

Mynydd Cilgwyn U18 Race Route

Route Information

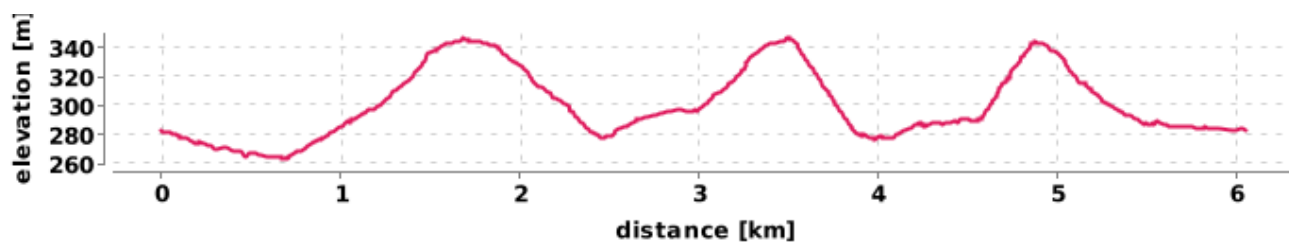
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3 ascents of Mynydd Cilgwyn

Route Summary

Total Distance **6.06 km (3.77 mi)**
 Elevation **263 m** at lowest point
346 m at highest point
 Total Ascent **214 m**

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SH 505 548	0 km	53° 4' 11" N	4° 13' 53" W	283 m
2	SH 505 548	6.06 km	53° 4' 11" N	4° 13' 52" W	283 m

Distance from previous: **6.06 km**, Ascent from previous: **247 m**, Descent from previous: **247 m**