

Welsh Schools Cross Country Championships 2019

Event Administration

All event administration and results will be done inside the pavilion, which is where team managers will report to collect numbers and any programmes ordered as well as making any last-minute team changes.

Walking The Course

As part of the event risk assessment, every competing athlete is advised to walk the course BEFORE they compete – to ensure that they know where they are going and to check for any potential hazards. If a competitor identifies a potential hazard, they must report it to the event organisers.

Headphones, iPhones & Other Similar Audio Devices

Welsh Schools' Executive has ruled that the wearing of headphones, iPods or other similar devices in a race constitutes a health & safety hazard. Pupils are not to wear them while competing.

Athlete Welfare – And On The Day Weather Conditions

The forecast for Wednesday is not available at time of going to print. Whatever the weather, it is important that athletes and spectators come equipped with appropriate footwear and waterproof and windproof outer clothing.

First Aid

First aid cover is being provided by an experienced group from the Pegasus Ambulance Services, who are likely to be based on the track (close to the finish).

Presentations

Awards will be presented to the first three individuals in each race and to the scoring members (six to score) of the first three complete teams in each section. Presentations will be made through the afternoon and will take place at the front of the pavilion.

Results

Provisional results will appear on the Welsh Athletics website as soon as possible, with a report following as soon as possible. WSAA wishes all taking part the best of luck and hope that all enjoy a great day of competitive cross-country racing.

Live (provisional) results will also be available on <http://results.welshathletics.org/>