

UKA 2016 RULE BOOK- FAQ

Since the publication of the UKA Rule book on 15 April, 2016 various questions have arisen where clarifications have been provided. These are listed below and will continue to be updated as queries occur. Where any changes have been made to the Rule book then the electronic copy of the Rule book will be updated on the UKA website.

Rule no.	Query	Response	Comment
21 S1(i)	Is a club member who competes only on the Road, Fells or Trail regarded in the same way as an unattached entrant, in other words is he / she exempt from the requirement to register?	He / she is exempt from the requirement to register as long as he / she is only competing as an individual and not as a team member.	The rule requires all athletes to be registered and not all club members; exemptions apply for anyone competing as an individual only in road, fell or trail races.
143 S1(3)	Is it acceptable to wear a T-Shirt in competition?	Yes - as long as it is in the same colours as your registered club vest.	In team races clothing of different styles may be worn – vest, crop top, t-shirt but they must be all of the same colours and clearly of the same club.
143 S2(2)(i)	Branded clothing & equipment – e.g. Nike Pro+ shorts – Understood athlete not allowed to use as “Nike Pro” on waist band and “Nike” swoosh lower down on the shorts exceed the one allowed logo.	This is permitted in a domestic competition. The last sentence of this rule allows this exception for “branding clothing”.	Greater flexibility has been included in this rule book for athletes competing in domestic competitions. This flexibility is not however permitted at meetings held under IAAF Rules. Competition providers, including organisers of National champs may exclude this flexibility under their competition rules.
180 S3	It is understood in domestic competitions that it is necessary to change the order of throws/ jumps after three rounds	Not so - the competition may be decided by each competitor being allowed from three to six trials, with the number, order and method of qualification decided according to the competition regulations governing that event.	Much greater flexibility is allowed in domestic competitions.



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Rule no.	Query	Response	Comment
187 S1	Using another athlete's implement in championships; is it correct that this clause only applies to Age Group competition?	Not so - all references in blue font in the rule book refer to domestic competitions whatever Age Group	Using another athlete's implements without permission only applies at meetings held under IAAF Rules
214(6)	Is it necessary to run 300m Indoor races in lanes as stated in IAAF Rules?	No - a UKA Supplement will be added to allow athletes to break after the second bend.	Indoor tracks will not normally have the necessary markings for 300m in lanes.
240 S5	Use of headphones - If the athlete wears conductive headphones should they be excluded from these regulations?	Headphones that work by conducting sound through bones and do not sit in the ears are acceptable.	Hearing is not affected as the ears are not blocked.
240 S5	If headphones are banned should runners with hearing impairment be allowed to run in races on roads open to traffic?	Yes - runners with hearing impairment will be fully aware of road traffic and marshals' instructions through observation.	There is no intention to apply this condition to runners with genuine hearing impairment.

UKA Rules Advisory Group
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