

LIFTING ATHLETICS OUT OF LOCKDOWN

#StaySafe



WELSH ATHLETICS
ATHLETAU CYMRU

Test, Trace & Protect guidance for organisers of outdoor training & running sessions V2

At the current time we recommend strongly that only a 'Responsible Person' can organise and supervise an athletics session. For the purposes of this guidance and to ensure consistency at this time we have agreed the following definition of a Responsible Person:

A coach/leader who has an active/up to date qualification, a club Covid officer (becomes the Chair if the club has not elected an officer), or a member of Welsh Athletics staff who is delivering an activity.

Responsible Individuals should be aware of the following, and should look to complete COVID-19 awareness training being provided by the [WSA](#) as soon as possible:

1. The responsible person organising an athletics activity in a physical location e.g. a group run in a park, training session at a track, must set up and make available a QR Venue Poster for participants to scan using the NHS Track and Trace app. If you have more than one venue, you need to create a separate QR code for each location. More information is available here: <https://www.gov.uk/create-coronavirus-qr-poster>
 2. All participants attending athletics activity should be strongly encouraged to download and use the NHS COVID-19 track and trace app and scan the venues QR code to check in.
 3. If participants attend a session and do not have the App, the responsible person should take a register of those participants with their contact information, store securely in line with GDPR regulations, and be prepared to pass this information on to the NHS Track, Trace & Protect service as required.
- The NHS will then contact and inform everyone via the app if a member of the group has symptoms/tested positive. There are then two scenarios;
 - I. If you/a group member[s] broke social distancing/had close contact for a prolonged period [less than 1m for more than 1 minute] e.g. administered first aid, shared a car or indoor space in close proximity, they must then self-isolate for 14 days [[See the Welsh Government's diagram](#)].
 - II. If social distancing has not been broken/no close contact, group members can continue to train/attend, but should be vigilant for symptoms.
 - [Welsh Government Guidance on Test, Trace & Protect information](#)
 - [Infographic explaining when & how to contact the NHS service](#)
 - [Welsh Athletics guidance page](#)