

# Welsh Athletics

## U15 League Field Duties - East Division

### 2017



WELSH ATHLETICS  
ATHLETAU CYMRU

	minimum Report Time	Time	FIELD		officials Req	Match 1 @ Hereford	Match 2 @ Cardiff	Match 3 @ Hereford	Match 4 @ Newport
F01	10:40 AM	11:00 AM	(4.00kg) Hammer	U15B	5 or 6	Aberdare VAAC	Blaenau Gwent AC	Cardiff AAC	Rhydney Valley AC
F02	10:40 AM	11:00 AM	(3.00kg) Hammer	U15G		Aberdare VAAC	Blaenau Gwent AC	Cardiff AAC	Rhydney Valley AC
F03	10:40 AM	11:00 AM	(300g) Javelin	U11G	5 or 6	Cardiff AAC	Cwmbran Harriers	Cardiff Archers	Hereford & County AC
F04	10:40 AM	11:00 AM	(2.72kg) Shot	U13G	4	Newport Harriers	Rhydney Valley AC	Blaenau Gwent AC	Cardiff AAC
F05	10:40 AM	11:00 AM	Long Jump	U15G	5 or 6	Cwmbran Harriers	Newport Harriers	Rhondda AC	Cardiff Archers
F06	11:10 AM	11:30 AM	Pole Vault	U15B		4	Cardiff Archers	Cardiff AAC	Rhydney Valley AC
F07	11:10 AM	11:30 AM	Pole Vault	U15G	5	Cardiff Archers	Cardiff AAC	Rhydney Valley AC	Newport Harriers
F08	11:10 AM	11:30 AM	Long Jump	U13G		pit 2	Blaenau Gwent AC	Aberdare VAAC	Hereford & County AC
F09	11:10 AM	11:30 AM	High Jump	U13B	4	Rhydney Valley AC	Cardiff Archers	Aberdare VAAC	Blaenau Gwent AC
F10	11:50 AM	12:10 PM	(500g) Javelin	U15G	5 or 6	Hereford & County AC	Rhondda AC	Newport Harriers	Cwmbran Harriers
F11	11:55 AM	12:15 PM	(0.75kg) Discus	U13G	5 or 6	Rhondda AC	Hereford & County AC	Cwmbran Harriers	Aberdare VAAC
F12	11:55 AM	12:15 PM	(4.00kg) Shot	U15B	4	Newport Harriers	Rhydney Valley AC	Blaenau Gwent AC	Cardiff AAC
F13	12:10 PM	12:30 PM	Long Jump	U11B	5	Cwmbran Harriers	Newport Harriers	Rhondda AC	Cardiff Archers
F14	12:30 PM	12:50 PM	High Jump	U15B		4	Rhydney Valley AC	Cardiff Archers	Aberdare VAAC
F15	12:45 PM	1:05 PM	(600g) Javelin	U15B	5 or 6	Cardiff AAC	Cwmbran Harriers	Cardiff Archers	Hereford & County AC
F16	12:50 PM	1:10 PM	(2.00kg) Shot	U11G	4	Newport Harriers	Rhydney Valley AC	Blaenau Gwent AC	Cardiff AAC
F17	1:10 PM	1:30 PM	(1.00kg) Discus	U13B	5 or 6	Aberdare VAAC	Blaenau Gwent AC	Cardiff AAC	Rhydney Valley AC
F18	1:40 PM	2:00 PM	Long Jump	U11G	5	Blaenau Gwent AC	Aberdare VAAC	Hereford & County AC	Rhondda AC
F19	1:45 PM	2:05 PM	(400g) Javelin	U13G		5 or 6	Hereford & County AC	Rhondda AC	Newport Harriers
F20	1:50 PM	2:10 PM	(2.72kg) Shot	U11B	4	Cardiff Archers	Cardiff AAC	Rhydney Valley AC	Newport Harriers
F21	2:00 PM	2:20 PM	High Jump	U15G	4	Rhydney Valley AC	Cardiff Archers	Aberdare VAAC	Blaenau Gwent AC
F22	2:10 PM	2:30 PM	(1.00kg) Discus	U15G	5 or 6	Rhondda AC	Hereford & County AC	Cwmbran Harriers	Aberdare VAAC
F23	2:40 PM	3:00 PM	Long Jump	U15B	5	Cwmbran Harriers	Newport Harriers	Rhondda AC	Cardiff Archers
F24	2:40 PM	3:00 PM	(3.25kg) Shot	U13B		4	Newport Harriers	Rhydney Valley AC	Blaenau Gwent AC
F25	3:10 PM	3:30 PM	(400g) Javelin	U13B	5 or 6	Cardiff AAC	Cwmbran Harriers	Cardiff Archers	Hereford & County AC
F26	3:10 PM	3:30 PM	High Jump	U13G	4	Rhydney Valley AC	Cardiff Archers	Aberdare VAAC	Blaenau Gwent AC
F27	3:10 PM	3:30 PM	Long Jump	U13B	5	Blaenau Gwent AC	Aberdare VAAC	Hereford & County AC	Rhondda AC
F28	3:40 PM	4:00 PM	(1.25kg) Discus	U15B		5 or 6	Aberdare VAAC	Blaenau Gwent AC	Cardiff AAC
F29	3:40 PM	4:00 PM	(3.00kg) Shot	U15G	4	Cardiff Archers	Cardiff AAC	Rhydney Valley AC	Newport Harriers
F30	4:25 PM	4:45 PM	(300g) Javelin	U11B	5 or 6	Hereford & County AC	Rhondda AC	Newport Harriers	Cwmbran Harriers

All field volunteers and helpers must have signed in before entering the field to help

All field volunteers and helpers must be at the event no less than 20 mins before the event starts to help with athletes warm up jumps/throws all have 2 plus 3 event tr