



Welsh Athletics Clean Sport Annual Report (December 2021)

Introduction

This report provides a summary of the clean sport activities undertaken by Welsh Athletics between January 2021 and November 2021.

The existing Clean Sport Strategy was approved by the Board in 2020, this strategy is currently under review and a new 2022 Strategy (including Commonwealth Games 2022 prerequisites) is to be agreed.

The mission of Welsh athletics over the cycle 2022 – 2026 is to protect the integrity of Clean Sport across athletics in Wales.

The Strategy will target key clean sport topics in line with UKAD's clean sport curriculum in conjunction with our sport specific needs.

The clean sport topics covered within the education curriculum are:

- Principles and values of clean sport
- Strict liability
- ANARAC – Accessing the need for supplementation, accessing the risk, assessing the consequence
- Rights and responsibilities of athletes, coaches and support personnel
- Understanding the consequence of doping
- ADRVs – anti-doping rule violations
- The prohibited list (Supplements and Medications) - Global DRO and Informed Sport
- TUE's - Therapeutic Use Exemptions
- The testing process
- Testing pools and Adams
- How to report suspicions of doping

Coaching and Athlete Support Personnel will also have specific education requirements in respect of the 2022 Commonwealth Games.

Education

As at November 2021:

- Clean sport education was delivered across our programmes with 90 athletes additionally completing the European Athletics iRun Clean Certificate
- 13 Athlete Support Personnel have completed the UKAD Clean Sport Advisor Module and 6 Coaches have completed UKAD Coach Clean in preparation for the 2022 Commonwealth Games



- All athletes, coaches and Athlete Support Personnel have received the WADA rule changes for 2022. This information has also been shared through social media channels to the athletics membership in Wales.

Compliance

As at November 2021 we are currently working to complete the UKAD Assurance Framework ahead of the deadline of 31 December 2021.

Testing

Welsh athletics currently has 2 athletes on the whereabouts programme.