

#WAI2017



WELSH ATHLETICS ATHLETAU CYMRU

U20 Outdoor International 2017
Cardiff International Sports Stadium
Wednesday 12th July



Wales U20 v Welsh Schools U20 v England North U20 v England Midlands U20 v England South U20

Registration

	Closes	Event Time	Event	Age Group		
T01	5:30 PM	7:00 PM	3000m	U15G & U15G		Championship
T02		7:15 PM	400m Hurdles	Men		Match
T03		7:25 PM	400m Hurdles	Women		Match
T04		7:30 PM	1500m	Women		Match
T05		7:40 PM	100m	Women	Race 1	Match
		7:45 PM	100m	Women	Race 2	Match
T06		7:50 PM	100m	Men	Race 1	Match
		7:55 PM	100m	Men	Race 2	Match
		8:00 PM	100m	Men	Race 3	Match
T07		8:05 PM	400m	Women		Match
T08		8:10 PM	400m	Men		Match
T09	6:45 PM	8:15 PM	4 x 100m	U13B		Championship
T10	6:50 PM	8:20 PM	4 x 100m	U15G		Championship
T11		8:25 PM	800m	Women		Match
T12		8:30 PM	800m	Men		Match
T13		8:35 PM	200m	Women		Match
T14		8:40 PM	200m	Men		Match
T15	7:15 PM	8:45 PM	3000m	U20W & SENW & U20M & SENM		Championship
T16		9:00 PM	110m Hurdles	Men		Match
T17		9:10 PM	1500m	Men		Match
T18		9:20 PM	100m Hurdles	Women		Match
T19		9:25 PM	4 x 100m	Women		Match
T20		9:30 PM	4 x 100m	Men		Match

EVENTS IN RED ARE WELSH CHAMPIONSHIPS FINALS, ATHLETES MUST REGISTER 90 MINUTES BEFORE EVENT START

	Event Time	Event	Age Group	
F01	4:00 PM	HAMMER	Men	Match
F15	4:00 PM	POLE VAULT	Men	INVITE
F02	5:15 PM	HAMMER	Women	Match
F03	6:00 PM	TRIPLE JUMP	Men	Match
F04	6:15 PM	HIGH JUMP	Women	Match
F05	6:30 PM	POLE VAULT	Women	Match
F06	6:45 PM	JAVELIN	Men	Match
F07	6:45 PM	JAVELIN	Women	Match
F08	6:45 PM	LONG JUMP	Women	Match
F09	7:15 PM	TRIPLE JUMP	Women	Match
F10	7:30 PM	HIGH JUMP	Men	Match
F11	7:45 PM	SHOT	Men	Match
F12	7:45 PM	SHOT	Women	Match
F13	7:45 PM	LONG JUMP	Men	Match
F14	8:30 PM	DISCUS	Men	Match