



**WREXHAM
ATHLETICS CLUB**



**THE
FINAL
FLING**

**OPEN THROWS MEETING
WREXHAM AMATEUR ATHLETIC CLUB**

www.wrexhamac.club

Under UK Athletics Rules (Licence no. NORTH R.A.C.TF-54)

QUEENSWAY STADIUM, WREXHAM. LL13 8UH

SEPTEMBER 2019

SATURDAY 28th (U11,U13,U15)

SUNDAY 29th (U17,U20,Senior, Vets)

(9.30am provisional start time)

We are holding our 9th End of Season Throws meeting.

All age groups, U11, U13, U15, U17, U18,U20, Senior, Vets. All throwers will have 6 throws .

The entry fee per competitor will be 1st event £10, each additional event £5.

NB Entries for athletes who enter 4 events will be automatically competing in a “single event “ throwathon. This will be scored using the IAAF scoring tables. Their throws will also count in the individual event results.

.Early entries would help in planning the timetable, which will be published nearer the date. Entries should be received by Monday 9th September.

Send to : Ian Robinson, Wrexham AAC, Ty'n y Llidiart, Llandegla, Wrexham, LL11 3AF

CHEQUES PAYABLE TO WREXHAM AAC : NO CASH THROUGH THE POST, PLEASE!!!

If a confirmation/ timetable is required, please enclose a stamped addressed envelope . The timetable will be emailed automatically if I have your email address. On line entries can be paid by BACS once they have been accepted. Reference using the athlete initial and surname. Lloyds Bank 30-99-95, Ac no.07312538

SURNAME.....FIRST NAME.....

ADDRESS.....

TELEPHONE NO..... DATE OF BIRTH.....

CLUB.....REGISTRATION NO.....

MALE/FEMALE.....Age as at 31/8/2019.....email.....

I hereby declare that I am an amateur as defined by the UK Athletics Rules

Signature.....(parent if under 16) Date.....

Please mark the throwing events you would like to compete in. If you are a Vet you will be competing in your Veteran age group **unless you specify that you want to throw as a Senior. For Under 18 to Senior age is as at 31/12/19 and Vets as at day of competition. Hammer/discus entries may have to be closed early so please enter as soon as possible**

Hammer..... Personal Best..... Left/Right handed (Please delete)

Discus..... Personal Best

Shot..... Personal Best

Javelin..... Personal Best

Use of cameras will be allowed at the meeting.
Please send clothing orders with your entry.