

WELSH ATHLETICS ATHLETAU CYMRU
21st Inter Regional T&F Championships
Sunday 4th August 2019 - Aberdare



U13 BOYS								
EVENT	East Wales		North Wales		South Wales		West Wales	
	A	B	A	B	A	B	A	B
100m	7.0	3.0	6.0	1.0	8.0	2.0	5.0	4.0
200m	8.0	2.0	4.0	3.0	7.0		6.0	5.0
800m	6.0	2.0	3.0	1.0	7.0	5.0	8.0	4.0
1500m	8.0	4.0			6.0	3.0	7.0	5.0
1k walk							8.0	
75M H	8.0	2.0	3.0		6.0	4.0	7.0	5.0
4x100	7.0		5.0		6.0		8.0	
4x200	8.0		5.0		7.0		6.0	
HJ	7.0	5.0	3.0	1.0	8.0	4.0	6.0	2.0
LJ	8.0	2.0	3.0		6.0	4.0	7.0	5.0
SP	2.0	1.0	8.0	5.0	6.0	4.0	7.0	3.0
DT	3.0	1.0	5.0	4.0	8.0	6.0	7.0	2.0
JT	3.0	1.0	5.0	4.0	8.0	6.0	7.0	2.0
Totals	75.0	23.0	50.0	19.0	83.0	38.0	89.0	37.0
Combined Totals	98.0		69.0		121.0		126.0	

U13 GIRLS								
EVENT	East Wales		North Wales		South Wales		West Wales	
	A	B	A	B	A	B	A	B
100	8.0	3.0	2.0	1.0	6.0	4.0	7.0	5.0
200	8.0	4.0	2.0	1.0	6.0	3.0	7.0	5.0
800	6.0	5.0	8.0	1.0	4.0	3.0	7.0	2.0
1500	8.0	7.0	3.0	2.0	6.0	4.0	5.0	1.0
1k walk	7.0						8.0	7.0
70m Hdl	8.0	7.0	2.0		6.0	3.0	5.0	4.0
4x100	7.0		8.0		5.0		6.0	
4x200	5.0		6.0		8.0		7.0	
HJ	5.0	1.0	4.0	3.0	6.0	2.0	8.0	7.0
LJ	5.0	3.0	2.0	7.0	8.0		6.0	4.0
SP	7.0	4.0	3.0	1.0	6.0	2.0	8.0	5.0
DT	7.0	6.0	2.0	1.0	5.0	4.0	8.0	3.0
JT	6.0	1.0	7.0	3.0	4.0	2.0	8.0	5.0
Totals	87.0	41.0	49.0	20.0	78.0	32.0	90.0	48.0
Combined Totals	128.0		69.0		110.0		138.0	

U15 BOYS								
EVENT	East Wales		North Wales		South Wales		West Wales	
	A	B	A	B	A	B	A	B
100m	6.0	4.0	8.0	3.0			7.0	5.0
200m	6.0	3.0	7.0	4.0	2.0	1.0	8.0	5.0
300m	6.0	5.0	7.0	4.0	3.0		8.0	2.0
800m	6.0	4.0			8.0	7.0	5.0	3.0
1500m	2.0	1.0	8.0	5.0	7.0	6.0	4.0	3.0
3000m			6.0				8.0	7.0
1000m Walk							8.0	
80H	8.0	5.0	6.0		4.0		7.0	
4x100	7.0		6.0		5.0		8.0	
4x200	8.0		7.0		6.0		5.0	
HJ	6.0	5.0	3.0		4.0		8.0	7.0
PV	6.0	4.0	7.0				8.0	5.0
LJ	5.0	4.0	6.0	2.0	3.0		8.0	7.0
SP	4.0	3.0	5.0		7.0	2.0	8.0	6.0
DT	6.0	4.0	2.0		7.0	3.0	8.0	5.0
HT	8.0	4.0	3.0		7.0		6.0	5.0
JT	7.0	6.0	3.0		4.0	2.0	8.0	5.0
Totals	91.0	52.0	84.0	18.0	67.0	21.0	122.0	65.0
Combined Totals	143.0		102.0		88.0		187.0	

U15 GIRLS								
EVENT	East Wales		North Wales		South Wales		West Wales	
	A	B	A	B	A	B	A	B
100m	7.0	5.0	6.0	2.0	3.0	1.0	8.0	4.0
200m	6.0	5.0	7.0	3.0	2.0	1.0	8.0	4.0
300m	3.0	2.0	4.0		8.0	7.0	6.0	5.0
800m	5.0		4.0		7.0	6.0	8.0	
1500m	4.0	3.0	8.0	6.0	7.0		5.0	
3000m	6.0	4.0	5.0		8.0		7.0	3.0
1000m Walk					6.0	5.0	8.0	7.0
75H	8.0	7.0	2.0		6.0	3.0	5.0	4.0
4x100	7.0		6.0		5.0		8.0	
4x200	8.0				7.0		6.0	
HJ	5.0	1.0	3.0	2.0	7.0	6.0	8.0	4.0
PV	5.0		6.0				7.0	8.0
LJ	6.0	5.0	2.0		4.0	3.0	8.0	7.0
SP	8.0	7.0	4.0		3.0		6.0	5.0
DT	6.0	5.0	7.0	2.0	4.0		8.0	3.0
HT	8.0	6.0	5.0		4.0		7.0	3.0
JT	4.0		3.0		8.0	6.0	7.0	
Totals	96.0	50.0	72.0	15.0	89.0	38.0	120.0	57.0
Combined Totals	146.0		87.0		127.0		177.0	

U17 MEN								
EVENT	East Wales		North Wales		South Wales		West Wales	
	A	B	A	B	A	B	A	B
100m	2.0	1.0	6.0	5.0	7.0	4.0	8.0	3.0
200m	4.0	2.0	6.0	3.0	7.0		8.0	5.0
400m	8.0	7.0	5.0		3.0		6.0	4.0
800m	6.0	4.0	8.0	5.0	3.0		7.0	2.0
1500m	3.0	2.0	7.0	4.0	5.0	1.0	8.0	6.0
3000m	4.0		7.0	6.0	5.0		8.0	3.0
1k walk	8.0		7.0					
100H			4.0		6.0	5.0	8.0	7.0
400H	7.0	4.0			5.0		8.0	6.0
1000m Walk	8.0		7.0					
4x100	8.0		6.0		5.0		7.0	
4x200	8.0		6.0		5.0		7.0	
HJ			6.0	5.0	7.0		8.0	4.0
PV					8.0		7.0	
LJ			8.0	6.0	7.0		5.0	4.0
TJ	4.0		7.0	5.0	6.0		8.0	3.0
SP	7.0	6.0	5.0	3.0			8.0	4.0
DT	4.0		7.0	6.0			8.0	5.0
HT	7.0		5.0	4.0			8.0	6.0
JT			6.0				8.0	7.0
Totals	88.0	26.0	113.0	52.0	79.0	10.0	135.0	69.0
Combined Totals	114.0		165.0		89.0		204.0	

U17 WOMEN								
EVENT	East Wales		North Wales		South Wales		West Wales	
	A	B	A	B	A	B	A	B
100m	7.0	6.0	4.0	3.0	8.0		5.0	2.0
200m			8.0	7.0	6.0	3.0	5.0	4.0
300m	3.0	2.0	8.0	7.0	6.0	1.0	5.0	4.0
800m			8.0	4.0	6.0	5.0	7.0	
1500m	6.0		8.0	7.0	4.0		5.0	
3000m			6.0	4.0	7.0		5.0	
1k walk			8.0	7.0				
80H	5.0		8.0	6.0	7.0			
300H			8.0	5.0			7.0	6.0
1000m Walk			8.0	7.0				
4x100	5.0		8.0		6.0		7.0	
4x200	7.0		6.0		8.0		5.0	
HJ	7.0		6.0	5.0			8.0	
PV	8.0				7.0		6.0	
LJ	4.0	5.0	6.0	4.0	7.0		8.0	3.0
TJ	6.0		3.0		7.0		8.0	2.0
SP	2.0		4.0	3.0	7.0	6.0	8.0	5.0
DT			7.0	4.0	8.0	5.0	6.0	3.0
HT			6.0		8.0	5.0	7.0	4.0
JT	4.0		8.0		6.0	5.0	7.0	3.0
Totals	64.0	13.0	128.0	73.0	108.0	30.0	109.0	36.0
Combined Totals	77.0		201.0		138.0		145.0	

OVERALL U13 TOTALS								
	East Wales		North Wales		South Wales		West Wales	
	A	B	A	B	A	B	A	B
U13B	75.0	23.0	50.0	19.0	83.0	38.0	89.0	37.0
U13G	87.0	41.0	49.0	20.0	78.0	32.0	90.0	48.0
	3		4		2		1	
Combined Totals	226.0		138.0		231.0		264.0	

OVERALL U15 TOTALS								
	East Wales		North Wales		South Wales		West Wales	
	A	B	A	B	A	B	A	B
U15B	91.0	52.0	84.0	18.0	67.0	21.0	122.0	65.0
U15G	96.0	50.0	72.0	15.0	89.0	38.0	120.0	57.0
	2		4		3		1	
Combined Totals	289.0		189.0		215.0		364.0	

OVERALL U17 TOTALS								
	East Wales		North Wales		South Wales		West Wales	
	A	B	A	B	A	B	A	B
U17M	88.0	26.0	113.0	52.0	79.0	10.0	135.0	69.0
U17W	64.0	13.0	128.0	73.0	108.0	30.0	109.0	36.0
	4		1		3		2	
Combined Totals	191.0		366.0		227.0		349.0	

Overall Male Points								
	East Wales		North Wales		South Wales		West Wales	
	A	B	A	B	A	B	A	B
U13B	75.0	23.0	50.0	19.0	83.0	38.0	89.0	37.0
U15B	91.0	52.0	84.0	18.0	67.0	21.0	122.0	65.0
U17M	88.0	26.0	113.0	52.0	79.0	10.0	135.0	69.0
	2		3		4		1	
Combined Totals	355.0		336.0		298.0		517.0	

Overall Female Points								
	East Wales		North Wales		South Wales		West Wales	
	A	B	A	B	A	B	A	B
U13G	87.0	41.0	49.0	20.0	78.0	32.0	90.0	48.0
U15G	96.0	50.0	72.0	15.0	89.0	38.0	120.0	57.0
U17W	64.0	13.0	128.0	73.0	108.0	30.0	109.0	36.0
	4		3		2		1	
Combined Totals	351.0		357.0		375.0		460.0	

OVERALL POINTS				
	East Wales	North Wales	South Wales	West Wales
MALE	355.0	336.0	298.0	517.0
FEMALE	351.0	357.0	375.0	460.0
	2		3	
Combined Totals	706.0		693.0	

1 - West Wales 977
2 - East Wales 706
3 - North Wales 693
4 - South Wales 673