T31: U13B 1000m walk : A &amp; B RACE [4:55 PM]</b>			
Lane	Bib	Athlete	Club
1	8	Aj BRIGGS	Brecon AC
2	4	Liam UPTON-BOORMAN	Carmarthen Harriers
3	7		Rhymney Valley AC
4	3	Sebastian MITCHELL-FOFA	Cardiff Archers
5	2		Swansea Harriers
6	6	Aaron BRISKHAM	Pembrokeshire Harriers
7	1		Cardiff Athletics
8	5		Newport Harriers
9	88	Tristan PLATT	Brecon AC
10	44	Iwan WILLIAMS	Carmarthen Harriers
11	77		Rhymney Valley AC
12	33	Jonathan MELLOR	Cardiff Archers
13	22		Swansea Harriers
14	66		Pembrokeshire Harriers
15	11		Cardiff Athletics
16	55		Newport Harriers

**LEG NUMBERS REQUIRED**

<b>T31: U13B 1000m walk : A &amp; B RACE [5:05 PM]</b>			
Lane	Bib	Athlete	Club
1	6		Pembrokeshire Harriers
2	2	Marek WARZOCHA	Swansea Harriers
3	8	Owen PRICE-DAVIES	Brecon AC
4	5	Morgan KEEN WILLIAMS	Newport Harriers
5	7		Rhymney Valley AC
6	3		Cardiff Archers
7	4	Ellis CADDICK	Carmarthen Harriers
8	1	Trystan MACIVER	Cardiff Athletics
9	66		Pembrokeshire Harriers
10	22	Oscar GOODWIN THOMAS	Swansea Harriers
11	88	Daniel RICKETTS	Brecon AC
12	55		Newport Harriers
13	77		Rhymney Valley AC
14	33		Cardiff Archers
15	44		Carmarthen Harriers
16	11	Ethan MEYRICK	Cardiff Athletics

**LEG NUMBERS REQUIRED**

**ALL WALKS RACES ARE SEPARATE EVENTS NOT TO BE COMBINED**

<b>T33: U11B 4 x 100 relay : A RACE [5:15 PM]</b>			
Lane	Bib	Club	Relay Squads
1	5	Newport Harriers	Tomos BERRY, John GIBBY, Dylan EVANS, Sebastian HUMPHRIES
2	3	Cardiff Archers	Ieuan TAYLOR, Thomas HOLIDAY, Matthew FAHY, Isaias BALDE
3	2	Swansea Harriers	Jack WHITEHOUSE, Henry PAYNE, Dexter PARRINGTON-HINDS, Ruairi HARRIS
4	4	Carmarthen Harriers	Thom GRIFFITHS, Elliot MORGAN, Joseph THOMAS, Rhys JAMES
5	1	Cardiff Athletics	Jack EVANS, Ethan OWEN, Caleb FINLAYSON, Harrison OWEN
6	7	Rhymney Valley AC	Dylan LLOYD, Tom GILBERT, Luke JOHNSON, Caden PARHAM
7	6	Pembrokeshire Harriers	Jack JOHN, Leon LLEWHELLIN, Ollie THOMPSON, Niall SMITH
8	8	Brecon AC	Daniel GILLESPIE, Joe EDWARDS, Ashley RICKETTS, Ellis DAVIES

<b>T34: U13B 4 x 100 relay : A RACE [5:20 PM]</b>			
Lane	Bib	Club	Relay Squads
1	1	Cardiff Athletics	King MUSA, King MUSA, Kerby BELTRAN, Salem KIAMBI
2	8	Brecon AC	Aneurin SKINNER, Aneurin SKINNER, Gruff PETERS, Henry ORGAN
3	4	Carmarthen Harriers	Tom WILLIAMS, Tom WILLIAMS, Dion JAMES, Liam UPTON-BOORMAN
4	2	Swansea Harriers	Drew DODD , Drew DODD , Thomas WHITEHOUSE, Jenson MORRIS
5	6	Pembrokeshire Harriers	Rhys LLOYD-ROBERTS, Rhys LLOYD-ROBERTS, Aaron BRISKHAM, Eddie WARING
6	5	Newport Harriers	Aron TUGWELL, Aron TUGWELL, Henry DAWES, Joe BERRY
7	3	Cardiff Archers	Abdul AFOLABI, Abdul AFOLABI, Sean HOPKINS, Osian PARRY
8	7	Rhymney Valley AC	Ellis POWELL, Ellis POWELL, Evan LOUGHER, Harvey LEE

<b>T35: U15B 4 x 100 relay : A RACE [5:25 PM]</b>			
Lane	Bib	Club	Relay Squads
1	2	Swansea Harriers	Joseph BERESFORD, Joshua KENNY, Jeremy ANDREWS, Dylan MORGAN
2	7	Rhymney Valley AC	William HAWKER, Evan SADDLER, Toks AKANBI-MORTIMER, Samuel ELFORD
3	1	Cardiff Athletics	Sajjad SARHAN, Charlie STOCKLEY JONES, Ben FARRELL, Jac PATTERSON
4	6	Pembrokeshire Harriers	Dafydd PAWLETT, Max MORGAN, Iolo GRIFFITHS, Liam TOPP
5	3	Cardiff Archers	Sam NEALE, Ben GERRAGHTY, Harry BEDDALL, Ryan CLARK
6	8	Brecon AC	Jack ORGAN, Owen PRICE-DAVIES, Douglas FREEMAN, John BENNETT
7	5	Newport Harriers	Morgan KEEN WILLIAMS, Iwan DARK, Aidan WILTSHIRE, Ben WILLIAMS
8	4	Carmarthen Harriers	Oliver MORUZZI, Benjamin PROCTOR, Matthew VAUGHAN WILLIAMS, Harry FULLER

<b>T36: U11G 4 x 100 relay : A RACE [5:30 PM]</b>			
Lane	Bib	Club	Relay Squads
1	3	Cardiff Archers	Lucy SHELTON, Hannah THOLE, Lena DAVIES, Aliyah AFOLABI
2	1	Cardiff Athletics	Katie HIGGINSON, Holly VITTLE, Maxine YEBOAH, Chloe SANTIMA
3	2	Swansea Harriers	Martha CALDWELL, Jasmin HILLMAN, Millie PIERCE, Jaimie ALLEN
4	8	Brecon AC	Bronwen ROBERTS, Rosie EVANS, Pippa HARRIS, Holly PRICE
5	5	Newport Harriers	Aaliyah BEAVAN, Nia WAKELY, Lily EATON, Poppy BEVAN
6	4	Carmarthen Harriers	Beatrice MORGAN, Jessica NORMAN, Grace TOOGOOD, Soffia-Mai DAVIES
7	7	Rhymney Valley AC	Lilia DAVIES, Eva PARRY, Grace HAWKER, Tegwen PATERSON
8	6	Pembrokeshire Harriers	, , ,

<b>T37: U13G 4 x 100 relay : A RACE [5:35 PM]</b>			
Lane	Bib	Club	Relay Squads
1	7	Rhymney Valley AC	Yenay ROBINS, Catrin WILLIAMS, Libbie PRITCHARD, Marni BURRIDGE
2	6	Pembrokeshire Harriers	Emily HOSKER, Tegan HILTON, Sophie LLEWELLYN, Holly JOHN
3	5	Newport Harriers	Addison WERNER, Alyssa FITZGERALD, Nia PARRY, Olivia GILLEPSIE
4	1	Cardiff Athletics	Florence ROBINSON, Grace FOWLES, Alice DAVIES, Amaya RICHARDSON
5	4	Carmarthen Harriers	Casi GREGSON, Mared JONES, Frances MACKIE, Ellie-May JOHN
6	3	Cardiff Archers	Megan TAYLOR, Seren HALE, Awen DAVIES, Nell DESIR
7	8	Brecon AC	Ruby HERDMAN, Hannah MORGAN, Freya ROBERTS, Olivia ELLIS
8	2	Swansea Harriers	Lola MITCHELL, Ffion CLARKE, Olivia MACKIE, Zoe STREVEN

<b>T38: U15G 4 x 100 relay : A RACE [5:40 PM]</b>			
Lane	Bib	Club	Relay Squads
1	4	Carmarthen Harriers	Jessica LEE, Zara EVANS, Thaia DAVIES, Sophia REID-THOMAS
2	5	Newport Harriers	Olivia REID, Cordelia GOODGER, Cate DAVIES, Twiah BOATENG
3	6	Pembrokeshire Harriers	Amy EVANS, Lleucu LLOYD, Gracie GRIFFITHS, Lucy WINTLE
4	7	Rhymney Valley AC	Ella MITCHELL, Molly GAMESON, Kaitlin COOK, Emilie BUCKWELL
5	8	Brecon AC	, , ,
6	1	Cardiff Athletics	Lilij REES THOMAS, Jemima ROBINSON, Millie WEBB, Kya PLACIDE
7	2	Swansea Harriers	Chloe SIMMONITE, Katelyn THOMAS, Sarah LYONS, Megan GWYOTHER
8	3	Cardiff Archers	Ruby DAVIES, Isabella WIGLEY, Megan THOMAS, Sophie LISK