



IG MENAI OPEN 2019

FINAL TIMETABLE

TRACK

10.30am **3000m** Finals U15B (1), U17W (1), U20M (1) & MM (2)

11.00am **70mH** Final U13G (1)
75mH Finals U13B (2) & U15G (6)
80mH Finals U15B (2) & U17W (1)
110mH Finals SM (1) & MM (1)

11.30am **600m** Final U11G (12)
600m Final U11B (10)
800m Finals U13G (6) & U15G (5)
800m Finals U13B (9) & U15B (3)
800m Finals U17M (2), U17W (3)

12.00noon **75m** Heats U11G (16)
75m Heats U11B (11)
100m Heats U13G (14)
100m Heats U13B (16)
100m Heats U15G (9)
100m Final U15B (6)
100m Final U17W (4)
100m Finals U17M (5), U20M (2) & MM (1)

LUNCH BREAK

1.30pm **75m** Final U11G
75m Final U11B
100m Final U13G
100m Final U13B
100m Final U15G

2.00pm **300m** Finals U15B (5) & U17W (2)
300m Final U15G (8)
400m Finals U17M (1), U20W (1), SM (2) & MM (1)

2.15pm **150m** Heats U11G (18)
150m Heats U11B (11)

2.30pm **200m** Heats U13B (13)
200m Heats U13G (13)
200m Heats U15G (10)
200m Final U15B (5)
200m Finals U17M (4), U20M (2), SM (1) & MM (1)
200m Final U17W (5)

3.15pm **1 Mile** Finals U13G (7), U13B (6), U15G (5), U15B (2) & U17W (2) U20M (1) & MM (1)

3:30pm **1500 SC** Final U17G (2)

3.45pm **150m** Final U11G

FIELD

10.30am **Long Jump (pit 1)** U15G (11), U15B (5)
Triple Jump (pit 2) U17M (2), U17W (4), U20M (1), SW (1), U15G (1)
Hammer U15B (2), U17W (1), SM (1), MM (1)

11.30am **Shot** U13B (1), U13G (6), U15B (1), U15G (4)
Javelin U17M (3), U17W (2), U20M (1), U20W (1), MM (4)
High Jump U15B (6), U17M (1), U20M (1), MM (1)

12.30pm **Shot** U17W (5), U20M (2)
SW (2), MM (3)
Long Jump (pit 1) U13G (15)
Long Jump (pit 2) U13B (15)

1.30pm **Long Jump (pit 1)** U17M (4), U17W (4), U20WV (1), U20M (1)
Javelin U13B (3), U15B (2), U15G (3), U13G (3)
High Jump U15G (4), U13B (7), U13G (3)

2.15pm **Long Jump (pit 1)** U11G (16)
Long Jump (pit 2) U11B (15)

3.15pm **Discuss** U13G (2), U13B (1), U15G (1), U15B (2), U17W (5), U20M (2), SM (2), MM (4)