

Saturday 31st Sunday 1st august
U13, U17 & U20 Welsh T&F Championships
Final Timetable

Saturday 31st Track

Event No	Reg Cut off	Start Time	Event		Round
T1-1	10:30	12:00	T01: U20M & U17M 400m Hdl	5	FINAL
T2-1	10:40	12:10	T02: U13G 1500m	15	TIME TRIALS
T3-1	11:00	12:30	T03: U13B 1500m	10	FINAL
T4-1	11:20	12:50	T04: U20W 400m Hdl	3	ST FINAL
T5-1	11:30	13:00	T05: U17W 300m Hdl	7	ST FINAL
T6-1	11:45	13:15	T06: U20M 2.0km s/c	2	ST FINAL
T7-1	12:00	13:30	T07: U17M 1.5km s/c	5	ST FINAL
T8-1	12:10	13:40	T08: U13G 100m	34	HEATS
T9-1	12:30	14:00	T09: U17W 100m	19	HEATS
T10-1	12:45	14:15	T10: U20W 100m	9	HEATS
T11-1	12:55	14:25	T11: U13B 100m	18	HEATS
T12-1	13:10	14:40	T12: U17M 100m	24	HEATS
T13-1	13:25	14:55	T13: U20M 100m	20	HEATS
T14-1	13:40	15:10	T14: U20W 2.0km s/c	1	ST FINAL
T15-1	13:55	15:25	T15: U17W 1.5km s/c	6	ST FINAL
T16-1	14:10	15:40	T16: U17M 400m	9	HEATS
T17-1	14:20	15:50	T17: U20W 400m	7	ST FINAL
T18-1	14:25	15:55	T18: U20M 400m	9	HEATS
T19-1	14:35	16:05	T19: U17M 1500m	16	ST FINAL
T20-1	14:45	16:15	T20: U17W 1500m	14	ST FINAL
T21-1	14:55	16:25	T21: U20M 1500m	17	ST FINAL
T22-1	15:05	16:35	T22: U20W 1500m	10	ST FINAL
T8-2		16:50	T08: U13G 100m	8	FINAL
T9-2		16:55	T09: U17W 100m	8	FINAL
T10-2		17:00	T10: U20W 100m	8	FINAL
T11-2		17:05	T11: U13B 100m	8	FINAL
T12-2		17:10	T12: U17M 100m	8	FINAL
T13-2		17:15	T13: U20M 100m	8	FINAL

Saturday 31st Field

Event No	Reg Cut off	Start Time	Event
F01	09:30	11:00	F01: U17M Hammer
F02	09:30	11:00	F02: U20M Hammer
F03	10:15	11:45	F03: U13B Shot
F04	10:15	11:45	F04: U20M High Jump
F05	10:15	11:45	F05: U17M High Jump
F06	10:30	12:00	F06: U13G Discus
F07	10:45	12:15	F07: U20M Long Jump
F08	10:45	12:15	F08: U17M Long Jump
F09	11:00	12:30	F09: U20W Pole Vault
F10	11:00	12:30	F10: U17W Pole Vault
F11	11:35	13:05	F11: U20M Discus
F12	11:35	13:05	F12: U17M Discus
F17	12:30	14:00	F17: U17W Javelin
F18	12:30	14:00	F18: U20W Javelin
F14	13:00	14:30	F14: U13B High Jump
F13	13:20	14:50	F13: U13B Long Jump
F15	13:50	15:20	F15: U20W Triple Jump
F16	13:50	15:20	F16: U17W Triple Jump
F20	13:45	15:15	F20: U20W Discus
F21	13:45	15:15	F21: U17W Discus
F19	14:15	15:45	F19: U13G Javelin

TIMETRIALS = athletes not permitted to run heats and finals for that event distance
ST FINAL = Straight Final, No heats/Rounds
HEATS = Multiple races to FINAL
FINAL = Final race from heats
If insufficient numbers register on the day, for scheduled heats will see that event run as a straight final at that heat time

Reg Cut Off = All athletes must register for their first event by this cut off time, failure to do so will stop athletes taking part.

Athletes competing Sunday must retain their numbers, and must register at registration on arrival for their events, failure to this athletes will not be allowed to compete

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Final Timetable

Sunday 1st Track

Event No	Reg Cut off	Start Time	Event		Round
T23-1	09:30	11:00	T23: U17W 300m	14	HEATS
T24-1	09:45	11:15	T24: U13B 800m	18	HEATS
T25-1	10:00	11:30	T25: U17W 80m Hdl	8	ST FINAL
T26-1	10:10	11:40	T26: U13G 800m	22	TIME TRIALS
T27-1	10:25	11:55	T27: U17W 800m	26	HEATS
T28-1	10:45	12:15	T28: U13B 75m Hdl	5	ST FINAL
T29-1	10:55	12:25	T29: U17M 800m	17	HEATS
T30-1	11:05	12:35	T30: U13G 70m Hdl	12	HEATS
T31-1	11:20	12:50	T31: U20W 800m	7	ST FINAL
T32-1	11:25	12:55	T32: U20M 800m	7	ST FINAL
T33-1	11:35	13:05	T33: U13G 200m	28	HEATS
T34-1	11:55	13:25	T34: U13B 200m	12	HEATS
T35-1	12:05	13:35	T35: U17W 200m	19	HEATS
T36-1	12:20	13:50	T36: U17M 200m	17	HEATS
T37-1	12:35	14:05	T37: U20W 200m	10	HEATS
T38-1	12:45	14:15	T38: U20M 200m	19	HEATS
T39-1	13:00	14:30	T39: U13B & U13G 1k walk	2	ST FINAL
T40-1	13:15	14:45	T40: U20M 110m Hdl	3	ST FINAL
T41-1	13:25	14:55	T41: U17 & U20 Men 3000m	24	ST FINAL
T42-1	13:45	15:15	T42: U17M 100m Hdl	6	ST FINAL
T43-1	13:55	15:25	T43: U20W 100m Hdl	3	ST FINAL
T44-1	14:05	15:35	T44: U17 & U20W 3000m	13	ST FINAL
T25-2	14:15	15:45	T45: U17/U20 3k walk	3	ST FINAL
T30-2		16:10	T30: U13G 70m Hdl	8	FINAL
T35-2		16:20	T35: U17W 200m	8	FINAL
T36-2		16:25	T36: U17M 200m	8	FINAL
T37-2		16:30	T37: U20W 200m	8	FINAL
T38-2		16:35	T38: U20M 200m	8	FINAL
T33-3		16:40	T33: U13G 200m	8	FINAL
T34-3		16:45	T34: U13B 200m	8	FINAL
T16-2		16:50	T16: U17M 400m	8	FINAL
T18-2		16:55	T18: U20M 400m	8	FINAL
T23-2		17:00	T23: U17W 300m	8	FINAL
T24-2		17:05	T27: U17W 800m	8	FINAL
T26-2		17:10	T29: U17M 800m	8	FINAL

Sunday 1st Field

Event No	Reg Cut off	Start Time	Event
F22	09:30	11:00	F22: U17W Hammer
F23	09:30	11:00	F23: U20W Hammer
F24	09:50	11:20	F24: U13G Shot
F25	10:00	11:30	F25: U17W High Jump
F26	10:00	11:30	F26: U20W High Jump
F40	10:15	11:45	F40: U20M Triple Jump
F41	10:15	11:45	F41: U17M Triple Jump
F27	11:00	12:30	F27: U17W Shot
F28	11:00	12:30	F28: U17M Shot
F29	11:00	12:30	F29: U20M Shot
F30	11:00	12:30	F30: U20W Shot
F31	12:00	13:30	F31: U13B Javelin
F32	12:00	13:30	F32: U17M Javelin
F33	12:00	13:30	F33: U20M Javelin
F34	12:00	13:30	F34: U20M Pole Vault
F35	12:00	13:30	F35: U17M Pole Vault
F36	12:00	13:30	F36: U20W Long Jump
F38	12:30	14:00	F38: U13G High Jump
F37	13:00	14:30	F37: U17W Long Jump
F42	13:45	15:15	F42: U13G Long Jump

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